

SUN MON TUE WED THUR FRI SAT

<p>1</p> <p>10:00 Holy Family Catholic Communion (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentary 3-Part Series "The Private Lives of the Tudors" Henry VIII: Rise of a Dynasty (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 4:00 Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 Evening Movie "The Right Stuff" Winner of 4 Academy Awards (AR)</p>	<p>2</p> <p>9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:30 Wii Sports (WC) 12:45 Happy Tails (LR) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "The Sound of Music" Winner of 5 Oscars (AR)</p>	<p>3</p> <p>9:30 Zumba with Karla (WC) 10:00 Purim Party Hosted by Chabad of Cobb (AR) 10:15 Tuesday Trivia (DR) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 2:30 Twisted Stitches (Casual Café) 3:00 Open Swim (WC) 4:00 Brain Games! (AR) 6:00 Evening Movie "LBJ" (AR)</p>	<p>4</p> <p>9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Rummikub Game Time! (AR) 10:00 Grocery Shopping (AR) 11:15 Focused Fitness (WC) 1:30 Massage Therapy (Appointment Required) (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Musical Bingo! (AR) 6:00 Evening Movie "Ghosts of Mississippi" "Oscar Nominee" (AR)</p>	<p>5</p> <p>9:30 Yoga (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Debra Lieb (Front Lobby) 6:00 Evening Movie "From Russia With Love" (1963) (AR)</p>	<p>6</p> <p>9:30 Sittercise (WC) 10:30 Crossword on the Big Screen (AR) 11:15 Focused Fitness (WC) 1:15 Resident Council Meeting (AR) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels "Hidden Malta" (AR) 6:00 Evening Movie "The Mirror Has Two Faces" (AR)</p>	<p>7</p> <p>Lost and Found Day 9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 Sterling Music Series with Thayer Naples (AR) 11:15 Open Gym (WC) 12:00 GYM CLOSSES TODAY (WC) 1:15 PERFORMANCE: The Hinkles Family on Piano and Cello (LR) 2:00 Saturday Snack Bar (AR) 4:00 Games: UNO (AR) 6:00 Evening Movie "Speed" (AR)</p>		
<p>8</p> <p>Daylight Savings Time Begins Lost and Found Day 10:00 ONLINE: Catholic Service (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentary: 3-Part Series "The Private Lives of the Tudors: Henry VIII The Tyrant King" (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 3:00 Confession with Holy Family Catholic Church (Sterling Hair Salon) 4:00 Karaoke Group Sing-a-Long (AR) 6:00 Evening Movie "The American President" (AR)</p>	<p>9</p> <p>9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:00 POP-UP Jewelry Show (Front Lobby) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Chef Chat (AR) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "Priscilla" Golden Globe Nominee (AR)</p>	<p>10</p> <p>9:30 Sittercise (WC) 10:15 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 1:30 Staff Training (AR) 2:00 Open Gym (WC) 2:30 Twisted Stitches (Casual Café) 3:00 Open Swim (WC) 4:15 Documentary: Battle of Atlanta, Kennesaw Mountain 1864 (AR) 6:00 Evening Movie "The Magic of Belle Isle" Starring Morgan Freeman (AR)</p>	<p>11</p> <p>9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Rummikub Game Time! (AR) 10:00 Grocery Shopping (AR) 11:15 Focused Fitness (WC) 1:30 Speaker: Ranger Jake Boling, "The Atlanta Campaign of 1864" (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 3:30 Left, Right, Center Dice Game (AR) 6:00 Evening Movie "Father Goose" Starring Cary Grant (AR)</p>	<p>12</p> <p>9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Keenan Blount (Front Lobby) 6:00 Evening Movie "Dr. No" (AR)</p>	<p>13</p> <p>9:30 Sittercise (WC) 10:30 Crafts "Spring Decor" (AR) 11:15 Focused Fitness (WC) 1:30 OUTING: Walmart Shopping (Front Lobby) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels "Ireland Like You've Never Seen - Castles, Cliffs & Hidden Beauty" (AR) 6:00 Evening Movie "The Shawshank Redemption" (AR)</p>	<p>14</p> <p>9:30 Sittercise (WC) 10:00 Special Irish Coffee Bar Today! (AR) 10:30 Performance: Irish Dancers (LR) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Saturday Snack Bar (AR) 3:00 Wheeler High School Glamour Girls Painting Nails (AR) 4:00 Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 Evening Movie "Captain Phillips" (AR)</p>		
<p>15</p> <p>Academy Awards 10:00 Holy Family Catholic Communion (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentaries "The Private Lives of the Tudors: Elizabeth I: The Golden Age" (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 3:30 Crafts with Katie: Shamrock Craft! (AR) 6:00 Evening Movie "Miracle: The Boys of '80" (AR)</p>	<p>16</p> <p>9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:15 Alliance of Therapy Dogs - Georgia and Iggy! (Front Lobby) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "People We Meet on Vacation" (AR)</p>	<p>17</p> <p>St. Patrick's Day 9:30 Zumba with Karla (WC) 10:15 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 11:00 OUTING: Landmark Building Ladies Lunch at La Petite Maison (Front Lobby) 2:00 Open Gym (WC) 2:30 Twisted Stitches (Casual Café) 3:00 Open Swim (WC) 3:30 St. Patrick's Day Social and Limericks Contest (LR) 6:00 Evening Movie "Belfast" (AR)</p>	<p>18</p> <p>9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Rummikub Game Time! (AR) 10:00 Grocery Shopping (AR) 11:15 Focused Fitness (WC) 1:30 Massage Therapy (Appointment Required) (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Music and Lyrics! (AR) 6:00 Evening Movie "Blue Moon" Nominated for 2 Oscars! (AR)</p>	<p>19</p> <p>9:30 Yoga (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Sonya Shell (Front Lobby) 6:00 Evening Movie "No Time for Sergeants" Starring Andy Griffith! 1958 (AR)</p>	<p>20</p> <p>First Day of Spring 9:30 Sittercise (WC) 10:30 Sudoku on the Big Screen (AR) 11:15 Focused Fitness (WC) 1:30 OUTING: Dollar Tree (Front Lobby) 1:30 OUTING: Southern Museum of Civil War and Locomotive History (Front Lobby) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels "Georgia's Golden Isles" (AR) 6:00 Evening Movie "The Birdcage" Starring Robin Williams and Nathan Lane (AR)</p>	<p>21</p> <p>9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 Sterling Music Series with Thayer Naples (AR) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Saturday Snack Bar (AR) 4:00 GAMES: Dominoes (AR) 6:00 Evening Movie "Skyfall" Bond...James Bond (AR)</p>		
<p>22</p> <p>10:00 ONLINE: Catholic Service (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentaries "Who Was St. Patrick and the History Behind Saint Patrick's Day" (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 3:30 Sketching with Seniors Painting (AR) 6:00 Evening Movie "Train Dreams" Nominated for 4 Oscars (AR)</p>	<p>23</p> <p>9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "Same Time, Next Year" Alan Alda and Ellyn Burstyn (AR)</p>	<p>24</p> <p>9:30 Sittercise (WC) 10:15 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 12:45 Wii Bowling at Sterling West 1:30 Staff Training (AR) 2:30 Twisted Stitches (Casual Café) 4:00 New Resident Social (AR) 6:00 Evening Movie "The Last Word" (AR)</p>	<p>25</p> <p>9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Rummikub Game Time! (AR) 10:00 Grocery Shopping (AR) 10:30 Teacup Fairy Garden Craft with the Camellia Garden Club (AR) 11:15 Focused Fitness (WC) 2:00 Open Gym (WC) 2:00 Trivia Bowl! Sterling East v Sterling West (AR) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Sterling Book Club "The Bibliophiles" (CC) 6:00 Evening Movie "Marriage Story" Nominated for 6 Academy Awards! (AR)</p>	<p>26</p> <p>9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with the Illis! (Front Lobby) 4:30 Sterling Special Awards Dinner (DR) 6:00 Evening Movie "Field of Dreams" (AR)</p>	<p>27</p> <p>9:30 Sittercise (WC) 10:30 Crafts with Serene of Willowbrook Hospice (AR) 11:15 Focused Fitness (WC) 1:30 OUTING: East Cobb Library (Front Lobby) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels "Wild Cumberland Island" and "Ossabaw" (AR) 6:00 Evening Movie "La La Land" Winner of 6 Oscars (AR)</p>	<p>28</p> <p>9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Saturday Snack Bar (AR) 4:00 Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 Evening Movie "North by Northwest" One of Alfred Hitchcock's Best! (AR)</p>		
<p>29</p> <p>Palm Sunday 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 10:00 SERVICE: Holy Family Catholic Church Palm Sunday and Communion (AR) 11:00 Documentaries: "Jackie: A Tale of Two Sisters" (AR) 12:50 OUTING: Sandy Springs Theater "COME FROM AWAY" (Front Lobby) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 3:30 Canvas and Games Hosted by Chabad of Cobb (AR) 6:00 Evening Movie "The Swedish Connection" Based on a True Story! (AR)</p>	<p>30</p> <p>9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "Eleanor the Great" (AR)</p>	<p>31</p> <p>9:30 Sittercise (WC) 10:15 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 1:15 Wellness Seminar: Emory St. Josephs- Shoulder Health (AR) 2:00 Open Gym (WC) 2:15 Pokeno & Prizes (AR) 2:30 Twisted Stitches (Casual Café) 3:00 Open Swim (WC) 4:00 Brain Games! (AR) 6:00 Evening Movie "The Trial of the Chicago 7" (AR)</p>	<p>LOCATION KEY AR - Activity Room CC - Casual Cafe DR - Dining Room LR - Living Room WC - Wellness Center</p>			<p>Happy St. Patrick's Day on March 17th!</p>		<p>Lost and Found Days Activity Room Friday, March 6 - Sunday, March 8 <i>If you're missing any laundry items, please come look through the lost and found tables.</i></p>

March 2026
Activity and Social Calendar



The Sterling Book.Club
"Bibliophiles" March Selection



Rated 4.3 stars!
Read with us!

Chabad of Cobb Hosts

3/3 Purim Party
3/29 Canvas & Games



Happy Hours

3/5 Debra Lieb
3/12 Keenan Blount
3/19 Sonya Shell
3/26 Tom & Joni Illi



Teams Squaring Off!

WHO WILL WIN?

Sterling East V. Sterling West
First Trivia Bowl March 25th!



Wii Bowling Tournament
at Sterling West
on March 24th



MARCH

Landmark Building Residents

Special Outings and Events

- 3/7 Piano / Cello Performance
- 3/9 Pop-Up Jewelry Show
- 3/11 Ranger Jake Boling, Kennesaw Battlefield
- 3/14 Irish Dancers and Irish Coffee Bar
- 3/14 Glam Girls Painting Nails
- 3/17 Landmark Ladies Lunch "La Petite Maison"
- 3/17 Afternoon St. Patrick's Day Social
- 3/20 Outing: Southern Museum of Locomotive & Civil War History
- 3/25 TRIVIA BOWL against Sterling West
- 3/25 Camellia Garden Club Teacup Garden Craft
- 3/26 Special Awards Dinner
- 3/29 Outing: "Come From Away" Play
- 3/31 Emory Speaker: Shoulder Health

*St. Patrick's Day Social
and Limerick Contest!*



Sterling Awards Dinner
March 26th
Come walk the red carpet!

Resident Birthdays

- Julia English 3/1
- Gretchen Patterson 3/2
- Dorothy Hallquist 3/6
- Bettye Smith 3/8
- Kathy Bartelme 3/8
- Robert Reiss 3/12
- Tania Castagnaro 3/15
- Gail Less 3/18
- Georgia Joiner 3/21
- Midge Whittington 3/24
- Bill Brunner 3/26



Employee Birthdays

- Isabel Cristina Rueda Tapias 3/1
- Frances Thervil 3/10
- Jasmine Swift 3/14
- Marcelline Nyangano 3/14
- Katherine Smith 3/10

