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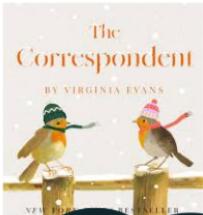
SAT

LOCATION KEY
AR - Activity Room
CC - Casual Cafe
DR - Dining Room
LR - Living Room
CL - The Club

WC - Wellness Center				New Year's Day 10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 12:00 PM Football! Orange Bowl: #4 Texas Tech vs. #5 Oregon (AR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with the Illi's! (DR) 4:00 PM Football on the Big Screen: The Rose Bowl: #9 Alabama v #1 Indiana (AR) 8:00 PM Football on the Big Screen: The Sugar Bowl #3 UGA v #6 Ole Miss (AR)	1	10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Winter Scene with Northern Lights on Glass" (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "12 Best Places to Visit in Finland" (AR) 6:00 PM Evening Movie "Forrest Gump" Winner of 6 Oscars! (AR)	2	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym (WC) 1:00 PM Open Gym / Open Swim (WC) 2:00 PM Saturday Snack Bar (AR) 2:30 PM On the Big Screen: Season 2! "Man On The Inside" Episode 5 (AR) 4:00 PM Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 PM Evening Movie "About a Boy" (AR)	
10:00 AM Holy Family Catholic Communion (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "Land of Ice and Snow" (AR) 1:00 PM Weekly Devotions with Jan (CC) 2:00 PM BINGO (AR) 6:00 PM Evening Movie "The Fifth Quarter" (AR)	4	10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 6:00 PM Evening Movie "Under the Tuscan Sun" (AR) 6:30 PM Cottage Game Night (CL)	5	10:15 AM Tuesday Trivia (AR) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 1:15 PM Wellness Seminar: Improving Sleep Quality (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Train Dreams" (AR)	6	10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:30 PM Massage Therapy (Appointment Required) (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents Trivia and Dinner (CL) 6:00 PM Evening Movie "Elvis" (AR)	7	10:15 AM Tuesday Trivia (AR) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 1:15 PM OUTING: "Cottage Ladies Who Lunch" Brookwood Grill (Front Lobby) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 6:00 PM Evening Movie "Red Joan" (AR) 6:30 PM Cottage Game Night (CL)	10:30 AM Cottage Sittercise (WC) 10:30 AM Crossword on the Big Screen (AR) 11:15 AM Focused Fitness (WC) 1:15 PM OUTING: Movie: Song Sung Blue (Front Lobby) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 6:15 PM Feisty Fossils Cottage Residents Social (CL) 7:30 PM Football On the Big Screen: The Fiesta Bowl (Semifinal) (AR)
10:00 AM ONLINE: Catholic Service (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "Secrets of Denali National Park" (AR) 1:00 PM Weekly Devotions with Jan (CC) 2:00 PM BINGO (AR) 3:30 PM Presentation: Recognizing SCAMS and FRAUD (AR) 6:00 PM Evening Movie "Everybody's Fine" (AR)	11	10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 6:00 PM Evening Movie "Red Joan" (AR) 6:30 PM Cottage Game Night (CL)	12	10:15 AM Tuesday Trivia (AR) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 1:15 PM OUTING: "Cottage Ladies Who Lunch" Brookwood Grill (Front Lobby) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 6:00 PM Evening Movie "Cover-Up" A Documentary! (AR)	13	10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:30 PM Massage Therapy (Appointment Required) (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL) 6:00 PM Evening Movie "The Last Word" (AR)	14	10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 11:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Randy Barnes on the Piano! (Front Lobby) 6:00 PM Evening Movie "Lonesome Dove" Part 1 (7 Primetime Emmys!) (AR)	10:00 AM Art Class with Scott (AR) 10:30 AM Crafts with Serene of Willowbrook Hospice (AR) 11:15 AM Focused Fitness (WC) 1:00 PM Open Gym (WC) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "San Diego Travel Guide 2025" (AR) 6:00 PM Evening Movie "Lonesome Dove" Part 2 (7 Primetime Emmys!) (AR)
10:00 AM Holy Family Catholic Communion (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "Life in Color with David Attenborough - Hiding in Color" (AR) 1:00 PM Weekly Devotions with Jan (CC) 2:00 PM BINGO (AR) 4:00 PM Karaoke Group Sing-a-Long (AR) 6:00 PM Evening Movie "Selma" (AR)	18	Martin Luther King Jr. Day 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 6:30 PM Cottage Game Night (CL) 7:30 PM On the Big Screen: National College Football Championship (AR)	19	10:15 AM Tuesday Trivia (AR) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 1:30 PM Sterling Staff Event: CPR Training (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Memoirs of a Geisha" (AR)	20	10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:30 PM Massage Therapy (Appointment Required) (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour with the New York Jazz Cats and Dinner (CL) 6:00 PM Evening Movie "Lilly" (AR)	21	10:00 AM Art Class with Scott (AR) 10:30 AM Yoga (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Brandon Crocker (Front Lobby) 6:00 PM Evening Movie "Viva Las Vegas" (AR)	10:30 AM Cottage Sittercise (WC) 10:30 AM Crossword on the Big Screen (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels U.S. Virgin Islands: "The Caribbean's Unseen Paradise Unveiled" (AR) 6:00 PM Evening Movie "As Good As It Gets" (AR)
10:00 AM ONLINE: Catholic Service (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "Tricky Dick and the Man in Black - A Johnny Cash Story" (AR) 1:00 PM Weekly Devotions with Jan (CC) 2:00 PM BINGO (AR) 4:15 PM Walton High School Quartet (LR) 6:00 PM Evening Movie "Downton Abbey" (AR)	25	10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 6:00 PM Evening Movie "How to Lose a Guy in 10 Days" (AR) 6:30 PM Cottage Game Night (CL)	26	National Holocaust Remembrance Day 10:15 AM Tuesday Trivia (AR) 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 4:30 PM Cottage Dinner Outing - Hong Kong Star (Front Lobby) 6:00 PM Evening Movie "The Pianist" (AR)	27	10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 3:00 PM "The Bibliophiles" Book Club (CC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL) 6:00 PM Evening Movie "Downton Abbey-A New Era" (AR)	28	10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Music with Charles Haraway (Front Lobby) 6:00 PM Evening Movie "The Great Escape" (AR)	10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Snowflakes for Your Windows" (AR) 11:15 AM Focused Fitness (WC) 1:15 PM OUTING: The Atlanta History Center / Cyclorama (Front Lobby) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Royal Secrets - Highclere Castle British Royal Documentary" (AR) 6:00 PM Evening Movie "Downton Abbey - The Grand Finale" (AR)

January 2026
Cottage Community Calendar

The Sterling Book Club,
"The Bibliophiles"
January Book Selection!



Rated 4.6
stars
by over 130K
people!



College Football Playoffs!

January 1st

The Orange Bowl

#4 Texas Tech v #5 Oregon
Noon

The Rose Bowl

#9 Alabama v #1 Indiana
4:00pm

The Sugar Bowl

#3 UGA v #6 Ole Miss
8:00pm



Jan 8 The Fiesta Bowl
7:30pm Teams TBD



Jan 9 The Peach Bowl
7:30pm Teams TBD

All Games Shown on the
Big Screen in the Activity Room!



National Championship Game!
Monday, January 19th 7:30PM
In the Activity Room
Who will be the final two?!



Special Outings and Events

1/6 Wellness Seminar: Improving Sleep Quality

1/7 Happy Hour with Trivia/Dinner in the Club

1/9 OUTING: Movie "Song Sung Blue"

1/10 Sterling Music Series with Thayer

1/10 "The Swinging 'Gates" Choral Group

1/11 Presentation: "Recognizing SCAMS & FRAUD"

1/13 OUTING: Ladies' Lunch at the Brookwood Grill
1/14 Cottage Residents Happy Hour / Dinner

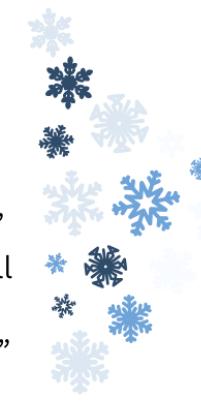
1/17 Celebrating Betty White! "Golden Girls Social"

1/21 Happy Hour with Music / Dinner in the Club

1/25 Walton High School Quartet

1/27 OUTING: Cottage Dinner at Hong Kong Star

1/30 OUTING: Atlanta History Center/Cyclorama



Resident Birthdays

Evelyn Sholota 1/2

Sally Slaton 1/3

Mary Lee Beal 1/13

Elaine Bourdeaux 1/13

Sandy Reiss 1/18

Scott Fantz 1/22

Marie Schmidt 1/25

John McKelvey 1/25

Marjorie Phelps 1/29

Sandy Fantz 1/29

Employee Birthdays

Dior Sylla 1/1

Tedar Fall 1/3

Dana Draughon 1/14

Brianna Carroll 1/30



Happy Hour Entertainment in the Main Building

Jan 1 - The Illis

Jan 8 - Surprise Guest!

Jan 15 - Randy Barnes on Piano

Jan 22 - Brandon Crocker

Jan 29 Charles Haraway

