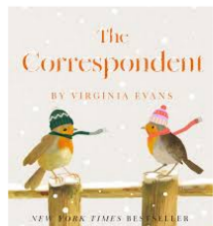


SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY AR - Activity Room CC - Casual Cafe DR - Dining Room LR - Living Room WC - Wellness Center			All 3 of the Downton Abbey movies are on the calendar this month! Don't miss them! 1/25, 1/28, and 1/30	New Year's Day 9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 12:00 Football! Orange Bowl: #4 Texas Tech vs. #5 Oregon (AR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with the Illi's! (DR) 4:00 Football on the Big Screen: The Rose Bowl: #9 Alabama v #1 Indiana (AR) 5:00 Boxed Dinner Delivery 8:00 Football on the Big Screen: The Sugar Bowl #3 UGA v #6 Ole Miss (AR)	National Cream Puff Day! 9:30 Sittercise (WC) 10:30 Crafts "Winter Scene with Northern Lights on Glass" (AR) 11:15 Focused Fitness (WC) 1:15 Resident Council Meeting (AR) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels "12 Best Places to Visit in Finland" (AR) 6:00 Evening Movie "Forrest Gump" Winner of 6 Oscars! (AR)	9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Saturday Snack Bar (AR) 2:30 On the Big Screen: Season 2! "Man On The Inside" Episode 5 (AR) 4:00 Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 Evening Movie "About a Boy" (AR)
10:00 Holy Family Catholic Communion (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentaries "Land of Ice and Snow" (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 4:00 Wheeler High School Glamour Girls Do Nails! (AR) 6:00 Evening Movie "The Fifth Quarter" (AR)	9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:30 Wii Sports (WC) 12:45 Happy Tails (LR) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "Under the Tuscan Sun" (AR)	9:30 Zumba with Karla (WC) 10:15 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 1:15 Wellness Seminar: Improving Sleep Quality (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 2:30 Twisted Stitches (Casual Café) 3:00 Open Swim (WC) 4:00 Brain Games! (AR) 6:00 Evening Movie "Train Dreams" (AR)	9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Rummikub Game Time! (AR) 10:00 Grocery Shopping (AR) 11:15 Focused Fitness (WC) 1:30 Massage Therapy (Appointment Required) (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Musical Bingo! (AR) 6:00 Evening Movie "Elvis" (AR)	Elvis' 91st Birthday 9:30 Yoga (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with a SPECIAL GUEST! (Front Lobby) 7:30 Football On the Big Screen: The Fiesta Bowl (Semifinal) (AR)	9:30 Sittercise (WC) 10:30 Crossword on the Big Screen (AR) 11:15 Focused Fitness (WC) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels "America Over The Edge: Maine"" (AR) 7:30 Football On the Big Screen: The Peach Bowl (Semifinal) (AR)	9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 Sterling Music Series with Thayer! (AR) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 1:30 "The Swinging "Gates" Choir from Colgate University (LR) 2:00 Saturday Snack Bar (AR) 2:30 On the Big Screen: Season 2! "Man On The Inside" Episode 6 (AR) 4:00 GAMES: Yamslam (AR) 6:00 Evening Movie "Jay Kelly" (AR)
10:00 ONLINE: Catholic Service (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentaries "Secrets of Denali National Park" (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 3:30 Presentation: Recognizing SCAMS and FRAUD (AR) 6:00 Evening Movie "Everybody's Fine" (AR)	9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Chef Chat (AR) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "Red Joan" (AR)	9:30 Sittercise (WC) 10:15 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:30 Pokeno & Prizes (AR) 2:30 Twisted Stitches (Casual Café) 3:00 Open Swim (WC) 4:00 Brain Games! (AR) 6:00 Evening Movie "Cover-Up" A Documentary! (AR)	9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Rummikub Game Time! (AR) 10:00 Grocery Shopping (AR) 11:15 Focused Fitness (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Candy Dice Game (AR) 6:00 Evening Movie "The Last Word" (AR)	9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Randy Barnes on the Piano! (Front Lobby) 6:00 Evening Movie "Lonesome Dove" Part 1 (7 Primetime Emmys!) (AR)	9:30 Sittercise (WC) 10:30 Crafts with Serene of Willowbrook Hospice (AR) 11:15 Focused Fitness (WC) 1:15 OUTING: Movie - "Song Sung Blue" (Front Lobby) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels "San Diego Travel Guide 2025" (AR) 6:00 Evening Movie "Lonesome Dove" Part 2 (7 Primetime Emmys!) (AR)	Betty White's Birthday 9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:30 Golden Girls Social! (AR) 4:00 Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 Evening Movie "Lee Daniels the Butler" (AR)
Cary Grant's Birthday 10:00 Holy Family Catholic Communion (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentaries "Life in Color with David Attenborough - Hiding in Color" (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 4:00 Karaoke Group Sing-a-Long (AR) 6:00 Evening Movie "Selma" (AR)	Martin Luther King Jr. Day 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:15 Alliance of Therapy Dogs - Georgia and Iggy! (Front Lobby) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 7:30 On the Big Screen: National College Football Championship (AR)	9:30 Zumba with Karla (WC) 10:15 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 11:00 OUTING: Landmark Building Ladies Lunch Brooklyn Café (Front Lobby) 1:30 Sterling Staff Event: CPR Training (AR) 2:00 Open Gym (WC) 2:30 Twisted Stitches (Casual Café) 3:00 Open Swim (WC) 4:00 Brain Games! (AR) 6:00 Evening Movie "Memoirs of a Geisha" (AR)	9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Rummikub Game Time! (AR) 10:00 Grocery Shopping (AR) 11:15 Focused Fitness (WC) 1:30 Massage Therapy (Appointment Required) (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Music and Lyrics! (AR) 6:00 Evening Movie "Lilly" (AR)	9:30 Yoga (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Brandon Crocker (Front Lobby) 6:00 Evening Movie "Viva Las Vegas" (AR)	9:30 Sittercise (WC) 10:30 Crossword on the Big Screen (AR) 11:15 Focused Fitness (WC) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels U.S. Virgin Islands: "The Caribbean's Unseen Paradise Unveiled" (AR) 6:00 Evening Movie "As Good As It Gets" (AR)	9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Saturday Snack Bar (AR) 2:30 On the Big Screen: Season 2! "Man On The Inside" Episode 7 (AR) 4:00 Watercolor Painting (AR) 6:00 Evening Movie "Darkest Hour" (AR)
10:00 ONLINE: Catholic Service (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentaries "Tricky Dick and the Man in Black - A Johnny Cash Story" (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 4:15 Walton High School Quartet (LR) 6:00 Evening Movie "Downton Abbey" (AR)	9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "How to Lose a Guy in 10 Days" (AR)	Holocaust Remembrance Day 9:30 Sittercise (WC) 10:15 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 2:30 Twisted Stitches (Casual Café) 3:00 Open Swim (WC) 4:00 New Resident Social (AR) 6:00 Evening Movie "The Pianist" (AR)	9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Rummikub Game Time! (AR) 10:00 Grocery Shopping (AR) 11:15 Focused Fitness (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 "The Bibliophiles" Book Club (CC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Line Dancing! (AR) 6:00 Evening Movie "Downton Abbey-A New Era" (AR)	9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Music with Charles Haraway (Front Lobby) 6:00 Evening Movie "The Great Escape" (AR)	9:30 Sittercise (WC) 10:30 Crafts "Snowflakes for Your Windows" (AR) 11:15 Focused Fitness (WC) 1:15 OUTING: The Atlanta History Center / Cyclorama (Front Lobby) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels "Royal Secrets - Highclere Castle British Royal Documentary" (AR) 6:00 Evening Movie "Downton Abbey - The Grand Finale" (AR)	9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Saturday Snack Bar (AR) 2:30 On the Big Screen: Season 2! "Man On The Inside" Episode 8 (AR) 4:00 Leigh Plays Guitar in the Living Room (LR) 6:00 Evening Movie "The Talented Mr. Ripley" (AR)



The Sterling Book Club,
"The Bibliophiles"
January Book Selection!



Rated 4.6
stars
by over 130K
people!



JANUARY

Landmark Building Residents



Resident Birthdays

Evelyn Sholota 1/2
Sally Slaton 1/3
Mary Lee Beal 1/13
Elaine Bourdeaux 1/13
Sandy Reiss 1/18
Scott Fantz 1/22
Marie Schmidt 1/25
John McKelvey 1/25
Marjorie Phelps 1/29
Sandy Fantz 1/29

College Football Playoffs! January 1st

The Orange Bowl
#4 Texas Tech v #5 Oregon
Noon

The Rose Bowl
#9 Alabama v #1 Indiana
4:00pm

The Sugar Bowl
#3 UGA v #6 Ole Miss
8:00pm

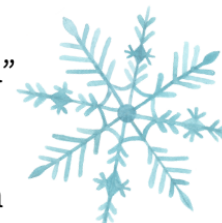
Jan 8 The Fiesta Bowl
7:30pm Teams TBD

Jan 9 The Peach Bowl
7:30pm Teams TBD



All Games Shown on the
Big Screen in the Activity Room

1/6 Wellness Seminar: Improving Sleep Quality
1/10 Sterling Music Series with Thayer
1/10 "The Swinging 'Gates' Choral Group
1/11 Presentation: "Recognizing SCAMS & FRAUD"
1/16 OUTING: Movie "Song Sung Blue"
1/17 Celebrating Betty White! "Golden Girls Social"
1/20 OUTING: Ladies Lunch Brooklyn Cafe
1/25 Walton High School Quartet
1/30 OUTING: Atlanta History Center/Cyclorama



Happy Hour Entertainment

Jan 1 - The Illis
Jan 8 - Surprise Guest!
Jan 15 - Randy Barnes on Piano
Jan 22 - Brandon Crocker
Jan 29 Charles Haraway



National Championship Game!

Monday, January 19th 7:30PM
In the Activity Room
Who will be the final two?!?



Employee Birthdays

Dior Sylla 1/1
Tedar Fall 1/3
Dana Draughton 1/14
Brianna Carroll 1/30



Don't Miss our **Downton Abbey**
Movie Trilogy! All 3 movies in
the last week of the month!

