

SUN	MON	TUE	WED	THUR	FRI	SAT							
	9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 10:00 Monday Morning Meetup (CC) 11:00 Sterling Scholars (LAR) 1:30 Left Right Center Game (LAR) 2:00 WATER AEROBICS (WC) 2:00 Drama Club Meetup (HAS) 2:00 Gadget Gal Explains! (HMR) 3:00 Documentary Series: The Movies and Toys That Made Us (LAR) 3:00 Stretch and Relaxation Class (WC) 4:00 Time Travel Trivia (LFL) 6:00 Line Dancing with Nurse Laura (SL)	1	9:00 POWER UP (WC) 9:00 Water Aerobics (Pool) 9:00 Facials in the Wellness Center (WC) 9:30 SIT-AND-TONE (WC) 10:30 Catholic Communion Service (LAR) 11:00 Trivia Challenge (LFL) 1:30 Bingo (LAR) 2:00 Drama Club Meetup (HAS) 3:00 Stretch and Relaxation Class (WC) 3:00 Word Game (LAR) 3:30 AL Rummikub Club (LAR)	2	10:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 9:30 Shopping: Walmart (LFL) 10:00 The Color Lab (LAR) 11:00 Parkinson's Exercise Class (WC) 1:00 AL Bible Study with Joel (LAR) 1:00 One-on-one Visits 2:00 WATER AEROBICS (WC) 2:00 Drama Club Meetup (HAS) 2:00 Sterling Jeopardy (LAR) 3:00 Stretch and Relaxation Class (WC) 3:30 Practice for Wii Bowling 4:00 Hymns & Hope with Joel (LFL) 6:30 Christ Lutheran Church Bell Choir (LFL)	3	9:00 POWER UP (WC) 9:00 Water Aerobics (Pool) 9:30 SIT-AND-TONE (WC) 10:00 Word Puzzles! (LAR) 11:15 Kemp Elementary School to Perform (LFL) 11:30 One-on-one Visits 1:00 Trivia (LFL) 2:00 Drama Club Meetup (HAS) 3:00 Stretch and Relaxation Class (WC) 3:30 Happy Hour with Live Music (LFL)	4	10:00 Sterling's Annual Holiday Bazaar (Landmark Building) 5:45 Game Night (LDR)	5	9:00 POWER UP (WC) 9:30 SIT-AND-TONE (WC) 10:00 Brain Games (LAR) 10:30 Giant Crossword (LAR) 11:00 Practice for Wii Bowling 1:30 Bingo (LAR) 3:00 Stretch and Relaxation Class (WC) 3:30 Golden Oldies Music Hour (LAR) 6:00 Game Night (LAR)	6	
10:45 Sterling Church Service (LAR) 11:00 First Presbyterian Church of Marietta (HMR) 1:00 Mystery Trivia (LFL) 2:00 Holiday Pops at Marietta High School (LFL) 3:00 American Heritage Girls to Visit (LAR) 3:30 Music Bingo (LAR) 5:15 Mars Hill Community Church Carolers (LDR)	7	9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 10:00 Monday Morning Meetup (CC) 11:00 Sterling Scholars-Greg Athnos (LAR) 1:30 Left Right Center Game (LAR) 2:00 WATER AEROBICS (WC) 2:00 Drama Club Meetup (HAS) 3:00 Documentary Series: The Movies and Toys That Made Us (LAR) 3:00 Stretch and Relaxation Class (WC) 4:00 Time Travel Trivia (LFL) 6:00 Line Dancing with Nurse Laura (SL)	8	9:00 POWER UP (WC) 9:00 Water Aerobics (Pool) 9:30 SIT-AND-TONE (WC) 10:30 Catholic Communion Service (LAR) 11:00 Trivia Challenge (LFL) 1:30 Bingo (LAR) 2:00 Drama Club Meetup (HAS) 3:00 Meet Your Neighbor (LAR) 3:00 Stretch and Relaxation Class (WC) 3:30 AL Rummikub Club (LAR) 6:00 Tour of Christmas Lights (LFL) 7:00 Widow Support Group w/ Trudy Green (LAR)	9	9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 9:30 Shopping: Kroger (LFL) 10:00 The Color Lab (LAR) 10:00 Massage Therapy (WC) 11:00 Parkinson's Exercise Class (WC) 1:00 AL Bible Study with Joel (LAR) 1:00 One-on-one Visits 2:00 WATER AEROBICS (WC) 2:00 Drama Club Meetup (HAS) 3:00 Stretch and Relaxation Class (WC) 3:00 Word Puzzles! (LAR) 3:30 Practice for Wii Bowling 4:00 Hymns & Hope with Joel (LFL)	10	9:00 POWER UP (WC) 9:00 Water Aerobics (Pool) 9:30 SIT-AND-TONE (WC) 10:00 Word Puzzles! (LAR) 11:30 One-on-one Visits 1:00 Trivia (LFL) 2:00 Drama Club Meetup (HAS) 3:00 Stretch and Relaxation Class (WC) 3:30 Happy Hour with Live Music (LFL)	11	9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 10:00 Let's Play Ball! (LAR) 11:00 Drama Club Presents: A Charlie Brown Christmas (LAR) 1:00 HISTORY CLUB (LAR) 2:30 Drama Club Presents: A Charlie Brown Christmas (LAR) 3:00 Stretch and Relaxation Class (WC) 4:00 Group Trivia (LFL) 5:45 Game Night (LDR)	12	9:00 POWER UP (WC) 9:30 SIT-AND-TONE (WC) 10:00 Brain Games (LAR) 10:30 Crafting with the Girl Scouts (LAR) 1:30 Burnt Hickory Baptist Church Adult Singers (LFL) 2:00 Bingo (LAR) 3:00 Stretch and Relaxation Class (WC) 3:30 Golden Oldies Music Hour (LAR) 6:00 Game Night (LAR)	13
10:45 Sterling Church Service (LAR) 11:00 First Presbyterian Church of Marietta (HMR) 1:00 Burnt Hickory Baptist Church Singers (LFL) 1:30 Mystery Trivia (LFL) 3:00 Sunday Social with Refreshments (LAR) 3:30 Music Bingo (LAR)	14	7:00 Holiday -Spirit Week-Crazy Hat and Sock Day! 9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 10:00 Monday Morning Meetup (CC) 11:00 Sterling Scholars-Clear Care Home Care (LAR) 1:30 Left Right Center Game (LAR) 2:00 WATER AEROBICS (WC) 2:00 Gadget Gal Workshop (HMR) 3:00 Documentary Series: The Movies and Toys That Made Us (LAR) 3:00 Stretch and Relaxation Class (WC) 4:00 Time Travel Trivia (LFL) 6:00 Line Dancing with Nurse Laura (SL)	15	7:00 Holiday -Spirit Week-Silver and Gold Day! 9:00 POWER UP (WC) 9:00 Water Aerobics (Pool) 9:30 SIT-AND-TONE (WC) 10:30 Catholic Communion Service (LAR) 11:00 Trivia Challenge (LFL) 1:30 Bingo (LAR) 2:00 Drama Club Practice (HAS) 3:00 Stretch and Relaxation Class (WC) 3:00 Word Game (LAR) 3:30 AL Rummikub Club (LAR)	16	7:00 Holiday -Spirit Week-Crazy Christmas Sweater Day! 9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 9:30 Shopping: Publix (LFL) 10:00 The Color Lab (LAR) 11:00 Parkinson's Exercise Class (WC) 1:00 AL Bible Study with Joel (LAR) 1:00 One-on-one Visits 2:00 WATER AEROBICS (WC) 2:00 Sterling Jeopardy (LAR) 3:00 Stretch and Relaxation Class (WC) 3:30 Practice for Wii Bowling 4:00 Hymns & Hope with Joel (LFL) 6:00 Tour of Christmas Lights (LFL)	17	7:00 Holiday -Spirit Week-Red and Green Day 9:00 POWER UP (WC) 9:00 Water Aerobics (Pool) 9:30 SIT-AND-TONE (WC) 10:00 Word Puzzles! (LAR) 11:00 Newsletter Committee Meeting (LAR) 11:30 One-on-one Visits 1:00 AL- Birthday Party (LAR) 2:00 Drama Club Practice (HAS) 3:00 Stretch and Relaxation Class (WC) 5:00 Holiday Theme Dinner 2025 (LDR)	18	7:00 Holiday -Spirit Week-Pajama Day! 9:00 YOGA (WC) 9:00 Audiologist (WC) 9:30 SIT-AND-TONE (WC) 9:30 Fun Friday Outing: The Outlet Shoppes at Atlanta (LFL) 10:00 Relax & Paint with Taylor and Amy (LAR) 1:00 HISTORY CLUB (LAR) 2:00 Winter Social (LAR) 2:30 Aces in the Pot (LAR) 2:30 AL Bridge Club (LAR) 3:00 Stretch and Relaxation Class (WC) 4:00 Group Trivia (LFL) 5:45 Game Night (LDR)	19	9:00 POWER UP (WC) 9:30 SIT-AND-TONE (WC) 10:00 Brain Games (LAR) 10:30 Giant Crossword (LAR) 11:00 Practice for Wii Bowling 1:30 Bingo (LAR) 3:00 Stretch and Relaxation Class (WC) 3:30 Golden Oldies Music Hour (LAR) 6:00 Game Night (LAR)	20
10:45 Sterling Church Service (LAR) 11:00 First Presbyterian Church of Marietta (HMR) 1:00 Mystery Trivia (LFL) 1:45 Big Chicken Chorus at Lassiter High School (LFL) 3:00 Sunday Social with Refreshments (LAR) 3:00 St. James Episcopal Church (LFL) 3:30 Music Bingo (LAR)	21	9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 10:00 Monday Morning Meetup (CC) 11:00 Sterling Scholars (LAR) 1:30 Left Right Center Game (LAR) 2:00 WATER AEROBICS (WC) 3:00 Documentary Series: The Movies and Toys That Made Us (LAR) 3:00 Stretch and Relaxation Class (WC) 4:00 Time Travel Trivia (LFL) 6:00 Line Dancing with Nurse Laura (SL)	22	9:00 POWER UP (WC) 9:00 Water Aerobics (Pool) 9:30 SIT-AND-TONE (WC) 10:30 Catholic Communion Service (LAR) 11:00 Trivia Challenge (LFL) 1:30 Bingo (LAR) 2:00 Drama Club Practice (HAS) 3:00 Meet Your Neighbor (LAR) 3:00 Stretch and Relaxation Class (WC) 3:30 AL Rummikub Club (LAR)	23	9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 10:00 The Color Lab (LAR) 10:00 Massage Therapy (WC) 11:00 Parkinson's Exercise Class (WC) 1:00 AL Bible Study with Joel (LAR) 1:00 One-on-one Visits 2:00 WATER AEROBICS (WC) 3:00 Stretch and Relaxation Class (WC) 3:00 Word Puzzles! (LAR) 3:30 Practice for Wii Bowling 4:00 A Christmas Eve Candle Light Service with Joel (LFL)	24	Christmas Day 9:00 POWER UP (WC) 9:00 Water Aerobics (Pool) 9:30 SIT-AND-TONE (WC) 10:00 Sharing Christmas Cheer! (LAR) 2:00 Drama Club Practice (HAS) 3:00 Stretch and Relaxation Class (WC)	25	9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 10:00 Cocoa and Christmas Stories (LFL) 1:00 HISTORY CLUB (LAR) 2:00 Winter Social (LAR) 2:30 AL Bridge Club (LAR) 2:30 Relax & Paint with Taylor and Amy (LAR) 3:00 Stretch and Relaxation Class (WC) 4:00 Group Trivia (LFL) 5:45 Game Night (LDR)	26	9:00 POWER UP (WC) 9:30 SIT-AND-TONE (WC) 10:00 Brain Games (LAR) 10:30 Giant Crossword (LAR) 11:00 Practice for Wii Bowling 1:30 Bingo (LAR) 3:00 Stretch and Relaxation Class (WC) 3:30 Golden Oldies Music Hour (LAR) 6:00 Game Night (LAR)	27
10:45 Sterling Church Service (LAR) 11:00 First Presbyterian Church of Marietta (HMR) 1:00 Sunday Matinee: While You Were Sleeping (LAR) 3:30 Music Bingo (LAR)	28	9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 10:00 Monday Morning Meetup (CC) 11:00 Holiday Sing a Long with Nina Doane (LFL) 1:30 Left Right Center Game (LAR) 2:00 WATER AEROBICS (WC) 3:00 Documentary Series: The Movies and Toys That Made Us (LAR) 3:00 Stretch and Relaxation Class (WC) 4:00 Time Travel Trivia (LFL) 6:00 Line Dancing with Nurse Laura (SL)	29	9:00 POWER UP (WC) 9:00 Water Aerobics (Pool) 9:30 SIT-AND-TONE (WC) 10:30 Catholic Communion Service (LAR) 11:00 Trivia Challenge (LFL) 1:30 Bingo (LAR) 2:00 Drama Club Practice (HAS) 3:00 Stretch and Relaxation Class (WC) 3:00 Word Game (LAR) 3:30 AL Rummikub Club (LAR)	30	9:00 YOGA (WC) 9:30 SIT-AND-TONE (WC) 9:30 Shopping: Walmart (LFL) 10:00 The Color Lab (LAR) 11:00 Parkinson's Exercise Class (WC) 1:00 AL Bible Study with Joel (LAR) 1:00 One-on-one Visits 2:00 WATER AEROBICS (WC) 3:00 Stretch and Relaxation Class (WC) 3:30 Practice for Wii Bowling 4:00 Hymns & Hope with Joel (LFL) 5:00 AL-New Years Eve Celebration (LDR)	31	LOCATION KEY CC - Casual Cafe HAS - Hampton Art Studio HMR - Hampton Media Room	LAR - Landmark Activity Room LDR - Landmark Dining Room LFL - Landmark Front Lobby	SL - Stratford Lounge WC - Wellness Center Pool - Wellness Center Pool			





HAPPY BIRTHDAY



12/7 Mickey Johnson	12/20 Mary Jo Boyd
12/10 Ann Snead	12/21 Joe Williams
12/10 Lita Chestnut	12/22 Yvonne Dalton
12/15 Laura Rock	12/24 Judy Simmons
12/20 Judy Greene	12/26 Maria Martin

Drama Club Presents: A Charlie Brown Christmas

Come support your neighbors as they take on their second performance!
A Charlie Brown Christmas is sure to please, bringing lots of holiday cheer and plenty of feel good moments... Come and watch!

FRIDAY, DECEMBER 12th in the Landmark Building

TOUR OF LIGHTS

We will be taking two trips to go see Christmas Lights around town.
Sign up in the Landmark Activity Room to ride the bus!

Tues 12/9 and Wed 12/17

Depart from the Landmark Front Lobby at 6 PM

LIVE ENTERTAINMENT

12/3 - Christ Lutheran Church Bell Choir
at 6:30 in the Landmark Lobby
12/4 - Kemp Elementary School
at 11:00 am in the Landmark Front Lobby
12/7 - Mars Hill Community Church
at 5:15 in the Landmark Dining Room
12/7 - Spend the afternoon with the American Heritage Girls for a social and Music Bingo
12/11 - Macland Baptist Church sings
at 11:00 am in the Landmark Front Lobby
12/13 - Burnt Hickory Church Life Group
sing a long at 1:30pm Landmark Front Lobby
12/14 Burnt Hickory Church 7th & 8th graders to sing.
12/24 - Christmas Candlelight Service
with Joel 4:00pm in the Front Lobby
12/29 - Nina Doane to perform
at 11:00am in Front Lobby
12/31 - New Years Eve Celebration w/ musical guest Brandon Crocker

Holiday Theme Dinner



Join us for a wonderful dinner
and a night of festive fun!
Thursday, December 18th
Landmark Dining Room

TOAST TO THE NEW YEAR



Bring in the new year with your friends and neighbors! Join us for a special New Year's Eve dinner in the Landmark Dining Room... complete with a champagne toast, cheers!
December 31st from 5-7 PM

CHRISTMAS EVE HYMNS & HOPE

Join Joel for a special Hymns and Hope. He will be holding a candlelight Hymns and Hope service on Christmas Eve.
Wednesday, DEC 24th at 4 PM
in the Landmark Front Lobby

ANNUAL HOLIDAY BAZAAR

Take a stroll through the Landmark building for our Annual Holiday Bazaar.
Over 30 vendors will be here to fill our halls with holiday goodies and gifts.
FRIDAY DEC. 5TH from 10 AM - 3 PM

Weekly Shopping Trips

Catch a ride on the Sterling Express Bus on one of our morning or afternoon trips out to shop. The morning bus leaves at 9:30am.

Please meet in the front lobby of the Landmark building at 9:15am.
The afternoon bus leaves at 1:00pm.

12/3 Walmart

12/10 Kroger

12/17 Publix

12/31 Walmart

