

**SUN MON TUE WED THUR FRI SAT**

<p><b>1</b></p> <p>10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 6:00 PM Evening Movie "The Dressmaker" (AR) 6:30 PM Cottage Game Night (CL)</p>	<p><b>2</b></p> <p>10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno &amp; Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "The Straight Story" (AR)</p>	<p><b>3</b></p> <p>10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:00 AM Technology Tutors (AR) 11:15 AM Focused Fitness (WC) 1:30 PM Massage Therapy (Appointment Required) (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents Trivia and Dinner (CL) 6:00 PM Evening Movie "The Holiday" (AR)</p>	<p><b>4</b></p> <p>10:00 AM Art Class with Scott (AR) 10:30 AM Yoga (WC) 1:00 PM Hymns &amp; Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with the New York Jazz Cats! (Front Lobby) 6:00 PM Evening Movie "Indiscreet" (AR) 6:15 PM Feisty Fossils Cottage Residents Social (CL)</p>	<p><b>5</b></p> <p>10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Air Dry Clay Photo Frame Ornaments" (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels! "The Okefenokee Swamp" and "Amicalola Falls!" (AR) 6:00 PM Friday Funnies Movie "National Lampoon's Christmas Vacation" (AR)</p>	<p><b>6</b></p> <p>10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym (WC) 1:00 PM Open Gym / Open Swim (WC) 2:00 PM Saturday Snack Bar (AR) 2:30 PM On the Big Screen: Season 2! "Man On The Inside" Episode 1 (AR) 4:00 PM Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 PM Evening Movie "Phantom Thread" Nominated for 6 Academy Awards (AR)</p>
--	---	---	---	---	---

<p><b>7</b></p> <p>Pearl Harbor 10:00 AM Holy Family Catholic Communion (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "WWII Attack on Pearl Harbor" (AR) 1:00 PM Weekly Devotions with Jan (CC) 2:00 PM BINGO (AR) 2:00 PM COTTAGE OUTING: GSO Holiday Pops at the Marietta Performing Arts Center (Front Lobby) 3:00 PM Becky Barber's Piano Students! (LR) 6:00 PM Evening Movie "Pearl Harbor" (AR)</p>	<p><b>8</b></p> <p>10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 6:00 PM Evening Movie "Our Souls at Night" (AR) 6:30 PM Cottage Game Night (CL)</p>	<p><b>9</b></p> <p>National Llama Day Wear a Christmas Sweater Day 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 11:15 AM OUTING: "Cottage Ladies Who Lunch" at SEED! (Front Lobby) 2:00 PM Open Gym (WC) 2:30 PM Fa-La-La-Llama Social with a Special Coffee Bar! (Front Lobby) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Courageous" (AR)</p>	<p><b>10</b></p> <p>10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 3:00 PM BAPPA Kickers Holiday Show! (DR) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL) 6:00 PM Evening Movie "The Ballad of Wallis Island" (AR)</p>	<p><b>11</b></p> <p>10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 1:00 PM Hymns &amp; Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Keith West! (Front Lobby) 6:00 PM Evening Movie "Miracle on 34th Street" (AR) 7:00 PM Sterling Staff Holiday Party (CL)</p>	<p><b>12</b></p> <p>Sterling Holiday Bazaar 10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Wine Cork Ornaments" (AR) 11:00 AM Sterling Holiday Bazaar (Front Lobby) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Rick Steves' European Christmas" (AR) 6:00 PM Friday Funnies Movie "The Santa Clause" (AR)</p>
--	--	--	--	---	--

<p><b>14</b></p> <p>Hanukkah 10:00 AM ONLINE: Catholic Service (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "Into the Light, the Festival of Chanukah" (AR) 1:00 PM Weekly Devotions with Jan (CC) 2:00 PM BINGO (AR) 4:30 PM OUTING: Christmas Worship Music at Mt. Bethel (Front Lobby) 6:00 PM Evening Movie "Casino Royale" A 007 Movie! (AR)</p>	<p><b>15</b></p> <p>10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 6:00 PM Evening Movie "Comfort and Joy" (AR) 6:30 PM Cottage Game Night (CL)</p>	<p><b>16</b></p> <p>10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno &amp; Prizes (AR) 3:00 PM Open Swim (WC) 3:00 PM Cookie Swap (Sally Slaton's Cottage!) 6:00 PM Evening Movie "The Family Stone" (AR)</p>	<p><b>17</b></p> <p>10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:30 PM Massage Therapy (Appointment Required) (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL) 6:00 PM Evening Movie "Sarah's Oil" (AR)</p>	<p><b>18</b></p> <p>Sterling Resident Holiday Party 10:00 AM Art Class with Scott (AR) 10:30 AM Yoga (WC) 1:00 PM Hymns &amp; Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM Dickerson Middle School Orchestra Holiday Music (Front Lobby) 2:00 PM Open Swim (WC) 4:00 PM Wellness Center Closed 4:00 PM Sterling Residents' Holiday Party (DR) 7:00 PM Evening Movie "Holiday Inn" (AR)</p>	<p><b>19</b></p> <p>10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Teacup Christmas Ornament" (AR) 11:15 AM Focused Fitness (WC) 1:00 PM Hanukkah with Chabad of Cobb (AR) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Bethlehem: Place Jesus Was Born! Church of the Nativity, Manger, Wise Men, Where Christmas Began!" (AR) 4:00 PM Wellness Center Closed 6:00 PM Friday Funnies Movie Time "ELF" (AR)</p>
--	--	--	---	---	--

<p><b>21</b></p> <p>10:00 AM Holy Family Catholic Communion (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "The Legends of Santa" Christmas Documentary (AR) 1:00 PM Weekly Devotions with Jan (CC) 2:00 PM BINGO (AR) 2:00 PM Don Sharp's Open Holiday House with his Special Homemade Cider! (Cottage 8200) 4:15 PM Scouts Caroling (LR) 6:00 PM Evening Movie "Love Actually" (AR)</p>	<p><b>22</b></p> <p>10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 4:00 PM Wellness Center Closed 6:00 PM Evening Movie "Radio City Christmas Spectacular with the Rockettes!" (AR) 6:30 PM Cottage Game Night (CL)</p>	<p><b>23</b></p> <p>10:30 AM Cottage Sittercise (WC) 11:00 AM Candelight Christmas Service with Joel (LR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno &amp; Prizes (AR) 3:00 PM Open Swim (WC) 3:30 PM Eggnog Social with Special Mystery Guests! (LR) 4:00 PM Wellness Center Closed 6:00 PM Evening Movie "The Aviator" Winner of 5 Oscars! (AR)</p>	<p><b>24</b></p> <p>Christmas Eve 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:00 AM Open Gym (WC) 11:00 AM Open Swim (WC) 11:15 AM On The Big Screen: How the Grinch Stole Christmas (AR) 12:00 PM Wellness Center Closed 6:00 PM Evening Movie "It's A Wonderful Life" (AR)</p>	<p><b>25</b></p> <p>Christmas Day 10:00 AM Christmas Morning Mimosas / Disney's Christmas Parade (AR) 1:30 PM BINGO (AR) 3:00 PM Movie "A Christmas Story" (AR)</p>	<p><b>26</b></p> <p>Kwanzaa 10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Edible Craft" (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Arctic Vacation Travel Video Guide" (AR) 4:00 PM Wellness Center Closed 6:00 PM Friday Funnies Movie "Annie Hall" (AR)</p>
--	--	---	--	---	--

<p><b>28</b></p> <p>10:00 AM ONLINE: Catholic Service (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "Secrets of Zion and Bryce" (AR) 1:00 PM Weekly Devotions with Jan (CC) 2:00 PM BINGO (AR) 3:00 PM Sketching with Seniors (AR) 6:00 PM Evening Movie "Moonstruck" (AR)</p>	<p><b>29</b></p> <p>10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO (AR) 6:00 PM Evening Movie "My Octopus Teacher" (AR) 6:30 PM Cottage Game Night (CL)</p>	<p><b>30</b></p> <p>10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno &amp; Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "The Age of Adeline" (AR)</p>	<p><b>31</b></p> <p>New Year's Eve 10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 3:00 PM "The Bibliophiles" Book Club (CC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM Line Dancing! (AR) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL) 6:00 PM Evening Movie "When Harry Met Sally" (AR)</p>	<p><b>LOCATION KEY</b> AR - Activity Room CC - Casual Cafe DR - Dining Room LR - Living Room CL - The Club</p>	<p><b>WC - Wellness Center</b></p>
--	---	--	--	--	------------------------------------

**\*\*Special Cottage Only Events\*\***

- 12/3 Cottage Trivia & Dinner
- 12/7 Outing: GSO Holiday Pops
- 12/9 Ladies' Lunch at Seed
- 12/16 Sally's Cookie Swap
- 12/21 Don Sharp's Open House with Homemade Apple Cider

***Fa-La-La Llama Social***

**with Mocha Coffee Bar!**

**Tuesday, December 8th**

Don't miss this social! Wear your favorite holiday sweater as there will be some great "Kodak" moments for you!



**Other Music Events This Month!**

- 12/13 Walton High School Quartet  
Holiday Music
- 12/14 Christmas Songs/Stories on the Piano
- 12/18 Dickerson Middle School Orchestra
- 12/21 Scouts Caroling
- 12/23 Joel's Christmas Candelight Service
- 12/23 Eggnog Social with Special Guests  
*(Don't Miss this Event!)*



- Resident Birthdays**  
 Birgitta Rosenthal 12/09  
 Frek Kaufman 12/21  
 John Hollar 12/30

- Employee Birthdays**  
 Jacob Matte 12/06  
 Carey Slater 12/15  
 Ronda Overstreet 12/16  
 Heather Barnhill 12/29



**Holiday Party**

**Thursday, December 18th**  
**4:00PM - 7:00PM**  
*Don't Miss It!*

*We'll have a special guest from the North Pole, fabulous music from the Kayla Taylor Trio and a wonderful dinner! Wear your dancing shoes!*

The "East Cobb Kickers" will perform their holiday show on December 10th!



Friday, December 12th!  
Grab a few holiday gifts and a delicious cup of hot cocoa in the lobby with us!

- Thursday Happy Hours**  
 12/4 The NY Jazz Cats  
 12/11 Keith West  
 12/18 Kayla Taylor Trio  
 (Sterling Party)



*Merry Christmas and Happy Hanukkah to All Our Wonderful Sterling Residents!*