

SUN	MON	TUE	WED	THUR	FRI	SAT
	9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:30 Wii Sports (WC) 12:45 Happy Tails (LR) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "The Dressmaker" (AR)	1 9:30 Zumba with Karla (WC) 10:00 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 2:30 "Twisted Stitches" Knitting and Crocheting Club (CC) 3:00 Open Swim (WC) 4:00 Brain Games! (AR) 6:00 Evening Movie "The Straight Story" (AR)	2 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Publix Shopping (Front Lobby) 10:00 Rummikub Game Time! (AR) 11:00 Technology Tutors (AR) 11:15 Focused Fitness (WC) 1:30 Massage Therapy (Appointment Required) (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Musical Bingo with Holiday Music! (AR) 6:00 Evening Movie "The Holiday" (AR)	3 9:30 Yoga (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with the New York Jazz Cats! (Front Lobby) 6:00 Evening Movie "Indiscreet" (AR)	4 9:30 Sittercise (WC) 10:30 Crafts "Air Dry Clay Photo Frame Ornaments" (AR) 11:15 Focused Fitness (WC) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels! "The Okefenokee Swamp" and "Amicalola Falls!" (AR) 6:00 Friday Funnies Movie "National Lampoon's Christmas Vacation" (AR)	5 9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Saturday Snack Bar (AR) 2:30 On the Big Screen: Season 2! "Man On The Inside" Episode 1 (AR) 4:00 Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 Evening Movie "Phantom Thread" Nominated for 6 Academy Awards (AR)
Pearl Harbor 10:00 Holy Family Catholic Communion (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentaries "WWII Attack on Pearl Harbor" (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 3:00 Becky Barber's Piano Students! (LR) 3:30 Painting A Watercolor Holiday Card (or 2 or 3!) (AR) 6:00 Evening Movie "Pearl Harbor" (AR)	7 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "Our Souls at Night" (AR)	8 9:30 Sittercise (WC) 10:00 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:30 "Twisted Stitches" Knitting and Crocheting Club (CC) 2:30 Fa-La-La-Llama Social with a Special Coffee Bar! (Front Lobby) 3:00 Open Swim (WC) 6:00 Evening Movie "Courageous" (AR)	9 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Publix Shopping (Front Lobby) 10:00 Rummikub Game Time! (AR) 11:15 Focused Fitness (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 BAPPA Kickers Holiday Show! (DR) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 6:00 Evening Movie "The Ballad of Wallis Island" (AR)	10 9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Keith West! (Front Lobby) 6:00 Evening Movie "Miracle on 34th Street" (AR) 7:00 Sterling Staff Holiday Party (CL)	11 9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:00 Open Swim (WC) 4:00 Armchair Travels "Rick Steves' European Christmas" (AR) 6:00 Friday Funnies Movie "The Santa Clause" (AR)	12 9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 Sterling Music Series with Thayer! (AR) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 1:30 Decorating Christmas Cookies with Lili! (AR) 2:00 Saturday Snack Bar (AR) 2:30 On the Big Screen: Season 2! "Man On The Inside" Episode 2 (AR) 4:15 Holiday Music by the Walton High School String Quartet (AR) 6:00 Evening Movie "The Phoenician Scheme" (AR)
Hanukkah 10:00 ONLINE: Catholic Service (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentaries "Into the Light, the Festival of Chanukah" (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 3:15 Christmas Songs and Stories at the Piano (LR) 4:30 OUTING: Christmas Worship Music at Mt. Bethel (Front Lobby) 6:00 Evening Movie "Casino Royale" A 007 Movie! (AR)	14 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:15 Alliance of Therapy Dogs - Georgia and Iggy! (Front Lobby) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "Comfort and Joy" (AR)	15 9:30 Sittercise (WC) 10:00 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 11:00 Landmark Building Ladies' Lunch at the Brookwood Grill (Front Lobby) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 2:30 "Twisted Stitches" Knitting and Crocheting Club (CC) 3:00 Open Swim (WC) 4:00 Brain Games! (AR) 6:00 Evening Movie "The Family Stone" (AR)	16 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Publix Shopping (Front Lobby) 10:00 Rummikub Game Time! (AR) 11:15 Focused Fitness (WC) 1:30 Massage Therapy (Appointment Required) (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Music and Lyrics! (AR) 6:00 Evening Movie "Sarah's Oil" (AR)	17 9:30 Yoga (WC) 10:00 Art Class with Scott (AR) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 Dickerson Middle School Orchestra Holiday Music (Front Lobby) 2:00 Open Swim (WC) 4:00 Wellness Center Closed 4:00 Sterling Residents' Holiday Party (DR) 7:00 Evening Movie "Holiday Inn" (AR)	18 9:30 Sittercise (WC) 10:30 Crafts "Teacup Christmas Ornament" (AR) 11:15 Focused Fitness (WC) 1:00 Hanukkah with Chabad of Cobb (AR) 1:00 OUTING: MUSICAL! "The Wizard of Oz" at the Sandy Springs Performing Arts Center (Front Lobby) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels "Bethlehem: Place Jesus Was Born! Church of the Nativity, Manger, Wise Men, Where Christmas Began!" (AR) 4:00 Wellness Center Closed 6:00 Friday Funnies Movie Time "ELF" (AR)	19 9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Saturday Snack Bar (AR) 2:30 On the Big Screen: Season 2! "Man On The Inside" Episode 3 (AR) 4:00 Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 Evening Movie "Man on Wire" Based on a True Story! (AR)
10:00 Holy Family Catholic Communion (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentaries "The Legends of Santa" Christmas Documentary (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 4:15 Scouts Caroling (LR) 6:00 Evening Movie "Love Actually" (AR)	21 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 4:00 Wellness Center Closed 6:00 Evening Movie "Radio City Christmas Spectacular with the Rockettes!" (AR)	22 9:30 Sittercise (WC) 10:00 Tuesday Trivia (AR) 11:00 Candelight Christmas Service with Joel (LR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 2:30 "Twisted Stitches" Knitting and Crocheting Club (CC) 3:00 Open Swim (WC) 3:30 Eggnog Social with Special Mystery Guests! (LR) 4:00 Wellness Center Closed 6:00 Evening Movie "The Aviator" Winner of 5 Oscars! (AR)	23 9:30 Sittercise (WC) 10:00 Publix Shopping (Front Lobby) 10:00 Rummikub Game Time! (AR) 11:00 Open Gym (WC) 11:00 Open Swim (WC) 11:15 On The Big Screen: How the Grinch Stole Christmas (AR) 12:00 Wellness Center Closed 1:30 Left, Right, Center Dice Game (AR) 3:00 Art - Christmas Mandala Art Sheets/Pencils (AR) 6:00 Evening Movie "It's A Wonderful Life" (AR)	24 Christmas Eve Howard Hughes Birthday 9:30 Sittercise (WC) 10:00 Publix Shopping (Front Lobby) 10:00 Rummikub Game Time! (AR) 11:00 Open Gym (WC) 11:00 Open Swim (WC) 11:15 On The Big Screen: How the Grinch Stole Christmas (AR) 12:00 Wellness Center Closed 1:30 Left, Right, Center Dice Game (AR) 3:00 Art - Christmas Mandala Art Sheets/Pencils (AR) 6:00 Evening Movie "It's A Wonderful Life" (AR)	25 Christmas Day 10:00 Christmas Morning Mimosas / Disney's Christmas Parade (AR) 12:00 Christmas Day Lunch (DR) 1:30 BINGO (AR) 3:00 Movie "A Christmas Story" (AR) 5:00 Boxed Dinner Delivery	26 Kwanzaa 9:30 Sittercise (WC) 10:30 Crafts "Edible Craft" (AR) 11:15 Focused Fitness (WC) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels "Arctic Vacation Travel Video Guide" (AR) 4:00 Wellness Center Closed 6:00 Friday Funnies Movie "Annie Hall" (AR)
10:00 ONLINE: Catholic Service (AR) 10:00 ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 Documentaries "Secrets of Zion and Bryce" (AR) 1:00 Weekly Devotions with Jan (CC) 2:00 BINGO (AR) 3:00 Sketching with Seniors (AR) 6:00 Evening Movie "Moonstruck" (AR)	28 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Monday Morning Coffee and Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:45 BINGO (AR) 6:00 Evening Movie "My Octopus Teacher" (AR)	29 9:30 Sittercise (WC) 10:00 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 2:30 "Twisted Stitches" Knitting and Crocheting Club (CC) 3:00 Open Swim (WC) 4:00 New Resident Social (AR) 6:00 Evening Movie "The Age of Adeline" (AR)	30 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Publix Shopping (Front Lobby) 10:00 Rummikub Game Time! (AR) 11:15 Focused Fitness (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 "The Bibliophiles" Book Club (CC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Line Dancing! (AR) 6:00 Evening Movie "When Harry Met Sally" (AR)	31 LOCATION KEY AR - Activity Room CC - Casual Cafe DR - Dining Room LR - Living Room CL - The Club	WC - Wellness Center	27 9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:15 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Saturday Snack Bar (AR) 2:30 On the Big Screen: Season 2! "Man On The Inside" Episode 4 (AR) 6:00 Evening Movie "Million Dollar Baby" FOUR Academy Awards! (AR)

December 2025

Activity and Social Calendar



**The Bibliophiles'
December Book Selection**



Rated 4.1 Stars on
Goodreads and is their
2024 Mystery Thriller
of the year!



Resident Birthdays
Birgitta Rosenthal 12/09
Frek Kaufman 12/21
John Hollar 12/30



Employee Birthdays
Jacob Matte 12/06
Carey Slater 12/15
Ronda Overstreet 12/16
Heather Barnhill 12/29



Friday, December 12th!
Grab a few holiday gifts and
and delicious cup of hot
cocoa in the lobby with us!



December Happy Hours
12/4 The NY Jazz Cats
12/11 Keith West
12/18 Kayla Taylor Trio
(Sterling Party)



Landmark Building Residents

~ Holiday ~
PARTY 

Thursday, December 18th
4:00PM - 7:00PM
Don't Miss It!
*We'll have a special guest from
the North Pole, fabulous music
from the Kayla Taylor Trio and a
wonderful dinner! Wear your
dancing shoes!*

The “**East Cobb Kickers**” will perform
their holiday show on December 10th!



Fa-La-La Llama Social



**with Mocha Coffee Bar!
Tuesday, December 8th**



Don't miss this social and wear
your favorite holiday sweater to it as
there will be some great “Kodak”
moments for you!

Other Music Events This Month!

- 12/13 Walton High School Quartet
Holiday Music
- 12/14 Christmas Songs/Stories on the Piano
with Paula Roberts
- 12/18 Dickerson Middle School Orchestra
- 12/21 Scouts Caroling
- 12/23 Joel's Christmas Candelight Service
- 12/23 Eggnog Social with Special Guests
(Don't Miss this Event!)



Merry Christmas and Happy Hanukkah to All Our Wonderful Sterling Residents!