

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY AR - Activity Room CC - Casual Cafe DR - Dining Room FP - Front Porch LR - Living Room	CL - The Club WC - Wellness Center	Happy Fall Y'all!	Yom Kippur Begins 10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:30 PM Massage Therapy (Appointment Required) (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM Wednesday Series: The Queen's Gambit - Winner of 11 Primetime Emmys (Episode 1) (AR) 4:30 PM Cottage Residents Trivia and Dinner (CL) 6:00 PM Evening Movie "The Mule" Starring Clint Eastwood (AR)	Yom Kippur Ends 10:00 AM Art Class with Scott (AR) 10:30 AM Yoga (IL) (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO! (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Jeni Michelson (Front Lobby) 6:00 PM Evening Movie "The Birds" (AR)	Wear Pink for Breast Cancer Awareness 10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Make a Fall Plate" (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "New England Fall Colors Road Trip: Kancamagus Highway, Stowe" (AR) 6:00 PM Friday Funnies Movie "The Thursday Night Murder Club" (AR)	National Cinnamon Bun Day 10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:15 AM Open Gym (WC) 1:00 PM Open Gym / Open Swim (WC) 2:00 PM Saturday Snack Bar & Hogan's Heroes (AR) 6:00 PM Evening Movie "Monster-in-Law" (AR)
10:00 AM Holy Family Catholic Communion (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "The Tragic Life of Edgar Allen Poe" (AR) 1:15 PM Crossword on the Big Screen (AR) 2:00 PM BINGO (AR) 4:00 PM Karaoke Group Sing-a-Long (AR) 6:00 PM Evening Movie "The Red Violin" (AR)	10:00 AM Walking Club (Patio) 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO! (AR) 6:00 PM Evening Movie "The Good Girl" (AR) 6:30 PM Cottage Game Night (CL)	10:30 AM Zumba with Karla (WC) 11:00 AM Bible Study with Joel (AR) 11:00 AM POP-UP SHOP: Fall Accessories with Tara (Front Lobby) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Freud's Last Session" (AR)	10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:30 PM Chico's Fashion Show (DR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM Wednesday Series: The Queen's Gambit - Winner of 11 Primetime Emmys (Episode 2) (AR) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL) 6:00 PM Evening Movie "Play Misty For Me" (AR)	Sterling Fall Festival 10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM Open Swim (WC) 2:00 PM Fall Festival with the Mars Hill Porch Pickers! (FP) 6:00 PM Evening Movie "The Graduate" (AR) 6:15 PM Feisty Fossils Cottage Residents Social (CL)	10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Make a Spooky Ghost" Hosted by Serene with Willowbrook Hospice (AR) 11:15 AM Focused Fitness (WC) 1:00 PM OUTING: Movie: "Downton Abbey - the Grand Finale" (Front Lobby) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "OKTOBERFEST in Munich, Germany! Experiencing the WORLD'S LARGEST Folk Festival" (AR) 6:00 PM Friday Funnies Movie "We Bought A Zoo" (AR)	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym (WC) 1:00 PM Open Gym / Open Swim (WC) 2:00 PM Saturday Snack Bar & Hogan's Heroes (AR) 4:00 PM Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 PM Evening Movie "The Woman in Cabin 10" (AR)
10:00 AM ONLINE: Catholic Service (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "Columbus - Into the New World" (AR) 1:15 PM Mexican Train Dominoes! (AR) 2:00 PM BINGO (AR) 3:30 PM Sketching with Seniors (AR) 6:00 PM Evening Movie "Air Force One" (AR)	Indigenous Peoples' Day 10:00 AM Walking Club (Patio) 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 1:15 PM The US Navy's 250th Birthday Celebration Sponsored by the Old Noonday DAR (Front Lobby) 2:30 PM Open Gym (WC) 3:00 PM Chef Chat (AR) 3:00 PM Open Swim (WC) 3:45 PM BINGO! (AR) 6:00 PM Evening Movie "Akeelah and the Bee" (AR) 6:30 PM Cottage Game Night (CL)	10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 11:00 AM "Cottage Ladies Who Lunch" Salt Factory Pub in Roswell (Front Lobby) 2:00 PM Open Gym (WC) 2:30 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 4:00 PM Beatles Music Bingo! (AR) 6:00 PM Evening Movie "A Simple Plan" (AR)	National "I Love Lucy" Day 10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 1:30 PM Massage Therapy (Appointment Required) (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM Wednesday Series: The Queen's Gambit - Winner of 11 Primetime Emmys (Episode 3) (AR) 4:30 PM Cottage Residents' Happy Hour and Dinner with Bill Gleeson! (CL) 6:00 PM Evening Movie "Being the Ricardos" Nominated for 3 Oscars! (AR)	10:00 AM Art Class with Scott (AR) 10:30 AM Yoga (IL) (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO! (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Randy Barnes! (Front Lobby) 6:00 PM Evening Movie "Bridge Over the River Kwai" (AR)	10:30 AM Cottage Sittercise (WC) 10:30 AM Crafts "Pumpkin Decorating" (AR) 11:15 AM Focused Fitness (WC) 1:00 PM OUTING: Atlanta Botanical Garden "Scarecrows in the Garden" (Front Lobby) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Unseen Georgia" (AR) 6:00 PM Friday Funnies Movie "Mrs. Doubtfire" (AR)	National Chocolate Cupcake Day 10:00 AM Social and Breakfast Snacks Provided by Johnson Ferry Baptist Church Families (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Open Gym (WC) 1:00 PM Open Gym / Open Swim (WC) 2:00 PM Saturday Snack Bar & Hogan's Heroes (AR) 3:00 PM Wheeler High School Musicians' Performance! (LR) 6:00 PM Evening Movie "Legends of the Fall" Oscar Winner! (AR)
10:00 AM Holy Family Catholic Communion (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "America's TRUE Discoverer? The Forgotten Story of Amerigo Vespucci" (AR) 1:15 PM Crossword on the Big Screen (AR) 2:00 PM BINGO (AR) 4:15 PM Performance: The Walton High School Quartet (LR) 6:00 PM Evening Movie "Pirates of the Caribbean-Curse of the Black Pearl" (AR)	Fall Leaf Peeping Trip 10:00 AM Walking Club (Patio) 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO! (AR) 6:00 PM Evening Movie "Fried Green Tomatoes" Nominated for 2 Oscars! (AR) 6:30 PM Cottage Game Night (CL)	Fall Leaf Peeping Trip National "Back to the Future" Day 10:30 AM Zumba with Karla (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Back to the Future" (AR)	Fall Leaf Peeping Trip 10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:00 PM Wednesday Series: The Queen's Gambit - Winner of 11 Primetime Emmys (Episode 4) (AR) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL) 6:00 PM Evening Movie "Juror #2" (AR)	10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO! (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Craig Gleeson! (Front Lobby) 6:00 PM Evening Movie "The Cowboys" Starring John Wayne (AR)	9:30 AM Senior Fitness Testing (TIME BY FLOOR-SEE SIGNS) (WC) 10:30 AM Crafts "Make a Halloween Mask" (AR) 2:00 PM Open Gym (WC) 2:30 PM Current Events (AR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "VISIT SLEEPY HOLLOW NY Halloween Town Spirit (AR) 6:00 PM Friday Funnies Movie Time "Legally Blonde" (AR)	10:00 AM Coffee and Conversation (CC) 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym (WC) 1:00 PM Open Gym / Open Swim (WC) 2:00 PM Saturday Snack Bar & Hogan's Heroes (AR) 4:00 PM Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 PM Evening Movie "Misery" (AR)
10:00 AM ONLINE: Catholic Service (AR) 10:00 AM ONLINE: Johnson Ferry Baptist Church Live Service (CC) 11:00 AM Documentaries "History Channel The Real Story of Halloween" (AR) 1:15 PM Mexican Train Dominoes! (AR) 2:00 PM BINGO (AR) 3:30 PM Sketching with Seniors (AR) 6:00 PM Evening Movie "Snow White and the Huntsman" (AR)	10:00 AM Walking Club (Patio) 10:00 AM Water Aerobics with Christine (WC) 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 2:30 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM BINGO! (AR) 6:00 PM Evening Movie "Chocolat" Nominated for 5 Oscars! (AR) 6:30 PM Cottage Game Night (CL)	National First Responders Day 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 12:45 PM Wii Bowling Tournament: Outing to Sterling West 2:00 PM Pokeno & Prizes (AR) 6:00 PM Evening Movie "Ghost" Won 2 Oscars! (AR)	Flu Vaccine Clinic Wednesday Series Moved to Tomorrow 10:00 AM Water Aerobics with Christine (WC) 10:00 AM Rummikub Game Time! (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 2:00 PM Flu Vaccine Clinic-Preregistration Online Is Required (AR) 3:00 PM "The Bibliophiles" Book Club (CC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour & Dinner (CL) 6:00 PM Evening Movie "The Trial of the Chicago 7" (AR)	National Candy Corn Day Happy Hour is Changed to Tomorrow Cake for October Birthdays at Lunch! 10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO! (AR) 2:00 PM Open Swim (WC) 4:00 PM Wednesday Series: The Queen's Gambit - Winner of 11 Primetime Emmys (Episode 5) (AR) 6:00 PM Evening Movie "Hocus Pocus" (AR)	Halloween Monster Mash Halloween Party 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 2:00 PM Monster Mash Halloween Party with Loose Shoes! (DR) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "The Real Dracula: Halloween in Transylvania at Bran Castle (AR) 6:00 PM Halloween Movie! "Practical Magic" (AR)	Happy Halloween!