## WED THUR MON Labor Day 9:30 Sittercise (WC) 9:30 Sittercise (WC) 9:30 Sittercise (WC) 9:30 Yoga (AL) (WC) 9:30 Sittercise (WC) 10:00 Water Aerobics with 9:30 Sittercise (WC) 10:30 Donuts for Grandparents! 10:30 Crafts "Surprise Craft 10:00 Tuesday Trivia (AR) 10:00 Art Class with Scott 10:30 \*\*LABOR DAY\*\* Monday Christine (WC) 11:00 Bible Study with Joel (AR) Sponsored by Longleaf Morning Coffee Bar With Treats 1:30 Fire Drill Training By 10:00 Publix Shopping (Front 11:15 Open Gym (WC) Hospice" (AR) 1:00 Hymns & Hope with 1:00 Open Gym / Open Swim (WC) 1:15 Left, Right, Center Dice Game! Bring 6 Floor - Low 100's Side 11:15 Focused Fitness (WC) 11:30 Wii Sports (WC) Joel (LR) 10:00 Rummikub Game Time! (AR) 1:15 Resident Council Meeting (AR) 2:00 Open Gym (WC) 12:45 Happy Tails (LR) 1:00 Open Gym (WC) 11:15 Focused Fitness (WC) Quarters! (AR) 1:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 2:00 Open Gym (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 BINGO! (AR) 2:30 Saturday Snack Bar (AR) 1:15 Speaker: Don Jordan "From Coffee Cups 3:00 "Twisted Stitches" Knitting and 2:30 Current Events (AR) 3:00 On the Big Screen! Alfred Hitchcock's 2:00 Open Gym (WC) 2:00 Open Swim (WC) to Paychecks" (AR) Crocheting Club (CC) 3:00 Open Swim (WC) 3:00 Open Swim (WC) "The Twilight Zone" 1959 (AR) 2:30 CRAFT: Football Door Decor (AR) 3:30 Happy Hour with Tom and Joni 3:00 Open Swim (WC) 4:00 Armchair Travels "Alaskan Cruise" (AR) 3:00 Wii Bowling (WC) 4:00 Leigh Plays Guitar in the Living Room! 3:00 Weekly Devotions with Jan Watson (CC) Illi! (Front Lobby) 4:00 Brain Games! (AR) 6:00 Friday Funnies "The Bounty Hunter" 3:15 Documentary: Jane Goodall: A Inside (Front Lobby) 3:45 BINGO! (AR) 6:00 Evening Movie "High Plains Drifter" 6:00 Evening Movie "Britain and the Blitz" 6:00 Evening Movie Nicolas Sparks' "A Walk to 6:00 Evening Movie "Top Gun" Nominated for 9 Look - National Geographic (AR) Starring Clint Eastwood (AR) Remember" (AR) 6:00 Evening Movie "The Penguin Lessons" (AR) Oscars! (AR) 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine National Chocolate Milkshake Day **National Grandparents Day** 9:30 Sittercise (WC) 9:45 Zumba with Karla (WC) 9:30 Sittercise (WC) Patriot Day 10:00 Walking Club (Patio) 10:00 Tuesday Trivia (AR) 9:30 Sittercise (WC) 10:00 Coffee and Conversation 10:00 Holy Family Catholic 9:30 Yoga (AL) (WC) (WC) 10:00 Kroger Shopping (AR) 10:00 OUTING: Georgia Safari 10:00 Water Aerobics with 11:00 Bible Study with Joel (AR) 10:00 Art Class with Scott Communion (AR) Conservation Park and Lunch in Christine (WC) 12:00 Hoagies for Heroes! First 11:00 Sterling Music Series with 11:00 Documentaries 10:30 "Techology Tutors" for Madison Georgia (Front Lobby) 10:30 Monday Morning Coffee & Calendar Responders Lunch (DR) Thayer! (AR) Iphone, Ipad and Kindle Assistance! (AR) 10:30 Crafts "Lotus Flower Suncatchers" (AR) 1:00 Hymns & Hope with Joel (LR) "Yosemite: America's Treasure" (AR) 1:30 Fire Drill Training By Floor - High 100's 11:15 Open Gym (WC) Update (AR) 1:15 Focused Fitness (WC) 11:15 Focused Fitness (WC) 1:00 Open Gym (WC) 1:15 Dominoes! (AR) 11:30 Wii Sports (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 2:00 Open Gym (WC) 2:00 BINGO! (AR) 2:30 Open Gym (WC) 1:15 Left, Right, Center Dice Game! Bring 6 2:15 BINGO (AR) 2:00 Open Gym (WC) 2:30 Current Events and a Chocolate Milkshake! 3:00 Open Swim (WC) 2:30 Pokeno & Prizes (AR) Quarters! (AR) 2:00 Open Swim (WC) 4:00 Karaoke Group Sing-a-Long (AR) 3:00 Open Swim (WC) 3:00 Weekly Devotions with Jan Watson 3:00 "Twisted Stitches" Knitting and 2:30 Saturday Snack Bar (AR) 3:00 Wii Bowling (WC) 3:30 Happy Hour with Loose Shoes! 3:00 Open Swim (WC) 6:00 Evening Movie "Steel Magnolias" 3:00 On the Big Screen! Alfred Hitchcock's Crocheting Club (CC) 4:00 Music Bingo Hosted by Buzz and Alexis! 4:00 Armchair Travels "The Wonders of Kenya" (Front Lobby) "The Twilight Zone" 1959 (AR) 3:45 BINGO! (AR) 3:00 Open Swim (WC) 6:00 Evening Movie "Patriot Games" 6:00 Evening Movie Nicolas Sparks' "The Lucky 4:00 Mexican Train Dominoes (AR) 6:00 Évening Movie "Clear and Present Danger' 6:00 Friday Funnies "My Big Fat Greek Wedding" 4:00 Games: Bananagrams! (AR) (AR) One" (AR) 6:00 Evening Movie "Knives Out" (AR) 6:00 Evening Movie "The Perfect Storm" (AR) 9:30 Sittercise (WC) 9:30 Sittercise (WC) 9:30 Sittercise (WC) 9:45 Zumba with Karla (WC) Air Force Birthday 10:00 ONLINE: EWTN 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 10:00 Tuesday Trivia (AR) 10:00 Coffee and Conversation (CC) 10:00 Water Aerobics with 9:30 Sittercise (WC) 10:30 Crafts "Mini Global Catholic Service 10:00 Water Aerobics with Christine 1:00 Bible Study with Joel (AR) 11:00 Sterling Music Series with Christine (WC) 10:00 Art Class with Scott Terrariums" (AR) "The Daily Reading" (AR) :15 Emory Speaker: Amy Thayer! (AR) 0:00 Publix Shopping (Front Rodriguez, MD - "Mind Matters: 11:15 Focused Fitness (WC) 10:30 Monday Morning Coffee & 11:15 Open Gym (WC) 11:00 Documentaries: The Calendar Update (AR) Brain Health" (AR) 1:00 Hymns & Hope with Joel (LR) 2:00 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 10:00 Rummikub Game Time! (AR) Mysterious Origins Of The Great :30 Fire Drill Training By Floor - Low 200's Side 11:15 Alliance of Therapy Dogs - Georgia and 1:15 Left, Right, Center Dice Game! Bring 6 1:00 Open Gym (WC) 2:30 Current Events with Tim 11:15 Focused Fitness (WC) 2:00 Open Gym (WC) Lakes | (AR) Iggy! (Front Lobby) Quarters! (AR) 2:00 Left, Right, Center Dice Game (AR) 2:00 BINGO! (AR) Naccarato (AR) 2:00 Pokeno & Prizes (AR) 11:30 Wii Sports (WC) 1:15 Mexican Train Dominoes! (AR) 2:30 Saturday Snack Bar (AR) 3:00 "Twisted Stitches" Knitting and Crocheting 3:00 On the Big Screen! Alfred Hitchcock's "The Twilight Zone" 1959 (AR) 2:00 Open Gym (WC) 2:00 Open Swim (WC) 3:00 Open Swim (WC) 2:30 Open Gym (WC) 2:15 BINGO (AR) Club (CC) 3:00 Open Swim (WC) 3:00 Open Swim (WC) 3:30 Happy Hour with Dick Wagoner! 4:00 Armchair Travels "Germany's 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 3:30 Sketching with Seniors (AR) 3:00 Weekly Devotions with Jan Watson (CC) Romantic Rhine and Rothenberg" (AR) (Front Lobby) 6:00 Family Bingo Night (DR) 4:00 Games: Yamslam! (AR) 4:00 Music and Lyrics! (AR) 3:45 BINGO! (AR) 6:00 Evening Movie "The Sum of All 6:00 No Movie Tonight Due to Family Bingo Night 6:00 Evening Movie "Kings Go Forth" 6:00 Friday Funnies Movie Time 6:00 Evening Movie "Argo" A True Story! Winner 6:00 Evening Movie "The Hunt for Red 6:00 Evening Movie Nicolas Sparks' "Message in a of 3 Oscars! (AR) Fears" (AR) 1958 (AR) "Beethoven's 5th" (AR) October" (AR) Bottle" (AR) 10:00 Holy Family Catholic Rosh Hashanah 9:30 Sittercise (WC) Rosh Hashanah Ends 9:30 Sittercise (WC) National Pancake Day 9:30 Sittercise (WC) National Centenarian's Day 9:30 Sittercise (WC) 10:00 Coffee and Conversation 10:00 Tuesday Trivia (AR) 10:00 Art Class with Scott (AR) Communion (AR) Johnny Appleseed Day 10:00 Water Aerobics with Christine Autumn Equinox 11:00 Documentaries "The 11:00 Bible Study with Joel (AR) 1:00 Hymns & Hope with Joel 9:30 Sittercise (WC) 9:30 Sittercise (WC) 10:30 Harpsichord and History 11:00 "Musical Favorites from Deeper Spiritual Meaning of 1:30 Fire Drill Training By 0:00 Kroger Shopping (AR) 10:00 Walking Club (Patio) with Baroque Music from Steve Hilton (LR) the Past" with Tom Parrott (AR) the Autumn Equinox " (AR) Floor - High 200's Side 1:00 Open Gym (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Rummikub Game Time! (AR) 1:00 OUTING: "The Producers" Musical at 2:00 Open Gym (WC) 11:15 Focused Fitness (WC) 11:15 Open Gym (WC) 2:00 BINGO! (AR) 10:30 Monday Morning Coffee & Calendar Update 11:15 Focused Fitness (WC) 2:00 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) Sandy Springs Theater (Front Lobby) 2:00 Pokeno & Prizes (AR) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Swim (WC) 2:30 Trivia Time with Professional Trivia 1:15 Left, Right, Center Dice Game! Bring 6 3:30 Happy Hour with Keith West (Front 1:15 Dominoes! (AR) 11:30 Wii Sports (WC) 3:00 "Twisted Stitches" Knitting and 2:00 Open Gym (WC) Host David Hubbard (AR) Quarters! (AR) 2:30 Open Gym (WC) 3:00 "The Bibliophiles" Book Club (CC) 2:15 BINGO (AR) Crocheting Club (CC) 2:30 Saturday Snack Bar (AR) 3:00 On the Big Screen! Alfred Hitchcock's 3:00 Open Swim (WC) 3:00 Open Swim (WC) 3:00 Open Swim (WC) 4:00 Karaoke Group Sing-a-Long (AR) 3:00 Open Swim (WC) 6:00 Evening Movie "Two Mules for Sister 4:00 Armchair Travels "Viking River Cruise 3:00 Wii Bowling (WC) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 New Resident Social (AR) 6:00 Evening Movie "Night at the Museum" Sara" Starring Clint Eastwood and Shirley Along the Rhône River in France" - (AR) "The Twilight Zone" 1959 (AR) 3:45 BINGO! (AR) 4:00 Rosh Hashanah Celebration and Shofar 6:00 Evening Movie "The Boy Who MacLaine (AR) Blowing (AR) 6:00 Friday Funnies "Marry Me" (AR) 4:00 Games: UNO (AR) 6:00 Evening Movie Nicolas Sparks' "Nights in Harnessed the Wind" (AR) 6:00 Evening Movie "The Fugitive" (AR) Rodanthe" (AR) 6:00 Evening Movie "Mamma Mia" (AR) 10:00 ONLINE: EWTN Global National VFW Day National Hot Mulled Cider Day **LOCATION KEY** 9:30 Sittercise (WC) 9:30 Sittercise (WC) Catholic Service "The Daily 10:00 Walking Club (Patio) 10:00 Tuesday Trivia (AR) Reading" (AR) 10:00 Water Aerobics with Christine AR - Activity Room 11:00 Bible Study with Joel (AR) 11:00 Documentaries Johnny 1:30 Fire Drill Training By Floor - Low 10:30 Monday Morning Coffee & Calendar Update Appleseed - "Man Behind The Legend" CC - Casual Cafe 300's Side 11:15 Documentary: Celebrating the Legacy: History of the VFW (AR) 1:30 Wii Bowling at Sterling East (WC) 1:15 Mexican Train Dominoes! (AR) DR - Dining Room 2:00 Pokeno & Prizes (AR) 11:30 Wii Sports (WC) 2:15 BINGO (AR) 3:00 "Twisted Stitches" Knitting and 2:30 Open Gym (WC) 3:30 Wheeler High School Musical 3:00 Open Swim (WC) Crocheting Club (CC) LR - Living Room Performance (LR) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 Brain Games! (AR) 3:45 BINGO! (AR) 6:00 Evening Movie "She's Funny That 6:00 Evening Movie "The Unlikely 6:00 Evening Movie Nicolas Sparks' "The Best of Me" WC - Wellness Center Pilgrimage of Harold Fry" (AR) Way" (AR)

## September 2025









on Nicolas Sparks books!

Saturdays Were Made For... Snacks and Relaxing! Join us every Saturday in the Activity Room for a snack and a couple of mysterious episodes from.....

THE TWILIGHT ZONE! Can YOU find Alfred Hitchcock in the episodes?

## **Happy Hour Entertainers**

9/4 Tom and Joni Illi 9/11 Loose Shoes 9/18 Dick Wagoner 9/25 Keith West 7



## Special Outings and Events

9/1 Coffee Bar in the Morning! 9/1 Labor Day Speaker: Don Jordon on Labor Day 9/6 Grandparents' Day Celebration 9/9 Hoagies for Heroes Luncheon

9/10 Technology Tutors for Phones and Tablets 9/10 Music Bingo with Hosts Alexis & Buzz 9/12 Outing - Georgia Safari Park & Lunch

9/14 Sketching with Seniors Art Instruction 9/16 Emory Speaker Dr. Amy Rodriguez

"Mind Matters: Brain Health" 9/19 Current Events with Tim Naccarato

9/21 Outing - "The Producers" at Sandy Springs Performing Arts Center

9/24 Chabad of Cobb Rosh Hashanah Celebration

9/26 Harpsichord & History with Baroque Music 9/26 Trivia Time with Trivia Zone

9/28 Wheeler High School Musical Performance

The Autumn Equinox takes place on Monday, September 22<sup>nd</sup> at 2:19PM

Resident Birthdays Gil Drake 9/5 Ken Costlev 9/10 Margery Macey 9/13 Gracie Pritts 9/16 Joan Crouch 9/16 Caroline Conger 9/17 Kirby Smith 9/18

**Employee Birthdays** Esther O Usiomoifo 9/5 Lacey Harper 9/9 Kathleen Parker 9/20 Louise Stefani 9/27

Chef Appreciation Week Sept 7 - 13



Week

September 14 - 20

The Activity Department will have thank you notes available if you would like to send a thank you to someone on our staf