10:00 ONLINE: EWTN Global 9:30 Sittercise (WC) LOCATION KEY 9:30 Sittercise (WC) Catholic Service "The Daily 10:30 Crafts "String Pull Art" 10:00 Coffee and Conversation Reading" (AR) AR - Activity Room 10:30 Looney Tunes on the Big Screen! (AR) 11:15 Focused Fitness (WC) 10:40 Documentaries "Sunday Best: 11:00 "Musical Favorites from the Past" 1:15 Resident Council Meeting (AR) The Untold Story of Ed Sullivan" (AR) CC - Casual Cafe with Tom Parrott (AR) 2:00 Open Gym (WC) 2:00 BINGO (AR) 11:15 Open Gym (WC) 2:30 Current Events (AR) 3:15 Lemonade on the Front Porch FP - Front Porch 1:00 Open Gym / Open Swim (WC) 3:00 Open Swim (WC) 2:00 Saturday Snack Bar "Ice Cream 4:00 Armchair Travels - The BEST of 4:00 Golden Oldies Music Hour (AR) Sammies" (AR) LR - Living Room Nova Scotia: A Perfect 2 Week RV 3:00 Game Hour! "Bananagrams" (AR) 6:00 Evening Movie "The Right Stuff" Road Trip (AR) 6:00 Evening Movie "LA Confidential" WC - Wellness Center Winner of 2 Oscars! (AR) 6:00 Friday Funnies Movie "Hitch" (AR) Louis Armstrong's Birthday **Neil Armstrong's Birthday** 9:30 Sittercise (WC) 9:30 Sittercise (WC) 9:30 Sittercise (WC) 9:30 Sittercise (WC) 10:00 Holy Family Catholic 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine 10:00 Art Class with Scott (AR) 10:30 Crafts "Make a Floral 10:00 Coffee and Conversation (CC) 9:45 Zumba with Karla (WC) Communion (AR) 10:00 Walking Club (Patio) 10:30 Looney Tunes on the Big 11:15 Caregiver Support Group Placemat" (AR) 10:00 Tuesday Trivia (AR) 11:00 Documentaries "Louis 10:00 Water Aerobics with Christine 10:00 Publix Shopping (Front Lobby) Facilitated by Joel (Shelly's Office) 10:30 OUTING: East Cobb Library Tour / Screen! (AR) 11:00 Bible Study with Joel (AR) Armstrong: Ambassador of Jazz" 10:00 Rummikub Game Time! (AR) 11:00 Sterling Music Series with Thayer! 1:00 Hymns & Hope with Joel (LR) Presentation (AR) 10:30 Monday Morning Coffee & Calendar 2:00 Open Gym (WC) 11:15 Focused Fitness (WC) 11:15 Focused Fitness (WC) 1:00 Open Gym (WC) Undate (AR) 2:00 Pokeno & Prizes (AR) 1:30 Massage Therapy (Appointment 11:15 Open Gym (WC) 2:00 BINGO! (AR) 2:00 Open Gym (WC) 2:00 BINGO (AR) 11:30 Wii Sports (WC) 1:00 Open Gym / Open Swim (WC) 3:00 "Twisted Stitches" Knitting and Required) (WC) 12:45 Happy Tails (LR) 2:00 Open Swim (WC) 2:30 Current Events (AR) 3:15 Lemonade on the Front Porch 2:00 Left, Right, Center Dice Game (AR) 2:00 Saturday Snack Bar "Coke Floats" (AR) Crocheting Club (CC) 3:30 Happy Hour with Music "Sonya Shell 3:00 Open Swim (WC) 2:30 Open Gym (WC) 2:00 Open Gym (WC) 3:00 Game Hour! "Charades" (AR) 3:00 Open Swim (WC) Performs Patsy Cline" (Front Lobby) 4:00 Armchair Travels - 10 Days Hiking the 3:00 Open Swim (WC) 4:00 Leigh Plays Guitar in the Living Room! 3:00 Open Swim (WC) 4:00 Golden Oldies Music Hour (AR) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 Brain Games! (AR) 6:00 Evening Movie "Being There" (1979) Tour de Mont Blanc" (AR) 3:00 Wii Bowling (WC) (Front Lobby) 6:00 Evening Movie "Water for 3:45 BINGO! (AR) 6:00 Evening Movie "Armstrong" The 6:00 Friday Funnies Movie "Deep Cover" 6:00 Evening Movie "The Martian" Nominated 4:00 Musical Bingo! (AR) 6:00 Evening Movie "Just Like Heaven" (AR) Elephants" (AR) Life Story of Neil Armstrong (AR) 6:00 Evening Movie "Let Him Go" (AR) for 7 Academy Awards! (AR) 9:30 Sittercise (WC) 9:30 Sittercise (WC) 10:00 ONLINE: EWTN Global Alfred Hitchcock's Birthday 9:30 Sittercise (WC) 9:30 Sittercise (WC) 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 10:00 OUTING: Booth Museum of 10:00 Coffee and Conversation Catholic Service "The Daily 10:00 Tuesday Trivia (AR) 10:00 Water Aerobics with Christine 10:00 Water Aerobics with Christine 11:15 Caregiver Support Group Western Art and the Appalachian 11:00 Bible Study with Joel (AR) Reading" (AR) Facilitated by Joel (Shelly's Office) Grill (Front Lobby) 10:30 Looney Tunes on the Big Screen! (AR) 10:30 Documentaries: "David 10:30 Monday Morning Coffee & Calendar Update 2:00 Open Gym (WC) 10:30 Crafts "Serene with Willowbrook 10:00 Kroger Shopping (AR) 12:40 Hymns & Hope with Joel (LR) 11:00 "Musical Favorites from the Past" 2:30 Pokeno & Prizes (AR) Attenborough: A Life on Our Planet" 10:00 Rummikub Game Time! (AR) 1:00 Open Gym (WC) Hospice Brings a Suprise Craft" (AR) 11:00 Pop-Up Shop with Accessories from Deb Frank! (Front Lobby) with Tom Parrott (AR) DON'T MISS! (AR) 3:00 "Twisted Stitches" Knitting and 11:15 Focused Fitness (WC) 1:15 Wellness Seminar: Hip and Knee 1:15 Focused Fitness (WC) 11:15 Open Gym (WC) 2:00 BINGO (AR) Crocheting Club (CC) 2:00 Left, Right, Center Dice Game (AR) Replacements (AR) 2:00 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 11:30 Wii Sports (WC) 2:00 BINGO! (AR) 2:30 Current Events (AR) 3:15 Lemonade on the Front Porch (FP) 3:00 Open Swim (WC) 2:00 Open Gym (WC) 2:30 Open Gym (WC) 2:00 Saturday Snack Bar "Popcorn Bar" 3:00 Open Swim (WC) 2:00 Open Swim (WC) 3:00 Open Swim (WC) 3:45 Sketching with Seniors (AR) 3:00 Chef Chat (AR) 4:00 Brain Games! (AR) 3:00 Wii Bowling (WC) 3:30 Happy Hour with Music "Jeni Michelson 4:00 Armchair Travels "Trans Siberian by 3:00 Open Swim (WC) 6:00 Evening Movie "The Blue Angels" 6:00 Evening Movie "Heads of State" 3:00 Game Hour! "Dominoes" (AR) 4:00 Trivia Team Time with Host Ricky 3:00 Weekly Devotions with Jan Watson (CC) on the Piano" (Front Lobby) Private Train" (AR) 6:00 Evening Movie "The Dark Knight Rises" (Documentary) (AR) 6:00 Evening Movie "The Final Countdown" Thein (AR) 6:00 Friday Funnies Movie Time "Identity 3:45 BINGO! (AR) Action-Packed Award-Winning! (AR) 6:00 Evening Movie "Me Before You" (AR) 6:00 Evening Movie "North by Northwest" (AR) (1980) (AR) Thief" (AR) 10:00 Holy Family Catholic "Welcome Aboard" Cruise Day Sterling Cruise Day 3 Sterling Cruise Day 4 Sterling Cruise Day 5 9:30 Sittercise (WC) Sterling Cruise Day 2 10:00 Coffee and Conversation (CC) :30 Sittercise (WC) 30 Sittercise (WC) 9:30 Sittercise (WC) Communion (AR) 9:30 Sittercise (WC) 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 0:00 Water Aerobics with Christine (WC) 10:30 Looney Tunes on the Big Screen! 10:00 Art Class with Scott (AR) 10:30 Crafts "Lotus Flower 10:00 Tuesday Trivia (AR) 11:00 Documentaries "Keeping 10:00 Water Aerobics with Christine (WC) 10:00 Publix Shopping (Front Lobby) 11:15 Caregiver Support Group Suncatcher" (AR) 10:30 Monday Morning Coffee Bar / Pick Up Your 10:00 Rummikub Game Time! (AR) the Faith" About Winston-Salem (AR) 11:00 Bible Study with Joel (AR) 11:00 Sterling Music Series with Thayer! (AR) Facilitated by Joel (Shelly's Office) Passport for the Sterling Cruise! (AR) 11:15 Focused Fitness (WC) 1:15 Focused Fitness (WC) 11:15 Open Gym (WC) 2:00 Open Gym (WC) 2:00 BINGO (AR) 12:40 Hymns & Hope with Joel (LR) 11:15 Alliance of Therapy Dogs - Georgia and Iggy 11:15 OUTING: Landmark Building Ladies Lunch a 2:00 Open Gym (WC) 1:00 Open Gym / Open Swim (WC) 2:00 Pokeno & Prizes (AR) 3:15 Lemonade on the Front Porch (Front Lobby) the Roswell Mill Kitchen (Front Lobby) 1:00 Open Gym (WC) 2:30 Current Events with Tim Naccarato! 2:00 Saturday Snack Bar "Brownie Sundae" (AR) 11:30 Wii Sports (WC) 3:00 "Twisted Stitches" Knitting and 1:15 Wellness Seminar: Age Related Macular 1:30 Massage Therapy (Appointment Required) 3:00 Game Hour! "Charades" (AR) 2:30 Open Gym (WC) 3:00 Open Swim (WC) (WC) 2:00 Left, Right, Center Dice Game (AR) Degeneration (AR) 4:15 Walton High School String Crocheting Club (CC) 4:00 Leigh Plays Guitar in the Living Room! 3:00 Open Swim (WC) 2:00 BINGO! (AR) (Front Lobby) 3:00 Open Swim (WC) Quartet (LR) 3:00 Weekly Devotions with Jan Watson (CC) 2:00 Open Gym (WC) 4:00 Armchair Travels "Viking River Cruise 2:00 Open Swim (WC) 4:00 Watercolor Painting (AR) 4:00 Cruise Cocktails and Mocktails on 3:00 Open Swim (WC) along the Rhone River in France" (AR) 6:00 Evening Movie "The Good 3:30 Happy Hour with Music "Rhythm and 6:00 Evening Movie "South Pacific" Rodgers and 6:00 Evening Movie "The Departed" Winner of 4 3:00 Wii Bowling (WC) the Lido Deck! (Front Lobby) 6:00 Friday Funnies Movie Time "The Way Shepherd" (AR) Rouge" (Front Lobby) Academy Awards (AR) Hammerstein (AR) 4:00 Music and Lyrics! (AR) Way Back" (AR) 6:00 Evening Movie "Titanic" (AR) 6:00 Evening Movie "Moby Dick" (1956) (AR) 6:00 Evening Movie "The Poseidon Adventure" (AR) 10:00 ONLINE: EWTN Global 9:30 Sittercise (WC) 9:45 Zumba with Karla (WC) 9:30 Sittercise (WC) 9:30 Sittercise (WC) College Team Spirit Day 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine 10:00 Walking Club (Patio) 10:00 Tuesday Trivia (AR) 9:30 Sittercise (WC) 10:00 Coffee and Conversation Catholic Service "The Daily 10:00 Art Class with Scott (AR) 10:30 Crafts "Mason Jar Fireflies" 0:00 Water Aerobics with 10:00 Podiatrist Visit (Sign Up 11:15 Caregiver Support Group Christine (WC) Required) (WC) 10:00 Kroger Shopping (AR) 10:30 Looney Tunes on the Big Screen! (AR) 1:00 Documentaries "The Secrets of Facilitated by Joel (Shelly's Office) 10:00 Rummikub Game Time! (AR) 11:15 Focused Fitness (WC) 10:30 Monday Morning Coffee & Calendar 11:00 "Musical Favorites from the Past" 11:00 Bible Study with Joel (AR) the Kremlin: Putin's Palace" (AR) 1:00 Hymns & Hope with Joel (LR) 11:00 Sweet Spirit Singers (LR) 2:00 Open Gym (WC) 12:45 Wii Bowling Tournament: Outing to Update (AR) with Tom Parrott (AR) 2:00 BINGO (AR) 1:00 Open Gym (WC) 2:00 Ice Cream Truck! (FP) 11:15 Focused Fitness (WC) 11:30 Wii Sports (WC) Sterling West 11:15 Open Gym (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 BINGO! (AR) 3:15 Lemonade on the Front Porch (FP) 2:30 Current Events (AR) 1:00 Open Gym / Open Swim (WC) 2:30 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 2:00 Open Gym (WC)
3:00 "The Bibliophiles" Book Club (CC) 3:00 Open Swim (WC) 4:15 Wheeler High School Musical 2:00 Open Swim (WC) 3:00 "Twisted Stitches" Knitting and 2:00 Saturday Snack Bar "Root Beer 3:00 Open Swim (WC) 4:00 Armchair Travels "Inside The Canary Program (LR) 3:45 Happy Hour with Bill Gleeson 3:00 Weekly Devotions with Jan Watson Crocheting Club (CC) Floats" (AR) 3:00 Open Swim (WC) Islands Incredible And Varied Landscape" 6:00 Evening Movie "The Deepest Singing Sinatra! (Front Lobby) 4:00 New Resident Social (AR) 3:00 Game Hour! "Yamslam" (AR) 3:00 Wii Bowling (WC) Breath" (AR) 6:00 Evening Movie "Grace of Monaco" (AR) 6:00 Evening Movie "Dark Passage" 3:45 BINGO! (AR) 6:00 Evening Movie "The Woman in Cabin 4:00 Line Dancing! (AR) 6:00 Friday Funnies Movie Time "Bewitched" 6:00 Evening Movie "Crazy Rich Asians" (AR) (1947) (AR) 10" (AR) 6:00 Evening Movie "The Last Rifleman" (AR) August 2025 **Activity and Social Calendar**

The Bibliophiles August Selection



4.2 stars on Goodreads!

A non-fiction thriller about the pivotal five months between the election of Abraham Lincoln and the start of the Civil War—a slowburning crisis that finally tore a deeply divided nation in two.

Read with us! Book Discussion on 8/27



All Aboard the
SS Sterling! Your cruise around
the world starts on
Monday, the 18th!
Pick up your passport
in the Activity Room and enjoy a
coffee at our coffee bar at 10:30!



August Am

Landmark Building Residents

Special Outings and Events

OUTING: East Cobb Library Tour - 8/8 *Let's Go Sign Up for a Library Card and Get Familiar with the Local Library! Sketching with Seniors - "Watercolors" - 8/10 Accessories Pop-Up Shop in Lobby - 8/11 Professionally Hosted Trivia! - 8/13 Wellness Seminar: Hip & Knee Replacements - 8/14 OUTING: Booth Museum of Western Art - 8/15 Walton High School Quartet - 8/17 Wellness Seminar: Macular Degeneration - 8/21 Wheeler High School Music - 8/24 Sterling Cruise Week! - 8/18 - 8/22 Pop-up Cruise Cocktails and Mocktails 8/19 Landmark Ladies Luncheon in Roswell - 8/20 Current Events with Tim Naccarato - 8/22 **Sweet Spirit Gospel Singers 8/27** Ice Cream Truck! 8/29

Thursday Happy Hours



Sonya Shell Performs Patsy Cline - 8/7 Jeni Michelson on the Piano - 8/14 Rhythm and Rouge - 8/21 Bill Gleeson Sings Sinatra - 8/28



Resident Birthdays



Larry Miller 8/5
Doris Barbee 8/10
Angel Williamson 8/11
Frank Castagnaro 8/16
Mel Less 8/17
Jack Broman 8/17
LaDell Sanders 8/29

Employee Birthdays



Yasmin Fernandez 8/8 Clara Maldonado 8/12 Lisdawati Latthanavong 8/18 Will Simril 8/19 Ure Ogbuwa 8/28 Elvira Zarate Palacios 8/28 Ashlee Rankins 8/30

Your Activities Department has a large variety of onsite programs to suit everyone! Come do something you love or try something new!

We offer:

Art Classes, Fitness Classes, Music Classes, Brain Games, Bible Study, Spiritual Events, Game Times, Happy Hours, a Book Club, a Knitting/Crocheting Club, Evening Movies, BINGO, Social Hours, and much more!

Take a look at your calendar every day!