

SUN	MON	TUE	WED	THUR	FRI	SAT
		9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:00 AM Facials in the Wellness Center (WC) 9:30 AM Sit-and-Tone (WC) 10:30 AM Catholic Communion Service (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 1:30 PM Wii Bowling Tournament at Sterling East (LFL) 3:00 PM Stretch and Relaxation Class (WC)	9:00 AM Yoga (WC) 9:30 AM Shopping: Walmart (LFL) 9:30 AM Sit-and-Tone (WC) 10:00 AM Support Group (SL) 10:00 AM Massage Therapy is Back (WC) 11:00 AM Beginner Mahjong Class (HC) 11:00 AM Parkinson's Exercise Class (WC) 2:00 PM Water Aerobics (WC) 2:00 PM Art Club (HAS) 3:00 PM Knit & Crochet Club (SL) 3:00 PM Stretch and Relaxation Class (WC) 4:00 PM Hymns & Hope w/ Joel (LFL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) 10:00 AM Armchair Traveling (LAR) 11:00 AM Sterling Bridge Club (HMR) 2:30 PM Hand & Foot Card Game (HMR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Happy Hour with Live Music (LFL)	Independence Day 9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) 11:00 AM Fourth of July Celebration with Butch Reeves (LFP) 1:00 PM History Club with David Strand (LAR) 2:00 PM Popsicles on the Porch (LFP) 2:30 PM Dominos (HMR) 3:00 PM Stretch and Relaxation Class (WC) 5:45 PM Game Night (LDR) 7:00 PM Marietta Square Fireworks (HC)	9:00 AM Power Up (WC) 9:30 AM Bocce Game (BBC) 9:30 AM Sit-and-Tone (WC) 10:00 AM Bocce Game (BBC) 10:00 AM Brain Games (LAR) 10:30 AM Giant Crossword (LAR) 11:00 AM Bocce Game (BBC) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Golden Oldies Music Hour (LAR) 6:00 PM Game Night (LAR)
Ashura 10:45 AM Sterling Church Service (LAR) 11:00 AM First Presbyterian Church of Marietta (HMR) 1:00 PM Mystery Trivia (LFL) 3:00 PM Sunday Social with Refreshments (LAR) 3:30 PM Music Bingo (LAR)	9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) 10:00 AM Sterling Bible Study (HMR) 11:00 AM Sterling Scholars-Guest Lecturer-Thayer Naples (LAR) 1:30 PM Let's Play Mahjong! (SL) 1:30 PM Poker Club (HMR) 2:00 PM Water Aerobics (WC) 2:00 PM Gadget Gal Explains! (HMR) 3:00 PM Bocce Game (BBC) 3:00 PM Stretch and Relaxation Class (WC) 4:00 PM Bocce Game (BBC) 6:00 PM Line Dancing with Nurse Laura (SL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) 10:30 AM Catholic Communion Service (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 3:00 PM Meet Your Neighbor (LAR) 3:00 PM Stretch and Relaxation Class (WC) 4:00 PM Team Trivia (SL) 7:00 PM Widow Support Group w/ Trudy Green (LAR)	9:00 AM Yoga (WC) 9:30 AM Shopping: Kroger (LFL) 9:30 AM Sit-and-Tone (WC) 10:00 AM Support Group (SL) 10:00 AM Who, What, Where? Guessing Game (LAR) 10:30 AM On-site Jewelry Repair (LFL) 11:00 AM Beginner Mahjong Class (HC) 11:00 AM Parkinson's Exercise Class (WC) 12:00 PM Lunch and a Lecture! (HC) 1:00 PM Afternoon Shopping: Aldi (LFL) 2:00 PM Water Aerobics (WC) 2:00 PM Art Club (HAS) 3:00 PM Knit & Crochet Club (SL) 3:00 PM Stretch and Relaxation Class (WC) 4:00 PM Hymns & Hope w/ Joel (LFL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) 10:00 AM Armchair Traveling (LAR) 11:00 AM Sterling Bridge Club (HMR) 2:30 PM Hand & Foot Card Game (HMR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Happy Hour with Live Music (LFL)	9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) 9:30 AM Fun Friday Outing: Atlanta Monetary Museum (LFL) 10:00 AM Relax & Paint with Taylor and Amy (LAR) 1:00 PM History Club with David Strand (LAR) 2:00 PM Ice Cream Social (LAR) 2:30 PM Dominos (HMR) 3:00 PM Stretch and Relaxation Class (WC) 5:45 PM Game Night (LDR)	9:00 AM Power Up (WC) 9:30 AM Sit-and-Tone (WC) 10:00 AM Brain Games (LAR) 10:30 AM Giant Crossword (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Golden Oldies Music Hour (LAR) 6:00 PM Game Night (LAR)
10:45 AM Sterling Church Service (LAR) 11:00 AM First Presbyterian Church of Marietta (HMR) 1:00 PM Mystery Trivia (LFL) 3:00 PM Sunday Social with Refreshments (LAR) 3:00 PM Piano Performance with Kailee Helton (LFL) 3:30 PM Music Bingo (LAR) 4:00 PM New Resident Social (HC)	9:00 AM Yoga (WC) 9:00 AM Podiatrist (WC) 9:30 AM Sit-and-Tone (WC) 10:00 AM Sterling Bible Study (HMR) 11:00 AM Sterling Scholars-Guest Author-Natalie Silver (LAR) 1:30 PM Let's Play Mahjong! (SL) 1:30 PM Poker Club (HMR) 2:00 PM Water Aerobics (WC) 3:00 PM July Documentary Series (LAR) 3:00 PM Stretch and Relaxation Class (WC) 6:00 PM Line Dancing with Nurse Laura (SL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) 10:30 AM Catholic Communion Service (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 3:00 PM Stretch and Relaxation Class (WC) 5:00 PM Casino Night Theme Dinner (HC)	9:00 AM Yoga (WC) 9:30 AM Shopping: Walmart (LFL) 9:30 AM Sit-and-Tone (WC) 10:00 AM Support Group (SL) 10:00 AM Massage Therapy is Back (WC) 11:00 AM Beginner Mahjong Class (HC) 11:00 AM Parkinson's Exercise Class (WC) 2:00 PM Water Aerobics (WC) 2:00 PM Page Turners' Book Club (HMR) 3:00 PM Knit & Crochet Club (SL) 3:00 PM Stretch and Relaxation Class (WC) 4:00 PM Hymns & Hope w/ Joel (LFL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) 10:00 AM Armchair Traveling (LAR) 11:00 AM Music Hour w/ Barry (LFL) 11:00 AM Sterling Bridge Club (HMR) 2:30 PM Hand & Foot Card Game (HMR) 3:00 PM Stretch and Relaxation Class (WC)	9:00 AM Yoga (WC) 9:00 AM Fun Friday Outing: World of Coke (LFL) 9:30 AM Sit-and-Tone (WC) 1:00 PM History Club with David Strand (LAR) 2:00 PM Ice Cream Social (LAR) 2:30 PM Dominos (HMR) 3:00 PM Stretch and Relaxation Class (WC) 5:45 PM Game Night (LDR)	9:00 AM Power Up (WC) 9:30 AM Sit-and-Tone (WC) 10:00 AM Brain Games (LAR) 10:30 AM Giant Crossword (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Golden Oldies Music Hour (LAR) 6:00 PM Game Night (LAR)
10:45 AM Sterling Church Service (LAR) 11:00 AM First Presbyterian Church of Marietta (HMR) 1:00 PM Mystery Trivia (LFL) 3:00 PM Sunday Social with Refreshments (LAR) 3:00 PM St. James Episcopal Church (LFL) 3:30 PM Music Bingo (LAR)	9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) 10:00 AM Sterling Bible Study (HMR) 11:00 AM Sterling Scholars (LAR) 1:30 PM Let's Play Mahjong! (SL) 1:30 PM Poker Club (HMR) 2:00 PM Water Aerobics (WC) 2:00 PM Gadget Gal Workshop (HMR) 3:00 PM July Documentary Series (LAR) 3:00 PM Stretch and Relaxation Class (WC) 6:00 PM Line Dancing with Nurse Laura (SL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) 10:30 AM Catholic Communion Service (LAR) 12:00 PM Live Music Bingo at Lunch (HC) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 1:30 PM Wii Bowling Tournament at Sterling West (WC) 3:00 PM Meet Your Neighbor (LAR) 3:00 PM Stretch and Relaxation Class (WC)	9:00 AM Yoga (WC) 9:30 AM Shopping: Publix (LFL) 9:30 AM Sit-and-Tone (WC) 10:00 AM Support Group (SL) 10:00 AM Who, What, Where? Guessing Game (LAR) 11:00 AM Beginner Mahjong Class (HC) 11:00 AM Parkinson's Exercise Class (WC) 1:00 PM Afternoon Shopping: TJ Maxx (LFL) 2:00 PM Water Aerobics (WC) 2:00 PM Art Club (HAS) 3:00 PM Knit & Crochet Club (SL) 3:00 PM Stretch and Relaxation Class (WC) 4:00 PM Hymns & Hope w/ Joel (LFL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) 10:00 AM Silly Bean Auction (LAR) 11:00 AM Sterling Bridge Club (HMR) 2:30 PM Hand & Foot Card Game (HMR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Happy Hour with Live Music (LFL)	9:00 AM Audiologist (WC) 9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) 10:00 AM Relax & Paint with Taylor and Amy (LAR) 10:30 AM Fun Friday Outing: Trip to the Movies! (LFL) 1:00 PM History Club with David Strand (LAR) 2:00 PM Guess Who's Who (LAR) 2:30 PM Dominos (HMR) 3:00 PM Stretch and Relaxation Class (WC) 5:45 PM Game Night (LDR)	9:00 AM Power Up (WC) 9:30 AM Sit-and-Tone (WC) 10:00 AM Brain Games (LAR) 10:30 AM Giant Crossword (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Golden Oldies Music Hour-w/ Kailee Helton on the Piano (LFL) 6:00 PM Game Night (LAR)
10:45 AM Sterling Church Service (LAR) 11:00 AM First Presbyterian Church of Marietta (HMR) 1:00 PM Sunday Matinee: Ferris Bueller's Day Off (LAR) 3:30 PM Music Bingo (LAR)	9:00 AM Yoga (WC) 9:30 AM Sit-and-Tone (WC) 10:00 AM Sterling Bible Study (HMR) 11:00 AM Sterling Scholars (LAR) 1:30 PM Let's Play Mahjong! (SL) 1:30 PM Poker Club (HMR) 2:00 PM Water Aerobics (WC) 3:00 PM July Documentary Series (LAR) 3:00 PM Stretch and Relaxation Class (WC) 6:00 PM Line Dancing with Nurse Laura (SL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:00 AM Men's Breakfast (HC) 9:30 AM Sit-and-Tone (WC) 10:30 AM Catholic Communion Service (LAR) 1:00 PM Rummikub (SL) 1:30 PM Bingo (LAR) 3:00 PM Stretch and Relaxation Class (WC) 4:30 PM Dinner Club Goes Out! (HC)	9:00 AM Yoga (WC) 9:30 AM Shopping: Walmart (LFL) 9:30 AM Sit-and-Tone (WC) 10:00 AM Support Group (SL) 10:00 AM Massage Therapy is Back (WC) 11:00 AM Beginner Mahjong Class (HC) 11:00 AM Parkinson's Exercise Class (WC) 2:00 PM Water Aerobics (WC) 2:00 PM Art Club (HAS) 3:00 PM Knit & Crochet Club (SL) 3:00 PM Stretch and Relaxation Class (WC) 4:00 PM Hymns & Hope w/ Joel (LFL)	9:00 AM Power Up (WC) 9:00 AM Aqua Power (Pool) 9:30 AM Sit-and-Tone (WC) 10:00 AM Armchair Traveling (LAR) 11:00 AM Sterling Bridge Club (HMR) 1:00 PM Birthday Party! (HC) 2:30 PM Hand & Foot Card Game (HMR) 3:00 PM Stretch and Relaxation Class (WC) 3:30 PM Happy Hour with Live Music (LFL)	LOCATION KEY BBC - Bocce Ball Court HAS - Hampton Art Studio HC - Hampton Club HMR - Hampton Media Room LAR - Landmark Activity Room	LDR - Landmark Dining Room LFL - Landmark Front Lobby LFP - Landmark Front Porch SL - Stratford Lounge WC - Wellness Center Pool - Wellness Center Pool

July 2025

Cottage & Apartment Special Events
3165 Dallas Hwy, Marietta, GA 30064 770-255-7000





July 4th Celebration

Butch Reeves will be here with a special performance for July 4th! Wear your best red, white, and blue!

Friday, July 4th at 11 AM
on the Landmark Front Porch

NEW RESIDENT SOCIAL

Calling all residents!
Come get to know your neighbors and your neighborhood with some fun and games at our summer social!

Sunday, July 13th, 4-6 PM in the Hampton Club. Food and drinks provided!

LIVE MUSIC BINGO... AT LUNCH!

We will be introducing new fun at Hampton Lunch! This month we will have an interactive session of music bingo with special guest musician Kailee Helton!

Tuesday, July 22nd at 12 PM!

RSVP in the Hampton Media Room
Join us for a good time and a good meal!

STERLING ON THE GO!

7/4 - MARIETTA SQUARE FIREWORKS

7/11 - ATLANTA MONEY MUSEUM

7/18 - WORLD OF COKE

7/25 - TRIP TO THE MOVIES

7/29 - DINNER CLUB GOES TO CANOE

"July is a blind date with summer."
-Hal Borland

CASINO

THEME DINNER

**TAKE YOUR CHANCES
AND JOIN US IN THE
HAMPTON CLUB FOR
A HIGH ROLLING
GOOD TIME!**

TUESDAY, JULY 15TH
DRINK SERVICE STARTS AT 5 PM



LIVE ENTERTAINMENT!

7/3 - Brandon Crocker
7/4 - Butch Reeves for July 4th Celebration
7/10 - Loose Shoes at Happy Hour
7/15 - Val Miller and Jim Coots
at Casino Night Theme Dinner
7/17 - Music Hour with Barry (LFL)
7/22 - Kailee Helton at Live Music Bingo lunch
7/24 - Sara Davies at Happy Hour
7/31 - Gil Caro at Happy Hour

MARIETTA SQUARE FIREWORKS DISPLAY

Join me the night of July 4th as we take a trip over to the Marietta Square for their fireworks display. Sign up in the Hampton Media Room. We will depart from the Hampton Club at 7 PM

TEAM TRIVIA

SAME GAME, NEW LOCATION!
Meet me in the Stratford Lounge for Team Trivia this month! 4 PM, Tues July 8th. Sign up in the Hampton Media Room.

JULY BIRTHDAYS:

7/1 - ELSA MULTER
7/1 - INGA LIPP
7/3 - BARBARA LEWIS
7/3 - LAURETTE LANDRY
7/5 - NANCY BOONE
7/6 - JAN HAGENBAUGH
7/9 - RICHARD SMALL
7/10 - CARTER MILLER
7/11 - BETTY PADDEN
7/14 - PEGGY KILPATRICK
7/15 - MARY ANN MOORE
7/20 - SUSAN SCHINE
7/22 - GREG MIKKELSEN
7/25 - BARBARA SORENSON
7/27 - PHYLLIS WADDLE
7/27 - DON SKIBA

Join us on July 31st at 1 PM for our birthday party in the Hampton Club