

| SUN | MON | TUE | WED | THUR | FRI | SAT | |
|---|--|--|---|---|--|--|---|
| | | 9:30 Sittercise (WC) 10:00 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 1:30 Wii Bowling at Sterling East (WC) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (CC) 4:00 Golden Oldies Karaoke Singalong! (AR) 6:00 Evening Movie "Footloose" (1984) (AR) | 1 World UFO Day 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Publix Shopping (Front Lobby) 10:00 Rummikub Game Time! (AR) 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 Open Gym (WC) 2:00 Speaker: Andrew Kurt - "The History of Beer" (AR) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Wednesday Series! "The Men Who Built America-The New Machine" (AR) 6:00 Evening Movie "Contact" 1997 (AR) | 2 9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 11:15 Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Tom and Joni Illi (Front Lobby) 6:00 Evening Movie "To Have and Have Not" by Ernest Hemingway (AR) | 3 Independence Day 9:30 Sittercise (WC) 10:30 Crafts "Ribbon Flag Wands" (AR) 11:15 Patriotic Comedy Sketches by Nate Bargatze as George Washington (AR) 11:15 Focused Fitness (WC) 11:30 On the Big Screen: The Mormon Tabernacle Choir and US Military Band at West Point Present "Fourth of July Special- Live at West Point" (AR) 12:00 Fourth of July Cookout! (BP) 2:00 Open Gym (WC) 3:30 Patriotic Singalong and Social with Gretchen (Front Porch Weather Permitting) 6:00 Fourth of July Special! "The Patriot" Starring Mel Gibson (AR) | 4 9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 2:00 Saturday Snack Bar (AR) 3:00 Game Hour: UNO! (AR) 4:00 Armchair Travels "Boston's Freedom Trail - Inside America's Best Revolutionary War District" (AR) 6:00 Evening Movie "Independence Day" Nominated for 2 Academy Awards! (AR) | |
| 10:00 Holy Family Catholic Communion (AR) 11:00 Documentaries "Ken Burns' - The Statue of Liberty" (AR) 2:00 BINGO (AR) 3:15 Lemonade on the Porch (Weather Permitting!) (FP) 4:00 Golden Oldies Music Hour (AR) 6:00 Evening Movie "Hitchcock" Starring Anthony Hopkins and Helen Mirren. (AR) | 6 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 10:00 Water Aerobics with Christine (WC) 10:30 Monday Morning Coffee & Calendar Update (AR) 11:30 Wii Sports (WC) 12:45 Happy Tails (LR) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 BINGO (AR) 6:00 Evening Movie "The Producers" (2005) (AR) | 7 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 10:00 Water Aerobics with Christine (WC) 10:30 Monday Morning Coffee & Calendar Update (AR) 11:30 Wii Sports (WC) 12:45 Happy Tails (LR) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 BINGO (AR) 6:00 Evening Movie "The Producers" (2005) (AR) | 8 9:30 Sittercise (WC) 10:00 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 12:00 POP-UP SHOP: Summer Accessories from Tara (Front Lobby) 2:00 Open Gym (WC) 2:30 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (CC) 3:00 Open Swim (WC) 4:00 Musical Bingo! BEATLES! (AR) 6:00 Evening Movie "Ken Burns' The Dust Bowl Part 1" (AR) | 9 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Kroger Shopping (AR) 10:00 Rummikub Game Time! (AR) 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 1:30 Massage Therapy (Appointment Required) (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Brain Fitness! "Crossword on the Big Screen!" (AR) 6:00 Evening Movie "Ken Burns' The Dust Bowl Part 2" (AR) | 10 9:30 Yoga (Landmark Building Residents) (WC) 10:00 Art Class with Scott (AR) 11:15 Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Craig Gleeson (Front Lobby) 6:00 Evening Movie "Coogan's Bluff" (AR) | 11 9:30 Sittercise (WC) 10:30 Surprise Craft from Kelly at Longleaf Hospice (AR) 11:15 Focused Fitness (WC) 1:15 Resident Council Meeting (AR) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels World's Most Scenic Railway Journeys "The Rocky Mountaineer: Denver to Moab with Bill Nighy (AR) 6:00 Friday Funnies Movie "The Odd Couple" (AR) | 12 9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 Sterling Music Series with Thayer! (AR) 11:15 Open Gym (WC) 2:00 Saturday Snack Bar (AR) 3:00 Game Hour! YAMSLAM! (AR) 4:00 Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 Evening Movie "Walk the Line" (2005) (AR) |
| 10:00 ONLINE: EWTN Global Catholic Service "The Daily Reading" (AR) 11:00 Documentaries "Becoming Princess Diana" (AR) 2:00 BINGO (AR) 3:15 Lemonade on the Porch (Weather Permitting!) (FP) 4:00 Games with Friends: Resident Choice! (AR) 6:00 Evening Movie "True Grit" (1969) (AR) | 13 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 10:00 Water Aerobics with Christine (WC) 10:30 Monday Morning Coffee & Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Chef Chat (AR) 3:00 Open Swim (WC) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 BINGO (AR) 6:00 Evening Movie "The Leopard" (1963) Starring Burt Lancaster (AR) | 14 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 10:00 Water Aerobics with Christine (WC) 10:30 Monday Morning Coffee & Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Chef Chat (AR) 3:00 Open Swim (WC) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 BINGO (AR) 6:00 Evening Movie "The Leopard" (1963) Starring Burt Lancaster (AR) | 15 9:45 Zumba with Carla **NEW CLASS (WC) 10:00 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (CC) 3:00 Open Swim (WC) 4:00 Name that TV Show or Movie or Commercial! (AR) 6:00 Evening Movie "Hidalgo" (AR) | 16 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Publix Shopping (Front Lobby) 10:00 Rummikub Game Time! (AR) 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Brain Fitness! (AR) 6:00 Evening Movie "The Intern" (AR) | 17 9:30 Yoga (Landmark Building Residents) (WC) 10:00 Art Class with Scott (AR) 11:15 Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Randy Barnes Tickling the Ivories! (Front Lobby) 6:00 Evening Movie "12 Angry Men" (AR) | 18 9:30 Sittercise (WC) 10:30 Crafts "Decorate Your Own Craft/Painting Apron" (AR) 11:15 Focused Fitness (WC) 2:00 Open Gym (WC) 2:30 SPEAKER: Tim Naccarato on Updates to Criminal and Constitutional Laws (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels - Wonders of Vietnam - Where Time Flows Differently (AR) 6:00 Friday Funnies Movie "The Bangor Sisters" (AR) | 19 9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 Open Gym (WC) 2:00 Saturday Snack "Fun Pudding Snack!" (AR) 3:00 GAMES: Dominoes (AR) 4:00 Watercolor Flamingo Step By Step (AR) 6:00 Evening Movie "The Theory of Everything" Oscar Winner! (AR) |
| National Ice Cream Day 10:00 Holy Family Catholic Communion (AR) 11:00 Documentaries "The Mystery of Chaco Canyon" (in New Mexico) (AR) 2:00 BINGO (AR) 3:15 Lemonade on the Porch (Weather Permitting!) (FP) 4:00 Golden Oldies Music Hour (AR) 6:00 Evening Movie "Jaws" (1975) (AR) | 20 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 10:00 Water Aerobics with Christine (WC) 10:30 Monday Morning Coffee & Calendar Update (AR) 11:15 Alliance of Therapy Dogs - Georgia and Iggy! (Front Lobby) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 BINGO (AR) 6:00 Evening Movie "Tick, Tick....Boom" Nominated for 2 Oscars! (AR) | 21 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 10:00 Water Aerobics with Christine (WC) 10:30 Monday Morning Coffee & Calendar Update (AR) 11:15 Alliance of Therapy Dogs - Georgia and Iggy! (Front Lobby) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 BINGO (AR) 6:00 Evening Movie "Tick, Tick....Boom" Nominated for 2 Oscars! (AR) | 22 9:30 Sittercise (WC) 10:00 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 2:00 Open Gym (WC) 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (CC) 3:00 Open Swim (WC) 4:00 New Resident Social (AR) 6:00 Evening Movie "The World's Fastest Indian" Starring Anthony Hopkins (AR) | 23 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Kroger Shopping (AR) 10:00 Rummikub Game Time! (AR) 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 1:30 Massage Therapy (Appointment Required) (WC) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 Candy Dice Game with Serene from Willowbrook Hospice (AR) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Brain Fitness! (AR) 6:00 Evening Movie "The Laundromat" (AR) | 24 9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 11:15 Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 4:00 Low Country Boil Dinner with Live Music from Home by 10! (BP) 6:00 Evening Movie "The Good, the Bad and the Ugly" (1967) (AR) | 25 9:30 Sittercise (WC) 10:00 OUTING: Library / Dollar Tree (Meet in Front Lobby) 10:30 Crafts "Paint Your Own Wood Tray" (AR) 11:15 Focused Fitness (WC) 1:00 OUTING: Summer Blockbuster Movie! Jurassic World Rebirth (Front Lobby) 2:00 Open Gym (WC) 2:30 Current Events (AR) 3:00 Open Swim (WC) 4:00 Armchair Travels Historic Walking Tour of Entire Duke of Gloucester Street in Colonial Williamsburg, Virginia (AR) 6:00 Friday Funnies Movie "Keeping Mum" (AR) | 26 9:30 Sittercise (WC) 10:00 Coffee and Conversation (CC) 11:00 Sterling Music Series with Thayer! (AR) 11:15 Open Gym (WC) 2:00 Saturday Snack Bar (AR) 3:00 Game Hour! TUMBLING TOWER (AR) 4:00 Leigh Plays Guitar in the Living Room! (Front Lobby) 6:00 Evening Movie "Soul Surfer" a True Story! (AR) |
| 10:00 ONLINE: EWTN Global Catholic Service "The Daily Reading" (AR) 11:00 Documentaries "Sharkwater" Award Winning! (AR) 2:00 BINGO (AR) 3:15 Lemonade on the Porch (Weather Permitting!) (FP) 4:00 Games with Friends: Resident Choice! (AR) 6:00 Evening Movie "Dr. Zhivago" Winner of 5 Oscars! (AR) | 27 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 10:00 Water Aerobics with Christine (WC) 10:30 Monday Morning Coffee & Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 BINGO (AR) 6:00 Evening Movie "A Star is Born" (2018) Nominated for 8 Academy Awards (AR) | 28 9:30 Sittercise (WC) 10:00 Walking Club (Patio) 10:00 Water Aerobics with Christine (WC) 10:30 Monday Morning Coffee & Calendar Update (AR) 11:30 Wii Sports (WC) 2:30 Open Gym (WC) 3:00 Open Swim (WC) 3:00 Weekly Devotions with Jan Watson (CC) 4:00 BINGO (AR) 6:00 Evening Movie "A Star is Born" (2018) Nominated for 8 Academy Awards (AR) | 29 9:45 Zumba with Carla **NEW CLASS (WC) 10:00 Tuesday Trivia (AR) 11:00 Bible Study with Joel (AR) 12:45 Wii Bowling Tournament: Outing to Sterling West 2:00 Pokeno & Prizes (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club (CC) 4:00 Name that Lyric! (AR) 6:00 Evening Movie "Capote" Nominee for Best Picture of the Year (AR) | 30 9:30 Sittercise (WC) 10:00 Water Aerobics with Christine (WC) 10:00 Rummikub Game Time! (AR) 11:00 Landmark Building Ladies Lunch at the Roswell Mill Kitchen (Front Lobby) 11:15 Focused Fitness (WC) 1:00 Piano with Dixie (LR) 2:00 Left, Right, Center Dice Game (AR) 2:00 Open Gym (WC) 3:00 "The Bibliophiles" Book Club (CC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Brain Fitness! (AR) 6:00 Evening Movie "The Last of the Mohicans" (AR) | 31 9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 11:15 Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 Hymns & Hope with Joel (LR) 1:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Swim (WC) 3:30 Happy Hour with Loose Shoes! (Front Lobby) 6:00 Evening Movie "The Postman Always Rings Twice" (AR) | LOCATION KEY AR - Activity Room BP - Back Patio CC - Casual Cafe FP - Front Porch LR - Living Room | WC - Wellness Center |

July Book of the Month



A Goodreads
Choice Award Book
Rated 4.33 stars!
Book discussion on
July 30th!

Speakers!

Professor Andrew
Kurt will speak on
“The History of Beer”
on July 2nd!



Tim Naccarato,
former Vietnam
veteran and Army
lawyer will speak on
July 18th about
“Criminal and
Constitutional Laws”



Landmark Building Residents



4th of July Activities!

10:30 am Flag Wand Craft

11:15 am On the Big Screen: Nate
Bargatze Comedy Sketches and
The Tabernacle Choir and US Military
Band perform at West Point

12:00 Noon BBQ on the Back Patio

3:30pm Patriotic Singalong with
Gretchen and 4th of July treats
on the front porch!

6:00PM Evening Movie: **The Patriot**
starring Mel Gibson



Happy Hour Entertainers!

7/3 Tom and Joni Illi

7/10 Craig Gleeson

7/17 Randy Barnes (our Liberace!)

7/24 *Low Country Boil with “Home By 10!”

7/31 Loose Shoes



HAPPY BIRTHDAY!

Resident Birthdays

Kay Bolton 7/2

Nancy Moser 7/3

Diane Chapin 7/6

Carolyn Axt 7/8

Gerry Winstead 7/10

Ed Waters 7/12

Barbara Oliver 7/13

Helen Coulon 7/16

Michael Williamson 7/22

Liz Durhan 7/23

Randy Sanders 7/25

Lynda Watts 7/27

Fred Young 7/30



Employee Birthdays

Rickell Milner 7/1

Rachel Lott 7/2

Tyra Carter 7/3

Juliette Mitchell 7/7

Dayana Cudilleiro Garcia 7/8

Nasir Andrews 7/21

Venus Perez 7/22

Estelle Moss 7/24

John Swaby 7/29