

SUN	MON	TUE	WED	THUR	FRI	SAT
October is National Chili Month!	The World Series begins on October 25th!	10:30 AM Cottage Sittercise (WC) 1 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 4:00 PM "Name That Tune" (AR) 6:00 PM Evening Movie "Gifted" (AR)	Rosh Hashanah 10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 2 10:30 AM Cottage Sittercise (WC) 11:00 AM Games: Pictionary! (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 2:00 PM Vaccine Clinic by Guardian Pharmacy (AR) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL)	10:00 AM Art Class with Scott (AR) 3 10:00 AM Mocha My Day Coffee Truck (FP) 10:30 AM Cottage Sittercise (WC) 11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Randy Barnes "Tickling the Ivories" (Front Lobby) 6:00 PM Evening Movie "Planet of the Apes" 1968 (AR)	Rosh Hashanah Ends 10:30 AM Cottage Sittercise (WC) 4 11:15 AM Focused Fitness (WC) 1:15 PM OUTING: Movie- "Reagan" Time TBD (O) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:45 PM Rosh Hashanah Celebration and Shofar Blowing (AR) 4:15 PM Armchair Travels "Show/Tell Bring Pictures of YOUR Favorite Vacation!" (AR) 6:00 PM Friday Funnies Movie Time "Snow Dogs" (AR)	10:00 AM Coffee and Conversation (CC) 5 10:30 AM Cottage Sittercise (WC) 11:00 AM Sterling Music Series with Thayer Naples (AR) 11:15 AM Open Gym/Open Swim (WC) 12:00 PM FOOTBALL! Mizzou (11) v Texas A&M (24) (AR) 2:00 PM Saturday Snack Bar "Ice Cream and Oreos" (AR) 4:00 PM Game: Tumbling Tower! (AR) 6:00 PM Evening Movie "Slumdog Millionaire" Winner of 8 Academy Awards (AR)
9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 6 10:00 AM Holy Family Catholic Communion (AR) 11:00 AM Documentaries "Alexander Hamilton the Key to America" AND "Welcome to Alexander Hamilton's Birthplace" (AR) 2:00 PM BINGO (AR) 3:00 PM Eight Week Series: "The Chosen" Episode 1 (AR) 4:00 PM Games with Friends: Resident Choice! (AR) 6:00 PM Evening Movie "About a Boy" (AR)	10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 7 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 PM Open Gym (WC) 2:30 PM Brain Fitness "WORDLE" (AR) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "Made of Honor" (AR)	10:30 AM Cottage Sittercise (WC) 8 11:00 AM Bible Study with Joel (AR) 11:00 AM "Cottage Ladies Who Lunch" 1920 on Canton in Roswell (Front Lobby) 1:30 PM Wii Bowling at Sterling East (WC) 2:00 PM Open Gym (WC) 2:30 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Doubt" Nominated for 5 Academy Awards (AR)	10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 9 10:30 AM Cottage Sittercise (WC) 11:00 AM Games: Pictionary! (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Games: Wheel of Fortune (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour and Dinner with Thayer Naples! (CL)	10:00 AM Art Class with Scott (AR) 10 10:30 AM Yoga (Cottage Residents) (WC) 11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Jeni Michelson on the Piano (Front Lobby) 6:00 PM Evening Movie "King Kong" 1976 (AR) 6:15 PM Feisty Fossils Cottage Owners Social (Library)	Yom Kippur Begins 10:15 AM OUTING: New Echota: The Cherokee Capital (O) 11 10:30 AM Cottage Sittercise (WC) 11:15 AM Focused Fitness (WC) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Leaf Peeping in Vermont - Fall 2021 Episode 6" (AR) 6:00 PM Friday Funnies Movie Time "Water Boy" (AR)	Yom Kippur Ends 10:00 AM Coffee and Conversation (CC) 12 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym/Open Swim (WC) 12:00 PM FOOTBALL! (AR) 2:00 PM Saturday Snack Bar "Root Beer Floats" (AR) 4:00 PM Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 PM Evening Movie "Spiderman" (AR)
Breast Cancer Awareness Day National M&M Day 13 9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 11:00 AM Documentaries "Blue Ridge Parkway" by Great Scenic Railways (AR) 2:00 PM BINGO (AR) 3:00 PM Eight Week Series: "The Chosen" Episode 2 (AR) 4:00 PM Games with Friends: Resident Choice! (AR) 6:00 PM Evening Movie "Red" (AR)	Indigenous Peoples' Day 14 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 PM Open Gym (WC) 2:30 PM Brain Fitness "SUDOKU" (AR) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "Two Weeks Notice" (AR)	9:30 AM Podiatrist Visit (WC) 15 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 4:00 PM "Name That Tune" (AR) 6:00 PM Evening Movie "Mona Lisa Smile" (AR)	8:30 AM Men's Breakfast - Meet Chuck Casto! (AR) 16 10:30 AM Cottage Sittercise (WC) 11:00 AM Games: Pictionary! (AR) 11:15 AM Focused Fitness (WC) 1:00 PM Massage Therapy (WC) 2:00 PM Games: Jeopardy (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents' Happy Hour and Dinner (CL)	10:00 AM Art Class with Scott (AR) 17 10:30 AM Cottage Sittercise (WC) 11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM BINGO (AR) 2:00 PM Open Swim (WC) 3:30 PM Happy Hour with Keenan Blount! (DR) 6:00 PM Evening Movie "Gambit" (AR)	10:30 AM Cottage Sittercise (WC) 18 10:30 AM Crafts "Red Apple Candy Container" (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Transylvania Castle Tour: Inside Dracula's Bran Castle & Peles Castle" (AR) 6:00 PM Friday Funnies Movie Time "Practical Magic" (AR)	9:30 AM Social with Breakfast Snacks Provided by Johnson Ferry Baptist Church Families (AR) 19 10:30 AM Cottage Sittercise (WC) 11:00 AM Sterling Music Series with Thayer Naples (AR) 11:15 AM Open Gym/Open Swim (WC) 12:00 PM FOOTBALL! (AR) 2:00 PM Saturday Snack Bar "Popcorn Bar" (AR) 4:00 PM Game: Tumbling Tower! (AR) 6:00 PM Evening Movie "Sleepy Hollow" (AR)
9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 20 10:00 AM Holy Family Catholic Communion (AR) 11:00 AM Documentaries "Take Me to Pitcairn" (AR) 2:00 PM BINGO (AR) 3:00 PM Eight Week Series: "The Chosen" Episode 3 (AR) 4:00 PM Games with Friends: Resident Choice! (AR) 6:00 PM Evening Movie "Forrest Gump" (AR)	10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 21 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "13 Going on 30" (AR)	9:15 AM OUTING: Cottage Residents Leaf Peeping Overnight Excursion (Front Lobby) 22 10:30 AM Cottage Sittercise (WC) 11:00 AM Bible Study with Joel (AR) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM Open Swim (WC) 6:00 PM Evening Movie "Rise of the Planet of the Apes" 2011 (AR)	8:00 AM OUTING: Cottage Residents Leaf Peeping Overnight Excursion (Front Lobby) 23 10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 10:30 AM Cottage Sittercise (WC) 11:00 AM Games: Pictionary! (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:30 PM Cottage Residents Happy Hour and Dinner (CL)	10:00 AM Art Class with Scott "Halloween Edition!" (AR) 24 10:30 AM Yoga (Cottage Residents) (WC) 11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 1:15 PM Wellness Seminar: Community and Home Safety Tips for Seniors (AR) 2:00 PM FALL FESTIVAL with the Porch Pickers Bluegrass Band! (FP) 6:00 PM Evening Movie "Arabesque" (AR)	9:30 AM Senior Fitness Testing (WC) 25 10:00 AM OUTING: Library (Meet in Front Lobby) 10:30 AM Edible Craft for Halloween! (AR) 11:15 AM Focused Fitness (WC) 2:00 PM Current Events (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 4:00 PM Armchair Travels "Visit Sleepy Hollow: A Real Halloweentown Tour" (AR) 6:00 PM Friday Funnies Movie Time "Beethoven's 5th" (AR)	10:00 AM Coffee and Conversation (CC) 26 10:30 AM Cottage Sittercise (WC) 11:00 AM "Musical Favorites from the Past" with Tom Parrott (AR) 11:15 AM Open Gym/Open Swim (WC) 12:00 PM FOOTBALL! (AR) 2:00 PM Saturday Snack Bar "Halloween Snacks" (AR) 4:00 PM Leigh Plays Guitar in the Lobby! (Front Lobby) 6:00 PM Evening Movie "Misery" Kathy Bates won Best Actress! (AR)
9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite) 27 11:00 AM Documentaries "Planet Earth" Episode 1 (AR) 2:00 PM BINGO (AR) 2:00 PM OUTING: "Sounds of the Spirit" Orpheus Men's Ensemble at Roswell United Methodist Church (Front Lobby) 3:00 PM Eight Week Series: "The Chosen" Episode 4 (AR) 4:00 PM Games with Friends: Resident Choice! (AR) 6:00 PM Evening Movie "Beetlejuice" (AR)	10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 28 10:30 AM Cottage Sittercise (WC) 11:30 AM Wii Sports (WC) 1:00 PM Devotions with Jan Watson (Shelly's Mother!) (CC) 2:00 PM Open Gym (WC) 2:30 PM SPEAKER: Wanda Patterson - "Civil War and the Cherokee" (AR) 3:00 PM Open Swim (WC) 4:00 PM BINGO (AR) 6:00 PM Evening Movie "My Best Friend's Wedding" (AR)	10:30 AM Cottage Sittercise (WC) 29 11:00 AM Bible Study with Joel (AR) 12:45 PM Wii Bowling Tournament: Outing to Sterling West (WC) 2:00 PM Open Gym (WC) 2:00 PM Pokeno & Prizes (AR) 3:00 PM "The Bibliophiles" Book Club (Library) 3:00 PM Open Swim (WC) 4:00 PM "Name That Tune" (AR) 6:00 PM Evening Movie "Argo" A True Story! (AR)	10:00 AM Water Aerobics with Christine (Cottage and AL) (WC) 30 10:30 AM Cottage Sittercise (WC) 11:00 AM Games: Pictionary! (AR) 11:15 AM Focused Fitness (WC) 2:00 PM BINGO *Note this is a day earlier* (AR) 2:00 PM Open Gym (WC) 3:00 PM Open Swim (WC) 3:00 PM Wii Bowling (WC) 4:15 PM Cottage Residents' Trivia Happy Hour and Dinner (CL)	Halloween 31 10:00 AM Art Class with Scott (AR) 10:30 AM Cottage Sittercise (WC) 11:15 AM Caregiver Support Group Facilitated by Joel (Shelly's Office) 1:00 PM Hymns & Hope with Joel (LR) 1:00 PM Open Gym (WC) 2:00 PM Monster Mash! Sterling Halloween Costume Party! (DR) 3:30 PM Halloween Happy Hour with Loose Shoes (Front Lobby) 6:00 PM Evening Movie "Witches of Eastwick" (AR)	LOCATION KEY AR - Activity Room CC - Casual Cafe DR - Dining Room FP - Front Porch LR - Living Room	0 - Outing CL - The Club WC - Wellness Center

October 2024

Cottage Community Calendar