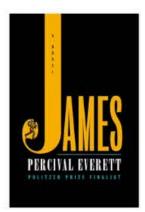
TUE WED 9:30 Sittercise (AL) (WC) April Fool's Day 9:30 Sittercise (AL) (WC) 9:30 Chair Yoga (WC) (WC) 9:30 Sittercise (AL) (WC) 10:00 Left, Right, Center Dice Game! Bring 6 Quarters! (AR) Podiatrist Visit Today 10:00 Backgammon! Learn to Play! 10:00 Art Class with Scott (AR) 10:00 Coffee and Conversation 9:30 Sittercise (AL) (WC) 11:15 Caregiver Support Group 10:00 Water Aerobics with Christine 10:00 Tuesday Trivia and Calendar 10:30 Crafts - Door Decor hosted Facilitated by Joel (Shelly's 11:00 Sterling Music Series (Cottage and AL) (WC) by Willowbrook Hospice (AR) 10:00 Publix Shopping 11:15 Focused Fitness (WC) Office) with Thayer Naples (AR) 10:00 Podiatrist Visit (Sign Up Required) (WC) 1:15 Focused Fitness (WC) 1:00 Hymns & Hope with Joel (LR) 11:15 Open Gym (WC) 11:00 Bible Study with Joel (AR) 1:00 OUTING: Atlanta Botanical Garden 1:00 Piano with Dixie (LR) 1:00 Open Gym (WC) 2:00 Saturday Snack Bar (AR) 2:00 Open Gym (WC) (Orchid Daze and the Tulips!) (Front Lobby) 1:00 Massage Therapy (Appointment Required) (WC) 4:00 Leigh Plays Guitar in the Lobby! 2:00 Pokeno & Prizes (AR) 2:00 Current Events (AR) 2:00 BINGO (AR) 2:00 Family Feud (AR 3:00 "Twisted Stitches" Knitting and Crocheting 2:00 Open Gym (WC) 2:00 Open Gym (WC) 2:00 Open Swim (WC) (Front Lobby) Club (Second Floor Library) 3:00 Open Swim (WC) 3:30 Happy Hour with Keenan Blount 6:00 FINAL FOUR BASKETBALL! Auburn v 3:00 Wii Bowling (WC 4:00 Armchair Travels "Journey Through Sicily 3:00 Open Swim (WC) Florida (AR) 4:00 Johnny Carson Hour! "The Best of the 60s and (Front Lobby) 4:00 Comedy Hour (AR) 6:00 Evening Movie "The Godfather" (AR) 8:40 FINAL FOUR BASKETBALL! Houston 6:00 Evening Movie "Monty Python and the Holy 6:00 Friday Funnies Movie "Definitely Maybe" 6:00 Evening Movie "The Woman in Gold " (AR) v Duke! (AR) 9:30 Sittercise (AL) (WC) 9:30 Sittercise (AL) (WC) 9:30 Sittercise (AL) (WC) 9:30 Sittercise (AL) (WC) The Sterling Masters! 10:00 Catholic Mass (AR) 9:30 Sittercise (AL) (WC) 10:00 Left, Right, Center Dice Game! 10:00 **Fire Drill Low 100s 10:00 Walking Club (Patio) 10:00 **Fire Drill High 100s 9:30 Sittercise (AL) (WC) 10:00 Coffee and 10:00 Holy Family Bring 6 Quarters! (AR) 10:00 Water Aerobics with Christine 10:00 **Fire Drill Low 200s Apartment Wing** Apartment Wing* 10:00 Water Aerobics with Christine **Catholic Communion** (Cottage and AL) (WC) Conversation (CC) 0:00 Tuesday Trivia and Calendar Apartment Wing** 10:00 Art Class with Scott (AR) 0:30 Monday Morning Coffee and (Cottage and AL) (WC) 10:00 Backgammon! Learn to Play! Update (CC) 11:00 "Musical Favorites 11:15 Caregiver Support Group Facilitated by Conversations (AR) 10:00 Publix Shopping 1:00 Bible Study with Joel (AR) Joel (Shelly's Office) 11:00 Documentaries & Biographies 11:30 Wii Sports (WC) 11:15 Focused Fitness (WC) from the Past" with Tom Parrott 1:00 Resident Council Meeting (AR) 11:15 Focused Fitness (WC) 1:00 Hymns & Hope with Joel (LR) 12:45 Happy Tails (LR) 1:00 Piano with Dixie (LR) "Hollywood Idols" (AR) :00 Open Gym (WC) 2:00 Current Events (AR) 1:15 Devotions with Jan Watson (Shelly's Mother!) 2:00 Games: Wheel of Fortune (AR) 1:00 Open Gym (WC) 30 Pokeno & Prizes (AR) 2:00 Open Gym (WC) 2:00 BINGO (AR) 2:00 Open Gym (WC) 11:15 Open Gym (WC) 2:00 BINGO (AR) 3:00 "Twisted Stitches" Knitting and Crocheting 2:00 Sterling Masters Golf Tournament (Patio) 2:30 Érain Fitness "WORDLE" (AR) 3:00 Open Swim (WC) 4:00 Golden Oldies Music Hour 2:00 Open Swim (WC) 2:00 Saturday Snack Bar (AR) Club (Second Floor Library) 3:00 Open Swim (WC) 2:30 Open Gym (WC) 3:00 Wii Bowling (WC) 3:30 Happy Hour with Sara Davies! (Front 3:00 Open Swim (WC) 4:00 Armchair Travels "Wonders of America's 4:00 GAMES: Tumbling Tower (AR) 4:00 Johnny Carson Hour! "The Best of the 70s 3:00 Open Swim (WC) 4:00 Karaoke! (AR) National Parks" (AR) 4:00 BINGO (AR) 6:00 Evening Movie "The Long Game" 6:00 Evening Movie "WICKED" (AR) 6:00 Friday Funniès Movie "Daddy's Home" 6:00 Evening Movie "Wicked Little Letters" Based on :00 Evening Movie "One Life" Award Winner 6:00 Evening Movie "Revolutionary Road" Nominated 6:00 Evening Movie "The French Connection" (AR) Starring Will Ferrell! (AR) a True Story! (AR) Starring Anythony Hopkins (AR) for 3 Oscars (AR) Winner of 5 Academy Awards (AR) 9:30 Sittercise (AL) (WC) :30 Sittercise (AL) (WC) 9:30 Chair Yoga (WC) (WC) Good Friday Palm Sunday Tax Day 9:30 Sittercise (AL) (WC) 10:00 Left, Right, Center Dice Game Bring 6 Quarters! (AR) 10:00 **Fire Drill 300s Apartment 10:00 Walking Club (Patio) 9:30 Sittercise (AL) (WC) 9:30 Sittercise (AL) (WC) Passover 10:00 Coffee and Wing** 10:00 Art Class with Scott (AR) 10:00 **Fire Drill High 200s 10:00 Backgammon! Learn to Play! (AR) 10:00 Water Aerobics with Christine 10:00 Palm Sunday Service 10:00 Water Aerobics with Christine Apartment Wing* (Cottage and AL) (WC) 10:30 Crafts "Cat Cable Huggers" (AR) Conversation (CC) (Cottage and AL) (WC) 10:00 Publix Shopping with Holy Family Catholic 0:00 **Fire Drill High 200s 10:30 Monday Morning Coffee and 11:15 Caregiver Support Group 10:30 OUTING: Tour of The Margaret 11:00 Sterling Music Series with Church (AR) Facilitated by Joel (Shelly's Office) Mitchell Home and Lunch at Mary Mac's Tea Conversations (AR) Apartment Wing* 11:15 Focused Fitness (WC) 0:00 Tuesday Trivia and Calendar Update (CC) Room (Front Lobby) 11:30 Wii Sports (WC) 1:00 Hymns & Hope with Joel (LR) 11:00 Documentaries "How Claude Money Thayer Naples (AR) 1:00 Piano with Dixie (LR) :15 Devotions with Jan Watson (Shelly's Mother!) 1:00 Bible Study with Joel (AR) 1:00 Open Gym (WC) 11:15 Focused Fitness (WC) Transformed French Painting" (AR) 1:00 Massage Therapy (Appointment Required) (WC) 11:15 Open Gym (WC) ::00 Open Gym (WC) 2:00 Current Events (AR) 2:00 Family Feud (AR) 2:00 BINGO (AR) 2:30 Érain Fitness "CROSSWORD" (AR) 2:00 Pokeno & Prizes (AR) 3:00 Easter Social (AR) 2:00 Open Gym (WC) 2:00 Open Gym (WC) 2:00 Saturday Snack Bar (AR) 4:00 Sketching with Seniors - Painting (AR) 3:30 Happy Hour with Rhythm and Rouge (Front 2:30 Open Gym (WC) 3:00 Chef Chat (AR) 3:00 "Twisted Stitches" Knitting and Crocheting Club 3:00 Open Swim (WC 6:00 Evening Movie "Apollo 13" (It's the 4:00 Armchair Travels "Rick Steves' Europe Barcelona 4:00 Leigh Plays Guitar in the (Second Floor Library) 3:00 Wii Bowling (WC) Lobby) 3:00 Open Swim (WC) 4:00 Johnny Carson Hour! "The Best of the 80s and 3:45 Sterling Estates Annual Easter Egg Hunt and Catalunva" (AR) 3:00 Open Swim (WC) Anniversary!) (AR) Lobby! (Front Lobby) 4:00 "Name That Tune" (AR) 6:00 Friday Funnies Movie "City Slickers" (AR) 6:00 Evening Movie "Titanic" WINNER OF 11 OSCARS! 6:00 Evening Movie "The Wonderful Story of Henry Sugar 4:45 Easter Dinner Buffet! (DR) 6:00 Evening Movie "Four Weddings and a Funeral" 6:00 Evening Movie "Survivor" (AR) 6:00 Evening Movie "Yours Mine and Ours" (AR) 9:30 Sittercise (AL) (WC) :30 Sittercise (AL) (WC) 9:30 Sittercise (AL) (WC) Earth Day 9:30 Sittercise (AL) (WC) **Easter** 9:30 Sittercise (AL) (WC) 10:00 Walking Club (Patio) 10:00 Left, Right, Center Dice 9:30 Sittercise (AL) (WC) **Orthodox Easter** 10:00 Art Class with Scott 10:00 Backgammon! Learn to 10:00 Coffee and Conversation 10:00 Water Aerobics with Christine Game! Bring 6 Quarters! (AR) 10:00 Tuesday Trivia and Play! (AR) 9:45 Easter Mass at Christ (Cottage and AL) (WC) 0:00 Water Aerobics with Christine 10:00 OUTING: Library / Dollar Calendar Update (CC) 10:30 Monday Morning Coffee and 1:15 Caregiver Support Group 11:00 "Musical Favorites the King Atlanta (AR) (Cottage and AL) (WC) Tree (Meet in Front Lobby) Conversations (AR) 1:00 Bible Study with Joel (AR) 10:00 Publix Shopping Facilitated by Joel (Shelly's Office) from the Past" with Tom Parrott (AR) 11:15 Peachtree Church Easter 11:15 Alliance of Therapy Dogs - Georgia and Iggy! 10:30 Crafts "Easter Bunny Lollipops" (AR) 2:00 Open Gym (WC) 11:15 Focused Fitness (WC) 1:00 Hymns & Hope with Joel (LR) 11:15 Open Gym (WC) Sunday Service (AR) 11:15 Focused Fitness (WC) 2:00 Pokeno & Prizes (AR) 1:00 Piano with Dixie (LR) 1:00 Open Gym (WC) 2:00 Student Musical Exhibition Meet 11:30 Wii Sports (WC) 1:15 Documentaries & Biographies "The 2:00 Current Events (AR) 3:00 "Twisted Stitches" Knitting and 2:00 Games: Wheel of Fortune (AR) 1:15 Devotions with Jan Watson (Shelly's Mother! 2:00 BINGO (AR) & Greet After! (DR) Only Girl in the Orchestra" (AR) 2:00 Open Gym (WC) 2:00 Open Gym (WC) Crocheting Club (Second Floor Library) 2:00 Open Swim (WC) 3:00 Open Swim (WC) 4:00 GAMES: Dominoes (AR) 2:00 BINGO (AR) 3:00 Open Swim (WC) 2:30 Brain Fitness "TABOO" (AR) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 3:30 Happy Hour with Randy Barnes 4:00 Armchair Travels THAILAND! (AR) 6:00 Evening Movie "The Shawshank 4:00 Golden Oldies Music Hour (AR) 2:30 Open Gym (WC) 3:30 Herb Garden Planting for Earth Day! 4:00 Johnny Carson Hour! "Johnny Goes Home 3:00 Open Swim (WC) Tickling the Ivories! (Front Lobby) 6:00 Friday Funnies Movie "The Break Up" Redemption" Nominated for 7 Academy 6:00 Evening Movie "Munich, the Edge (Patio) 4:00 BINGO (AR) 6:00 Evening Movie "Gold" (AR) Awards (AR) 6:00 Evening Movie "Race" (AR) of War" (AR) 6:00 Evening Movie "Dirty Dancing" (AR) 6:00 Évening Movie "1917" (AR) The Sterling Derby! 9:30 Sittercise (AL) (WC) 9:30 Sittercise (AL) (WC) 10:00 Catholic Mass (AR) **LOCATION KEY** 30 Sittercise (AL) (WC) 10:00 Walking Club (Patio) 10:00 Tuesday Trivia and Calenda 10:00 Left, Right, Center Dice Game! Bring 6 Quarters! (AR) 11:00 Documentaries & 10:00 Water Aerobics with Christine Update (CC) AR - Activity Room (Cottage and AL) (WC) 11:00 Bible Study with Joel (AR) Biographies "Margaret 0:00 Water Aerobics with Christine 10:30 Monday Morning Coffee and 12:45 Wii Bowling Tournament: (Cottage and AL) (WC) 10:00 Publix Shopping Mitchell: American Rebel" (AR) Outing to Sterling West (WC) CC - Casual Cafe 11:30 Wii Sports (WC) 11:15 Focused Fitness (WC) 2:00 BINGO (AR) 2:00 Open Gym (WC) 1:15 Devotions with Jan Watson (Shelly's 1:00 Piano with Dixie (LR) 2:00 Pokeno & Prizes (AR) 4:00 Sketching with Seniors -DR - Dining Room Mother!) (CC) 3:00 "The Bibliophiles" Book Club (AR) 2:30 Sterling Derby! (Patio) 2:30 New Resident Social (AR) Painting (AR) 3:00 "Twisted Stitches" Knitting and Crocheting 3:00 Open Swim (WC 2:30 Open Gym (WC) 3:00 Wii Bowling (WC) Club (Second Floor Library) LR - Living Room 6:00 Evening Movie "Mr. and Mrs. 3:00 Open Swim (WC) 4:00 Johnny Carson Hour! "Second to Last Episode' 3:00 Open Swim (WC) Smith" (AR) 4:00 "Name That Tune" (AR) 6:00 Évening Movie "Secretariat" Starring Diane Lane (AR 6:00 Evening Movie "This Tender Bar" Golden WC - Wellness Center 6:00 Evening Movie "The Guns of Navarone" (AR)

April 2025





The Bibliophiles' April Read!



A brilliant reimagining of Adventures of Huckleberry Finn both harrowing and satirical told from the enslaved Jim's point of view

Rated 4.5 Stars on Goodreads!



Landmark Building Residents

SPECIAL EVENTS



Thursday, April 17th

Easter Social and the Annual
Eggceptional Egg Hunt
along with live entertainment!
Dinner Buffet following!
DON'T MISS THE FESTIVITIES!

Sunday, April 20th

We'll stream services from Atlanta Christ the King Catholic Church and Peachtree Church! Be sure to check your calendar for times!

Thursday Happy Hour Entertainment!

4/3 Keenan Blount 4/10 Sara Davies 4/17 Rhythm & Rouge 4/24 Randy Barnes on Piano

FINAL FOUR

Auburn v Florida

Saturday, April 5th at 6:00pm in the Activity Room (or on CBS in your suite)

Houston v Duke

Saturday, April 5th at 8:45pm in the Activity Room (or on CBS in your suite)

Special Premiere! WICKED!

The Broadway musical comes to the Sterling big screen!
Saturday, April 12th
6:00pm / Activity Room

THE STERLING MASTERS!

WHO WILL WEAR
THE INFAMOUS JACKET
THIS YEAR?

Friday, April 11th



THE STERLING DERBY

WILL YOUR HORSE WIN?

Wednesday, April 30th



Resident Birthdays

Faye Donnelly 4/11
Bonnie Anton 4/12
John DeWolf 4/16
Ruth McDevitt 4/16
Bob Norville 4/20
Arlene Lipsky 4/28
Joe Crouch 4/28
Mary Evans 4/28

Employee Birthdays

Kwaku Appiah 4/21 Frankie Ball 4/24 Timothy Cox 4/28

IMPORTANT!

Fire drills are coming!
Be sure to check your
calendar for your
floor's specific dates!

(and don't worry, we'll send a reminder to you!)

April Outings

4/4 Atlanta Botanical Garden
4/18 Margaret Mitchell House
and lunch at Mary Mac's Tea Room
4/25 Library and the Dollar Tree



Join us in the Activity Room on Friday mornings to learn how to play Backgammon!