

SUN	MON	TUE	WED	THUR	FRI	SAT
<b>Easter</b> 10:45 Sterling Church Service (LAR) 11:00 First Presbyterian Church of Marietta (HMR) 3:00 Hot Cider and Cookies (LFL) 4:00 Music Bingo (LAR)	<b>LOCATION KEY</b> HAS - Hampton Art Studio HC - Hampton Club HMR - Hampton Media Room	LAR - Landmark Activity Room LC - Landmark Courtyard LDR - Landmark Dining Room	LFL - Landmark Front Lobby SL - Stratford Lounge WC - Wellness Center Pool - Wellness Center Pool		9:00 Yoga (WC) 9:30 Morning Fitness (WC) <b>10:45 Fun Friday Outing: Qualusi Vineyards &amp; Lunch at Table 20 (LFL)</b> 1:00 History Club (LAR) 3:00 Domino's (HMR) 3:00 Stretch & Relaxation Class (WC) 5:45 Game Night (LDR)	9:00 Power Up (WC) 9:30 Morning Fitness (WC) 10:00 Girl Scout Cookie Pop Up Shop (LFL) 1:00 IL- Rummikub (SL) 1:30 BINGO (LAR) 3:00 Stretch & Relaxation Class (WC) 3:30 Golden Oldies Music hour (LAR) 7:00 IL: Game Night (HMR)
10:45 Sterling Church Service (LAR) 11:00 First Presbyterian Church of Marietta (HMR) <b>2:15 Georgia Symphony Orchestra Presents Beethoven 9 Vocal Competition- Final Round (HC)</b> 3:00 Hot Cider and Cookies (LFL) 4:00 Music Bingo (LAR)	9:00 Yoga (WC) 9:30 Morning Fitness (WC) <b>10:00 Bible Study with Joel: The Book of Jonah (HMR)</b> <b>11:00 Sterling Scholars-School of Music Presents: Thayer Naples (LAR)</b> 1:30 IL-Poker Games (HMR) 1:30 IL- Mahjongg (SL) 2:00 Water Aerobics (WC) 3:00 Stretch & Relaxation Class (WC) 6:00 IL: Line Dancing w/ Nurse Laura (SL)	9:00 Power Up (WC) 9:00 Aqua Power (Pool) 9:30 Morning Fitness (WC) 10:15 IL: Technology Help Desk (HMR) <b>10:30 Catholic Communion Service (LAR)</b> 1:00 IL- Rummikub (SL) 1:00 Ladies Bridge (HMR) 1:30 BINGO (LAR) 3:00 Stretch & Relaxation Class (WC) 3:30 Bible Study with Mic Knox (LAR)	9:00 Yoga (WC) 9:30 Morning Fitness (WC) <b>9:30 Shopping: Walmart (LFL)</b> <b>10:00 IL: Spouse Support (SL)</b> 10:00 Massage (WC) 11:15 Parkinson's Exercise Class (WC) <b>1:00 Cocktail Class with Austin (LAR)</b> 2:00 Water Aerobics (WC) <b>2:00 Cooking Show w/ Heather and Austin (LAR)</b> <b>2:00 Fine Arts Club: Paint Like Picasso (HAS)</b> <b>3:00 IL- Knit and Crochet (SL)</b> 3:00 Stretch & Relaxation Class (WC) 4:00 Hymns & Hope w/ Joel (LFL)	9:00 Power Up (WC) 9:00 Aqua Power (Pool) 9:30 Morning Fitness (WC) <b>10:00 Crafts with Agape (LAR)</b> 11:00 IL: Sterling Bridge Club (HC) 2:30 IL: Hand & Foot Card Game (HC) 3:00 Stretch & Relaxation Class (WC) <b>3:30 Happy Hour with Music (LFL)</b>	9:00 Yoga (WC) <b>9:00 Audiologist Visit (WC)</b> 9:30 Morning Fitness (WC) <b>11:00 Fun Friday Outing: Sweetwater Brewery (LFL)</b> 1:00 History Club (LAR) <b>3:00 Domino's (HMR)</b> 3:00 Stretch & Relaxation Class (WC) 5:45 Game Night (LDR)	9:00 Power Up (WC) 9:30 Morning Fitness (WC) <b>1:00 IL- Rummikub (SL)</b> <b>1:30 BINGO (LAR)</b> 3:00 Stretch & Relaxation Class (WC) 3:30 Golden Oldies Music hour (LAR) 7:00 IL: Game Night (HMR)
<b>Daylight Savings Time Begins</b> 10:45 Sterling Church Service (LAR) 11:00 First Presbyterian Church of Marietta (HMR) <b>12:15 City Springs Theater: Beauty and The Beast (HC)</b> <b>1:00 Afternoon Movie Matinee (LAR)</b> 3:00 Hot Cocoa and Cookies (LFL) 4:00 Music Bingo (LAR)	9:00 Yoga (WC) 9:30 Morning Fitness (WC) <b>10:00 Bible Study with Joel: The Book of Jonah (HMR)</b> <b>11:00 Sterling Scholars-School of Music Presents: Greg Athnos (LAR)</b> 1:30 IL-Poker Games (HMR) 1:30 IL- Mahjongg (SL) 2:00 Water Aerobics (WC) <b>3:00 Sports Club: March Madness (HC)</b> 3:00 Stretch & Relaxation Class (WC) 7:00 IL: Line Dancing w/ Nurse Laura (SL)	9:00 Power Up (WC) 9:00 Aqua Power (Pool) 9:30 Morning Fitness (WC) 10:15 IL: Technology Help Desk (HMR) <b>10:30 Catholic Communion Service (LAR)</b> 1:00 IL- Rummikub (SL) 1:00 Ladies Bridge (HMR) 1:30 BINGO (LAR) 3:00 Stretch & Relaxation Class (WC) <b>3:30 Bible Study with Mic Knox (LAR)</b> 4:00 Team Trivia (HMR) 7:00 Widow's Support Group with Trudy Green (LAR)	9:00 Yoga (WC) 9:30 Morning Fitness (WC) <b>9:30 Shopping: Kroger (LFL)</b> <b>10:00 IL: Spouse Support (SL)</b> 10:00 Massage (WC) 10:30 On-site Jewelry Repair (LFL) 11:15 Parkinson's Exercise Class (WC) <b>1:00 Shopping Trip to Target (LFL)</b> 2:00 Water Aerobics (WC) <b>2:00 Cooking Show: St Patrick's Special (LAR)</b> <b>2:00 Fine Arts Club: Paint Like Picasso (HAS)</b> <b>3:00 IL- Knit and Crochet (SL)</b> 3:00 Stretch & Relaxation Class (WC) 4:00 Hymns & Hope w/ Joel (LFL)	9:00 Power Up (WC) 9:00 Aqua Power (Pool) 9:30 Morning Fitness (WC) <b>10:00 Craft Club: Birdhouse Bonanza (HAS)</b> 10:00 IL: Open Art Studio (HAS) 11:00 IL: Sterling Bridge Club (HC) <b>2:00 Science Hour (LAR)</b> 2:30 IL: Hand & Foot Card Game (HC) 3:00 Stretch & Relaxation Class (WC) <b>3:30 Happy Hour with Music (LFL)</b>	9:00 Yoga (WC) <b>9:15 Fun Friday Outing: Atlanta Trolley Tour (LFL)</b> 9:30 Morning Fitness (WC) 1:00 History Club (LAR) <b>3:00 Domino's (HMR)</b> 3:00 Stretch & Relaxation Class (WC) <b>4:00 St. Patrick's Day Trivia (LFL)</b> 5:45 Game Night (LDR)	9:00 Power Up (WC) 9:30 Morning Fitness (WC) <b>1:00 IL- Rummikub (SL)</b> <b>1:30 BINGO (LAR)</b> 3:00 Stretch & Relaxation Class (WC) 3:30 Golden Oldies Music hour (LAR) 7:00 IL: Game Night (HMR)
<b>St. Patrick's Day</b> 10:45 Sterling Church Service (LAR) 11:00 First Presbyterian Church of Marietta (HMR) 3:00 Afternoon Worship and Communion w/ St. James Episcopal Church (LFL) 3:00 Hot Cider and Cookies (LFL) 4:00 Music Bingo (LAR) 4:00 Georgia Symphony Orchestra Presents Gospel Mass (HC)	9:00 Yoga (WC) 9:30 Morning Fitness (WC) <b>10:00 Bible Study with Joel: The Book of Jonah (HMR)</b> <b>11:00 Sterling Scholars-School of Music Presents: Thayer Naples (LAR)</b> 1:30 IL-Poker Games (HMR) 1:30 IL- Mahjongg (SL) 2:00 Water Aerobics (WC) <b>3:00 Sports Club: March Madness (HC)</b> 3:00 Stretch & Relaxation Class (WC) 7:00 IL: Line Dancing w/ Nurse Laura (SL)	9:00 Power Up (WC) 9:00 Aqua Power (Pool) 9:30 Morning Fitness (WC) 10:15 IL: Technology Help Desk (HMR) <b>10:30 Catholic Communion Service (LAR)</b> 1:00 IL- Rummikub (SL) 1:00 Ladies Bridge (HMR) 1:30 BINGO (LAR) 3:00 Stretch & Relaxation Class (WC) <b>3:30 Bible Study with Mic Knox (LAR)</b> 5:00 Theme Dinner: Great Gatsby (HC)	9:00 Yoga (WC) 9:30 Morning Fitness (WC) <b>9:30 Shopping: Walmart (LFL)</b> <b>10:00 IL: Spouse Support (SL)</b> 11:15 Parkinson's Exercise Class (WC) <b>1:00 Cocktail Class with Austin (LAR)</b> 2:00 Water Aerobics (WC) 2:00 IL: PageTurners Book Club (HMR) <b>3:00 IL- Knit and Crochet (SL)</b> 3:00 Stretch & Relaxation Class (WC) 4:00 Hymns & Hope w/ Joel (LFL)	9:00 Power Up (WC) 9:00 Aqua Power (Pool) 9:30 Morning Fitness (WC) 11:00 IL: Sterling Bridge Club (HC) <b>1:00 Music Hour w/ Barry (LFL)</b> 2:30 IL: Hand & Foot Card Game (HC) 3:00 Stretch & Relaxation Class (WC)	9:00 Yoga (WC) 9:30 Morning Fitness (WC) <b>1:30 Sterling Cinema Presents: Casablanca (LAR)</b> <b>3:00 Domino's (HMR)</b> 3:00 Stretch & Relaxation Class (WC) 5:45 Game Night (LDR)	9:00 Power Up (WC) 9:30 Morning Fitness (WC) <b>1:00 IL- Rummikub (SL)</b> <b>1:30 BINGO (LAR)</b> 3:00 Stretch & Relaxation Class (WC) 3:30 Golden Oldies Music hour (LAR) 7:00 IL: Game Night (HMR)
<b>Palm Sunday</b> 10:45 Sterling Church Service (LAR) 11:00 First Presbyterian Church of Marietta (HMR) <b>3:00 Hot Cocoa and Cookies (LFL)</b> 4:00 Music Bingo (LAR)	9:00 Yoga (WC) 9:30 Morning Fitness (WC) <b>10:00 Bible Study with Joel: The Book of Jonah (HMR)</b> <b>11:00 Sterling Scholars-School of Music Presents: Greg Athnos (LAR)</b> 1:30 IL-Poker Games (HMR) 1:30 IL- Mahjongg (SL) 2:00 Water Aerobics (WC) <b>3:00 Sports Club: March Madness (HC)</b> 3:00 Stretch & Relaxation Class (WC) 7:00 IL: Line Dancing w/ Nurse Laura (SL)	8:30 Men's Breakfast (HC) 9:00 Power Up (WC) 9:00 Aqua Power (Pool) 9:30 Morning Fitness (WC) 10:15 IL: Technology Help Desk (HMR) <b>10:30 Catholic Communion Service (LAR)</b> <b>12:45 Outing- Wii Bowling Tournament at Sterling East (LFL)</b> 1:00 IL- Rummikub (SL) 1:00 Ladies Bridge (HMR) 1:30 BINGO (LAR) 3:00 Stretch & Relaxation Class (WC) <b>3:30 Bible Study with Mic Knox (LAR)</b> 4:30 Dinner Club: Volcano Steak & Sushi (HC)	9:00 Yoga (WC) 9:30 Morning Fitness (WC) <b>9:30 Shopping: Publix (LFL)</b> <b>10:00 IL: Spouse Support (SL)</b> 10:00 Massage (WC) 11:15 Parkinson's Exercise Class (WC) <b>1:00 Documentary Of The Month: Buddy Holly (LAR)</b> <b>1:00 Afternoon Shopping trip to Big Lots (LFL)</b> 2:00 Water Aerobics (WC) <b>3:00 IL- Knit and Crochet (SL)</b> 3:00 Stretch & Relaxation Class (WC) 4:00 Hymns & Hope w/ Joel (LFL)	9:00 Power Up (WC) 9:00 Aqua Power (Pool) 9:30 Morning Fitness (WC) 10:00 IL: Open Art Studio (HAS) 11:00 IL: Sterling Bridge Club (HC) 2:30 IL: Hand & Foot Card Game (HC) 3:00 Stretch & Relaxation Class (WC) <b>3:30 Happy Hour with Music (LFL)</b>	<b>Good Friday</b> 9:00 Yoga (WC) <b>9:00 Fun Friday Outing: Red Eyed Mule (LFL)</b> 9:30 Morning Fitness (WC) 1:00 History Club (LAR) <b>3:00 Domino's (HMR)</b> <b>3:00 Good Friday Program (LC)</b> 3:00 Stretch & Relaxation Class (WC) <b>4:00 Family Easter Egg Hunt (LC)</b> 5:45 Game Night (LDR)	9:00 Power Up (WC) 9:30 Morning Fitness (WC) <b>1:00 IL- Rummikub (SL)</b> <b>1:30 BINGO (LAR)</b> 3:00 Stretch & Relaxation Class (WC) 3:30 Golden Oldies Music hour (LAR) 7:00 IL: Game Night (HMR)

# March 2024

Cottage & Apartment Special Events  
 3165 Dallas Hwy, Marietta, GA 30064 770-255-7000





## Club Activity:

### Fine Arts Club:

- Abstract Study on March 6th
- Cubism study on March 13th

### Craft Club:

- Birdhouse Bonanza on March 14

### Sports Club:

#### March Madness

- March 11 - Inaugural Meeting
- March 18 - Build a Bracket
- March 25 - Lets Get Updated

## Oh, The Places You'll Go!

- March 1 - Lunch at Table 20 and a visit to Qualusi Vineyards
- March 2 - Marietta Theater Company: Honeymoon in Vegas
- March 8 - Beer Tasting and lunch at Sweetwater Brewery
- March 10 - City Springs Theater's Beauty and the Beast
- March 15 - ATL Trolley Tour and lunch at OK! Cafe
- March 22 - Sterling Cinemas Presents: Casablanca at 1:30 PM in the LAR
- March 27 - Dinner Club will go to Volcano
- March 29 - Breakfast at Red Eyed Mule
- April 5- Pleasant Grove Yard Sale
- April 11 - Braves game vs The Mets

## The Great Easter Egg Hunt

Leading up to Easter, we will be hiding eggs around campus to be found!

Every time you find an egg, turn it in to your Life Enrichment Coordinator to have your name entered in the raffle for a Grand Prize!

## GREAT GATSBY THEME DINNER

TUESDAY, MARCH 19TH

DRINK SERVICE STARTS AT 5:00 PM  
DINNER SERVICE AT 5:30 PM

JOIN US IN THE HAMPTON CLUB

## Join Joel for Bible Study

You can run, but you can't hide: A study of the Book of Jonah.  
Hampton Media Room - Mondays at 10 am

## GOOD FRIDAY:

Invite your friends and family for a special Good Friday performance from Val Miller with an Easter egg hunt to follow!  
3 PM in the Courtyard

## Live Entertainment

- March 7 - Patsy Cline Tribute
- March 14 - Joe Castellano
- March 21 - Music Hour with Barry in Landmark Lobby
- March 21 - AL Theme Dinner
- March 28 - Brandon Crocker
- March 29- Val Miller: Good Friday in the courtyard

## March Birthdays:

- Ed Boone - 3/4
- Bob Steele - 3/10
- Dave Pearce - 3/17
- Ann Gray - 3/19
- Joan Mikkelsen - 3/19
- Carolyn Kier - 3/21
- Marty Stahlman - 3/21
- Russell Sorenson - 3/24
- Joyce Schmidlin - 3/28
- Ed Boney - 3/29
- Steve Cantone - 3/29
- Julie Reddick - 3/30

## Bring on the Braves!

- April 11 vs The Mets
- May 20 vs The Padres
- June 19th vs The Tigers