

SUN MON TUE WED THUR FRI SAT

Easter
 9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite)
11:15 AM Pre-Lunch Mimosas! (AR)
12:00 PM Easter Luncheon (DR)
6:00 PM Evening Movie "The Passion of the Christ" (AR)

31
LOCATION KEY
 AR - Activity Room
 CC - Casual Cafe
 DR - Dining Room
 LR - Living Room
 L - Lobby
 O - Outing
 WC - Wellness Center

5
 10:30 AM Cottage Sittercise (WC)
11:00 AM Bible Study with Joel (AR)
12:45 PM Outing: Merchant's Walk Movie - Argyle (O)
 1:15 PM Move and Groove (WC)
 2:00 PM Open Gym (WC)
 3:00 PM "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library)
 3:00 PM Open Swim (WC)
 4:00 PM "Name That Tune" (AR)
 6:00 PM Evening Movie "The Peanut Butter Falcon" (AR)

6
 10:00 AM Sweet Spirit Singers (Front Lobby)
 10:30 AM Cottage Sittercise (WC)
 11:00 AM Sterling Music Series with Thayer Naples (AR)
 11:15 AM Focused Fitness (New Day!) (WC)
1:00 PM Massage Therapist here from 1:00-5:00 (WC)
 1:00 PM Piano with Dixie (LR)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
 3:00 PM Wii Bowling (WC)
 4:00 PM "Masters of the Air" Episode 1 (AR)
 6:00 PM Evening Movie "Angels and Demons" starring Tom Hanks (AR)

7
10:00 AM Art Class with Scott (AR)
 10:00 AM Campus Water Aerobics with Christine (AL and IL) (WC)
 10:30 AM Cottage Sittercise (WC)
1:00 PM Hymns & Hope with Joel (LR)
 1:00 PM Open Gym (WC)
 2:00 PM Open Swim (WC)
 3:00 PM Cottage Owners Brain Fitness (CC)
3:30 PM Happy Hour with Joni and Tom Illi (DR)
 6:00 PM Evening Movie "Butch Cassidy and the Sundance Kid" (AR)

1
 10:30 AM Cottage Sittercise (WC)
 2:00 PM Current Events (AR)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
4:00 PM Armchair Travels "Grand Canyon" (AR)
 6:00 PM Friday Funnies Movie "80 for Brady" (AR)

2
 10:00 AM Coffee and Chat (CC)
 10:30 AM Cottage Sittercise (WC)
11:00 AM Classical Sounds (AR)
 11:15 AM Open Gym (WC)
 1:15 PM Move and Groove (WC)
2:00 PM Saturday Snack Bar- Indoor S'mores! (AR)
 6:00 PM Evening Movie "Witness" Starring Harrison Ford (AR)

3
 9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite)
10:00 AM Holy Family Catholic Communion (AR)
11:00 AM Documentary: A Grain of Sand (AR)
 6:00 PM Evening Movie "The Red Shoes" (AR)

4
 10:00 AM Water Aerobics with Louise Butts (WC)
 10:30 AM Cottage Sittercise (WC)
 11:30 AM Wii Sports (WC)
11:30 AM Girl Scout Cookie Sale! (L)
2:00 PM A Study in Birding Led By Resident Sandy Fantz (AR)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
 6:00 PM Evening Movie "Elizabeth" Winner of 7 Academy Awards (AR)

5
 10:30 AM Cottage Sittercise (WC)
11:00 AM Bible Study with Joel (AR)
12:45 PM Outing: Merchant's Walk Movie - Argyle (O)
 1:15 PM Move and Groove (WC)
 2:00 PM Open Gym (WC)
 3:00 PM "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library)
 3:00 PM Open Swim (WC)
 4:00 PM "Name That Tune" (AR)
 6:00 PM Evening Movie "The Peanut Butter Falcon" (AR)

6
 10:00 AM Sweet Spirit Singers (Front Lobby)
 10:30 AM Cottage Sittercise (WC)
 11:00 AM Sterling Music Series with Thayer Naples (AR)
 11:15 AM Focused Fitness (New Day!) (WC)
1:00 PM Massage Therapist here from 1:00-5:00 (WC)
 1:00 PM Piano with Dixie (LR)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
 3:00 PM Wii Bowling (WC)
 4:00 PM "Masters of the Air" Episode 1 (AR)
 6:00 PM Evening Movie "Angels and Demons" starring Tom Hanks (AR)

7
10:00 AM Art Class with Scott (AR)
 10:00 AM Campus Water Aerobics with Christine (AL and IL) (WC)
 10:30 AM Cottage Sittercise (WC)
1:00 PM Hymns & Hope with Joel (LR)
 1:00 PM Open Gym (WC)
 2:00 PM Open Swim (WC)
 3:00 PM Cottage Owners Brain Fitness (CC)
3:30 PM Happy Hour with Joni and Tom Illi (DR)
 6:00 PM Evening Movie "Butch Cassidy and the Sundance Kid" (AR)

8
 10:30 AM Cottage Sittercise (WC)
 11:15 AM Focused Fitness (New Day!) (WC)
1:00 PM Outing: Atlanta Botanical Gardens - Tulips and Orchids in BLOOM! (O)
 2:00 PM Current Events (AR)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
4:00 PM Armchair Travels "Rick Steve's Scandinavia" (AR)
 6:00 PM Friday Funnies Movie "How to Lose a Guy in 10 Days" (AR)

9
 10:00 AM Coffee and Chat (CC)
 10:30 AM Cottage Sittercise (WC)
 11:15 AM Open Gym (WC)
 1:15 PM Move and Groove (WC)
 4:00 PM Guitar With Leigh (DR)
 6:00 PM Evening Movie "The Perfect Storm" starring George Clooney (AR)

Daylight Savings Time Begins
 9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite)
11:00 AM Documentary: Lost City of Macchu Picchu (AR)
 11:00 AM Cottage Owners Brunch Outing (TBD)
 3:15 PM Sunday Strings Serenades with Jack and Turner (Front Lobby)
 6:00 PM Evening Movie "Hunt for the Wilderpeople" (AR)

10
 10:00 AM Water Aerobics with Louise Butts (WC)
 10:30 AM Cottage Sittercise (WC)
11:00 AM The Deb Frank Collection Jewelry Sales (Front Lobby)
 11:30 AM Wii Sports (WC)
 2:00 PM Open Gym (WC)
3:00 PM Chef Chat (AR)
 3:00 PM Open Swim (WC)
 6:00 PM Evening Movie "Guys and Dolls" (AR)

11
 10:00 AM Water Aerobics with Louise Butts (WC)
 10:30 AM Cottage Sittercise (WC)
11:00 AM The Deb Frank Collection Jewelry Sales (Front Lobby)
 11:30 AM Wii Sports (WC)
 2:00 PM Open Gym (WC)
3:00 PM Chef Chat (AR)
 3:00 PM Open Swim (WC)
 6:00 PM Evening Movie "Guys and Dolls" (AR)

12
 10:30 AM Cottage Sittercise (WC)
11:00 AM Bible Study with Joel (AR)
1:00 PM Resident Council Meeting (AR)
 1:15 PM Move and Groove (WC)
 2:00 PM Open Gym (WC)
 3:00 PM "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library)
 3:00 PM Open Swim (WC)
 4:00 PM "Name That Tune - Beatles BINGO!" (AR)
 6:00 PM Evening Movie "Scent of a Woman" starring Al Pacino (AR)

13
 10:30 AM Cottage Sittercise (WC)
 11:15 AM Focused Fitness (New Day!) (WC)
 1:00 PM Piano with Dixie (LR)
2:00 PM Edible Craft - Pretzel Clovers (AR)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
 3:00 PM Wii Bowling (WC)
4:00 PM "Masters of the Air" Episode 2 (AR)
 6:00 PM Evening Movie "Queen Bees" (AR)

National Pi Day
10:00 AM Art Class with Scott (AR)
 10:00 AM Campus Water Aerobics with Christine (AL and IL) (WC)
 10:30 AM Chair Yoga (AL and IL) (WC)
1:00 PM Hymns & Hope with Joel (LR)
 1:00 PM Open Gym (WC)
 2:00 PM Open Swim (WC)
 3:00 PM Cottage Owners Brain Fitness (CC)
 3:00 PM Pie Pop-Up! (Front Lobby)
3:45 PM Happy Hour with Keith West (Front Lobby)
 6:00 PM Evening Movie "Life of Pi" (AR)

14
10:00 AM Art Class with Scott (AR)
 10:00 AM Campus Water Aerobics with Christine (AL and IL) (WC)
 10:30 AM Chair Yoga (AL and IL) (WC)
1:00 PM Hymns & Hope with Joel (LR)
 1:00 PM Open Gym (WC)
 2:00 PM Open Swim (WC)
 3:00 PM Cottage Owners Brain Fitness (CC)
 3:00 PM Pie Pop-Up! (Front Lobby)
3:45 PM Happy Hour with Keith West (Front Lobby)
 6:00 PM Evening Movie "Life of Pi" (AR)

St. Patrick's Day
 9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite)
10:00 AM Holy Family Catholic Communion (AR)
 11:00 AM Documentaries & Biographies "Discovering St. Patrick" (AR)
12:00 PM Traditional Irish Lunch (DR)
4:00 PM "Truth or Blarney" Trivia and Green Beer! (AR)
 6:00 PM Evening Movie "Michael Collins" (AR)

17
 10:00 AM Water Aerobics with Louise Butts (WC)
 10:30 AM Cottage Sittercise (WC)
 11:30 AM Wii Sports (WC)
2:00 PM Insight Hour "John Hurlbut: Ideas for Better Citizenship" (AR)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
 6:00 PM Evening Movie "West Side Story" starring Natalie Wood (AR)

18
 10:00 AM Water Aerobics with Louise Butts (WC)
 10:30 AM Cottage Sittercise (WC)
 11:30 AM Wii Sports (WC)
2:00 PM Insight Hour "John Hurlbut: Ideas for Better Citizenship" (AR)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
 6:00 PM Evening Movie "West Side Story" starring Natalie Wood (AR)

19
 10:30 AM Cottage Sittercise (WC)
11:00 AM Bible Study with Joel (AR)
 1:15 PM Move and Groove (WC)
 2:00 PM Open Gym (WC)
 3:00 PM "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library)
 3:00 PM Open Swim (WC)
 4:00 PM "Name That Tune" (AR)
 6:00 PM Evening Movie "RV" Starring Robin Williams (AR)
 11:05 PM Spring Equinox--It's officially Spring!

20
 10:30 AM Cottage Sittercise (WC)
 11:00 AM Sterling Music Series with Thayer Naples (AR)
 11:15 AM Focused Fitness (New Day!) (WC)
1:00 PM Massage Therapist here from 1:00-5:00 (WC)
 1:00 PM Piano with Dixie (LR)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
 3:00 PM Wii Bowling (WC)
4:00 PM "Masters of the Air" Episode 3 (AR)
 6:00 PM Evening Movie "Erin Brockovich" (AR)

21
10:00 AM Art Class with Scott (AR)
 10:00 AM Campus Water Aerobics with Christine (AL and IL) (WC)
 10:30 AM Cottage Sittercise (WC)
1:00 PM Hymns & Hope with Joel (LR)
 1:00 PM Open Gym (WC)
 2:00 PM Open Swim (WC)
 3:00 PM Cottage Owners Brain Fitness (CC)
3:30 PM Happy Hour with Dave Katz! (DR)
 6:00 PM Evening Movie "Stagecoach" with John Wayne (1939) (AR)

22
8:30 AM Men's Breakfast - Andrew Bramlett Historian (AR)
 10:30 AM Cottage Sittercise (WC)
10:30 AM Outing: Booth Western Art Museum and Appalachian Grill (L)
 11:15 AM Focused Fitness (New Day!) (WC)
 2:00 PM Current Events (AR)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
4:00 PM Armchair Travels - Rick Steve's Europe - Vienna (AR)
 6:00 PM Friday Funnies Movie Time "Talladega Nights" (AR)

23
 10:00 AM Coffee and Chat (CC)
 10:30 AM Cottage Sittercise (WC)
 11:15 AM Open Gym (WC)
 1:15 PM Move and Groove (WC)
 4:00 PM Guitar With Leigh (DR)
 6:00 PM Evening Movie "London Has Fallen" (AR)

24
 9:00 AM In Touch with Dr. Charles Stanley (Channel 13 in your suite)
11:00 AM Documentary: "Stonehenge: The Mysterious Origins of England's Ancient Megalith" (AR)

25
 10:00 AM Water Aerobics with Louise Butts (WC)
 10:30 AM Cottage Sittercise (WC)
 11:30 AM Wii Sports (WC)
 2:00 PM Open Gym (WC)
 3:00 PM Open Swim (WC)
 6:00 PM Evening Movie "Fiddler on the Roof" (AR)

26
 10:30 AM Cottage Sittercise (WC)
11:00 AM Bible Study with Joel (AR)
1:30 PM Wii Bowling Tournament: Here at Sterling East (WC)
 3:00 PM "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library)
 4:00 PM "Name That Tune - Rat Pack BINGO!" (AR)
6:15 PM Medieval March Cottage Feast!

27
 10:30 AM Cottage Sittercise (WC)
 11:15 AM Focused Fitness (New Day!) (WC)
 1:00 PM Piano with Dixie (LR)
 1:30 PM Basketball Pong Tournament (IL) (WC)
3:00 PM "The Bibliophiles" Book Club - "The Housemaid" (AR)
4:00 PM "Masters of the Air" Episode 4 (AR)
 6:00 PM Evening Movie "And So It Goes" Starring Michael Douglas and Diane Keaton (AR)

28
10:00 AM Art Class with Scott (AR)
 10:00 AM Campus Water Aerobics with Christine (AL and IL) (WC)
 10:30 AM Cottage Sittercise (WC)
1:00 PM Hymns & Hope with Joel (LR)
 1:00 PM Open Gym (WC)
 2:00 PM Open Swim (WC)
 3:00 PM Cottage Owners Brain Fitness (CC)
3:30 PM Happy Hour with Loose Shoes! (DR)
 6:00 PM Evening Movie - "Calamity Jane" Starring Doris Day (AR)

29
Good Friday
10:00 AM Good Friday Service with Joel (AR)
10:00 AM Library Outing (Meet in Front Lobby)
 10:30 AM Cottage Sittercise (WC)
 11:15 AM Focused Fitness (New Day!) (WC)
 2:00 PM Current Events (AR)
4:00 PM Armchair Travels - Zion National Park (AR)
 6:00 PM Friday Funnies Movie Time "Calendar Girls" (AR)

OUTINGS!

- 3/1 HALF PRICE BOOKS AND STARBUCKS
- 3/5 THEATRE - ARGYLLE MOVIE
- 3/8 ATLANTA BOTANICAL GARDENS
- 3/22 BOOTH WESTERN ART MUSEUM
- 3/29 LIBRARY OUTING

"TRUTH OR BLARNEY"

TRIVIA AND GREEN BEER!

MARCH 17TH AT 4:00 PM IN
THE ACTIVITY ROOM!



EGG HUNT!

JOIN US ON FRIDAY, MARCH 29
FOR AN EGG HUNT! EGG HUNTING
BEGINS AT 3PM!



MARCH

Cottage Calendar



SPECIAL PERFORMANCE!

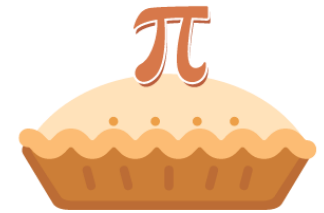
IRISH DANCERS ON FRIDAY, 3/15
AT 10:30 IN THE DINING ROOM

DON'T MISS THIS EVENT!



Medieval Feast!

Tuesday March 26th
6:15 Beer and Wine
6:45 Dinner



IT'S A PIE POP-UP!

JOIN US FOR SOME PIE IN THE LOBBY ON
PI DAY! 3.14 AT 3PM IN THE LOBBY!

RESIDENT BIRTHDAYS!

GRETCHEN PATTERSON 3/2
DOT HALLOQUIST 3/6
BETTYE SMITH 3/8
GAIL LESS 3/18
GEORGIA JOINER 3/21
BILL BRUNNER 3/26

EMPLOYEE BIRTHDAYS

ISABEL RUEDA-TAPIAS 3/1
KOFOWOROLA DUNTOYE-ANDREW 3/4
FRANCES THERVIL 3/10
GRACE BRAGG 3/12
MARION NKATHA 3/20
AMINA YARBROUGH 3/20
KATHERINE SMITH 3/29