

SUN

MON

TUE

WED

THUR

FRI

SAT

Easter
 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite)
 10:00 Catholic Mass (AR)
 11:15 Pre-Lunch Mimosas! (AR)
 12:00 Easter Luncheon (DR)
 2:00 BINGO (AR)
 6:00 Evening Movie "The Passion of the Christ" (AR)

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LOCATION KEY
 AR - Activity Room
 CC - Casual Cafe
 DR - Dining Room
 LR - Living Room
 L - Lobby
 O - Outing
 WC - Wellness Center

9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite)
 10:00 Catholic Mass (AR)
 10:00 Holy Family Catholic Communion (AR)
 11:00 Documentary: A Grain of Sand (AR)
 2:00 BINGO (AR)
 3:00 Girl Scout Troop Painting Craft (AR)
 6:00 Evening Movie "The Red Shoes" (AR)

3

9:30 Sittercise (AL) (WC)
 10:00 BINGO (AR)
 11:30 Wii Sports (WC)
 11:30 Girl Scout Cookie Sale! (L)
 12:45 Happy Tails (LR)
 2:00 Brain Game - Wordle Unlimited (AR)
 2:00 A Study in Birding Led By Resident Sandy Fantz (AR)
 2:00 Open Gym (WC)
 3:00 Open Swim (WC)
 4:00 Games with Friends (AR)
 6:00 Evening Movie "Elizabeth" Winner of 7 Academy Awards (AR)

4

Daylight Savings Time Begins
 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite)
 10:00 Catholic Mass (AR)
 11:00 Documentary: Lost City of Macchu Picchu (AR)
 2:00 BINGO (AR)
 3:15 Sunday Strings Serenades with Jack and Turner (Front Lobby)
 6:00 Evening Movie "Hunt for the Wilderpeople" (AR)

10

9:30 Sittercise (AL) (WC)
 10:00 BINGO (AR)
 11:00 The Deb Frank Collection Jewelry Sales (Front Lobby)
 11:30 Wii Sports (WC)
 2:00 Open Gym (WC)
 3:00 Chef Chat (AR)
 3:00 Open Swim (WC)
 4:00 Games with Friends (AR)
 6:00 Evening Movie "Guys and Dolls" (AR)

11

St. Patrick's Day
 9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite)
 10:00 Catholic Mass (AR)
 10:00 Holy Family Catholic Communion (AR)
 11:00 Documentaries & Biographies "Discovering St. Patrick" (AR)
 12:00 Traditional Irish Lunch (DR)
 2:00 BINGO (AR)
 4:00 "Truth or Blarney" Trivia and Green Beer! (AR)
 6:00 Evening Movie "Michael Collins" (AR)

17

9:30 Sittercise (AL) (WC)
 10:00 BINGO (AR)
 11:30 Wii Sports (WC)
 2:00 Brain Game - Wordle Unlimited (AR)
 2:00 Insight Hour " John Hurlbut: Ideas for Better Citizenship" (AR)
 2:00 Open Gym (WC)
 3:00 Open Swim (WC)
 4:00 Games with Friends (AR)
 6:00 Evening Movie "West Side Story" starring Natalie Wood (AR)

18

9:00 In Touch with Dr. Charles Stanley (Channel 13 in your suite)
 10:00 Catholic Mass (AR)
 11:00 Documentary: "Stonehenge: The Mysterious Origins of England's Ancient Megalith" (AR)
 2:00 BINGO (AR)
 3:30 Girl Scout Troop 15155 - Pretty Nail Polish! (AR)
 6:00 Evening Movie "Memphis Belle" (AR)

24

9:30 Sittercise (AL) (WC)
 10:00 BINGO (AR)
 11:30 Wii Sports (WC)
 2:30 New Resident Social (AR)
 3:00 Open Swim (WC)
 4:00 Games with Friends (AR)
 6:00 Evening Movie "Fiddler on the Roof" (AR)

25

9:30 Sittercise (AL) (WC)
 10:00 Tuesday Trivia and Calendar Update (CC)
 10:00 Water Aerobics (AL) with Christine (WC)
 11:00 Bible Study with Joel (AR)
 12:45 Outing: Merchant's Walk Movie - Argyll (O)
 1:15 Move and Groove (WC)
 2:00 Open Gym (WC)
 2:00 Pokeno & Prizes (AR)
 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library)
 3:00 Open Swim (WC)
 4:00 "Name That Tune" (AR)
 6:00 Evening Movie "The Peanut Butter Falcon" (AR)

5

9:30 Sittercise (AL) (WC)
 10:00 Tuesday Trivia and Calendar Update (CC)
 10:00 Water Aerobics (AL) with Christine (WC)
 11:00 Bible Study with Joel (AR)
 1:00 Resident Council Meeting (AR)
 1:15 Move and Groove (WC)
 2:00 Open Gym (WC)
 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library)
 3:00 Open Swim (WC)
 4:00 "Name That Tune - Beatles BINGO!" (AR)
 6:00 Evening Movie "Scent of a Woman" starring Al Pacino (AR)

12

9:30 Sittercise (AL) (WC)
 10:00 Tuesday Trivia and Calendar Update (CC)
 10:00 Water Aerobics (AL) with Christine (WC)
 11:00 Bible Study with Joel (AR)
 1:15 Move and Groove (WC)
 2:00 Open Gym (WC)
 2:00 Pokeno & Prizes (AR)
 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library)
 3:00 Open Swim (WC)
 4:00 "Name That Tune" (AR)
 6:00 Evening Movie "RV" Starring Robin Williams (AR)
 11:05 Spring Equinox---It's officially Spring!

19

9:30 Sittercise (AL) (WC)
 10:00 Tuesday Trivia and Calendar Update (CC)
 10:00 Water Aerobics (AL) with Christine (WC)
 11:00 Bible Study with Joel (AR)
 1:30 Wii Bowling Tournament: Here at Sterling East (WC)
 2:00 Pokeno & Prizes (AR)
 3:00 "Twisted Stitches" Knitting and Crocheting Club (Second Floor Library)
 4:00 "Name That Tune - Rat Pack BINGO!" (AR)
 6:00 Evening Movie "A League of their Own" (AR)

26

9:30 Sittercise (AL) (WC)
 10:00 Brain Fitness (AL) (AR)
 10:00 Publix Shopping
 10:00 Sweet Spirit Singers (Front Lobby)
 11:00 Sterling Music Series with Thayer Naples (AR)
 11:15 Focused Fitness (New Day!) (WC)
 1:00 Massage Therapist here from 1:00-5:00 (WC)
 1:00 Piano with Dixie (LR)
 2:00 Open Gym (WC)
 3:00 Open Swim (WC)
 3:00 Wii Bowling (WC)
 4:00 "Masters of the Air" Episode 1 (AR)
 6:00 Evening Movie "Angels and Demons" starring Tom Hanks (AR)

6

9:30 Sittercise (AL) (WC)
 10:00 Brain Fitness (AL) (AR)
 10:00 Kroger and Dollar Tree Shopping (Front Lobby)
 11:15 Focused Fitness (New Day!) (WC)
 1:00 Piano with Dixie (LR)
 2:00 Edible Craft - Pretzel Clovers (AR)
 2:00 Open Gym (WC)
 3:00 Open Swim (WC)
 3:00 Wii Bowling (WC)
 4:00 "Masters of the Air" Episode 2 (AR)
 6:00 Evening Movie "Queen Bees" (AR)

13

9:30 Sittercise (AL) (WC)
 10:00 Brain Fitness (AL) (AR)
 10:00 Publix Shopping
 11:00 Sterling Music Series with Thayer Naples (AR)
 11:15 Focused Fitness (New Day!) (WC)
 1:00 Massage Therapist here from 1:00-5:00 (WC)
 1:00 Piano with Dixie (LR)
 2:00 Open Gym (WC)
 3:00 Open Swim (WC)
 3:00 Wii Bowling (WC)
 4:00 "Masters of the Air" Episode 3 (AR)
 6:00 Evening Movie "Erin Brockovich" (AR)

20

9:30 Sittercise (AL) (WC)
 10:00 Brain Fitness (AL) (AR)
 10:00 Kroger and Dollar Tree Shopping (Front Lobby)
 11:15 Focused Fitness (New Day!) (WC)
 1:00 Piano with Dixie (LR)
 2:00 Edible Craft - Chocolate Bird Nests (AR)
 3:00 "The Bibliophiles" Book Club - "The Housemaid" (AR)
 4:00 "Masters of the Air" Episode 4 (AR)
 6:00 Evening Movie "And So It Goes" Starring Michael Douglas and Diane Keaton (AR)

27

9:30 Sittercise (AL) (WC)
 10:00 Art Class with Scott (AR)
 10:00 Campus Water Aerobics with Christine (AL and IL) (WC)
 1:00 Hymns & Hope with Joel (LR)
 1:00 Open Gym (WC)
 2:00 BINGO (AR)
 2:00 Open Swim (WC)
 3:30 Happy Hour with Joni and Tom Illi (DR)
 6:00 Evening Movie "Butch Cassidy and the Sundance Kid" (AR)

7

10:00 Art Class with Scott (AR)
 10:00 Campus Water Aerobics with Christine (AL and IL) (WC)
 10:30 Chair Yoga (AL and IL) (WC)
 1:00 Hymns & Hope with Joel (LR)
 1:00 Open Gym (WC)
 2:00 BINGO (AR)
 2:00 Open Swim (WC)
 3:00 Pie Pop-Up! (Front Lobby)
 3:45 Happy Hour with Keith West (Front Lobby)
 6:00 Evening Movie "Life of Pi" (AR)

14

9:30 Sittercise (AL) (WC)
 10:00 Art Class with Scott (AR)
 10:00 Campus Water Aerobics with Christine (AL and IL) (WC)
 1:00 Hymns & Hope with Joel (LR)
 1:00 Open Gym (WC)
 2:00 BINGO (AR)
 2:00 Open Swim (WC)
 3:30 Happy Hour with Dave Katz! (DR)
 6:00 Evening Movie "Stagecoach" with John Wayne (1939) (AR)

21

9:30 Sittercise (AL) (WC)
 10:00 Art Class with Scott (AR)
 10:00 Campus Water Aerobics with Christine (AL and IL) (WC)
 1:00 Hymns & Hope with Joel (LR)
 1:00 Open Gym (WC)
 2:00 BINGO (AR)
 2:00 Open Swim (WC)
 3:30 Happy Hour with Loose Shoes! (DR)
 6:00 Evening Movie - "Calamity Jane" Starring Doris Day (AR)

28

9:30 Sittercise (AL) (WC)
 10:30 Crafts (AR)
 2:00 Current Events (AR)
 2:00 Open Gym (WC)
 3:00 Open Swim (WC)
 4:00 Armchair Travels "Grand Canyon" (AR)
 6:00 Friday Funnies Movie "80 for Brady" (AR)

1

9:30 Sittercise (AL) (WC)
 10:30 Crafts (AR)
 11:15 Focused Fitness (New Day!) (WC)
 1:00 Outing: Atlanta Botanical Gardens - Tulips and Orchids in BLOOM! (O)
 2:00 Current Events (AR)
 2:00 Open Gym (WC)
 3:00 Open Swim (WC)
 4:00 Armchair Travels "Rick Steve's Scandinavia" (AR)
 6:00 Friday Funnies Movie "How to Lose a Guy in 10 Days" (AR)

8

9:30 Sittercise (AL) (WC)
 10:30 Irish Dancers! (DR)
 11:15 Focused Fitness (New Day!) (WC)
 12:00 American Irish Lunch (DR)
 2:00 Current Events (AR)
 2:00 Open Gym (WC)
 3:00 Open Swim (WC)
 4:00 Armchair Travels "Hidden Ireland" (AR)
 6:00 Friday Funnies Movie "The Lost City" (AR)

15

8:30 Men's Breakfast - Andrew Bramlett Historian (AR)
 9:30 Sittercise (AL) (WC)
 10:30 Crafts (AR)
 10:30 Outing: Booth Western Art Museum and Appalachian Grill (L)
 11:15 Focused Fitness (New Day!) (WC)
 2:00 Current Events (AR)
 2:00 Open Gym (WC)
 3:00 Open Swim (WC)
 4:00 Armchair Travels - Rick Steve's Europe - Vienna (AR)
 6:00 Friday Funnies Movie Time "Talladega Nights" (AR)

22

Good Friday
 9:30 Sittercise (AL) (WC)
 10:00 Good Friday Service with Joel (AR)
 10:00 Library Outing (Meet in Front Lobby)
 11:15 Focused Fitness (New Day!) (WC)
 1:30 Basketball Pong Tournament (AL) (WC)
 2:00 Current Events (AR)
 3:00 Easter Egg Hunt!
 4:00 Armchair Travels - Zion National Park (AR)
 6:00 Friday Funnies Movie Time "Calendar Girls" (AR)

29

9:30 Sittercise (AL) (WC)
 10:00 Coffee and Conversation (CC)
 11:00 Classical Sounds (AR)
 11:15 Open Gym (WC)
 1:15 Move and Groove (WC)
 2:00 Saturday Snack Bar- Indoor S'mores! (AR)
 3:00 Resident Choice Activity (AR)
 3:00 Twisted Stitches (Library)
 6:00 Evening Movie "Witness" Starring Harrison Ford (AR)

2

9:30 Sittercise (AL) (WC)
 10:00 Coffee and Conversation (CC)
 11:00 Games with Friends (AR)
 11:15 Open Gym (WC)
 1:15 Move and Groove (WC)
 2:00 Crafts (AR)
 3:00 Twisted Stitches (Library)
 4:00 Guitar With Leigh (DR)
 6:00 Evening Movie "The Perfect Storm" starring George Clooney (AR)

9

9:30 Sittercise (AL) (WC)
 10:00 Coffee and Conversation (CC)
 11:00 Classical Sounds (AR)
 11:15 Open Gym (WC)
 1:15 Move and Groove (WC)
 2:00 Saturday Snack Bar - Root Beer Floats! (AR)
 3:00 Resident Choice Activity (AR)
 3:00 Twisted Stitches (Library)
 6:00 Evening Movie "Elvis" Starring Tom Hanks and Austin Butler (AR)

16

9:30 Sittercise (AL) (WC)
 10:00 Coffee and Conversation (CC)
 11:00 Games with Friends (AR)
 11:15 Open Gym (WC)
 1:15 Move and Groove (WC)
 2:00 Crafts (AR)
 3:00 Twisted Stitches (Library)
 4:00 Guitar With Leigh (DR)
 6:00 Evening Movie "London Has Fallen" (AR)

23

9:30 Sittercise (AL) (WC)
 10:00 Coffee and Conversation (CC)
 11:15 Open Gym (WC)
 1:15 Move and Groove (WC)
 2:00 Resident Choice Game! (AR)
 3:00 Twisted Stitches (Library)
 6:00 Evening Movie "Double Jeopardy" (AR)

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March 2024
 Activity and Social Calendar



OUTINGS!

- 3/1 HALF PRICE BOOKS AND STARBUCKS
- 3/5 THEATRE - ARGYLLE MOVIE
- 3/8 ATLANTA BOTANICAL GARDENS
- 3/22 BOOTH WESTERN ART MUSEUM
- 3/29 LIBRARY OUTING

"TRUTH OR BLARNEY"

TRIVIA AND GREEN BEER!

MARCH 17TH AT 4:00 PM IN
THE ACTIVITY ROOM!

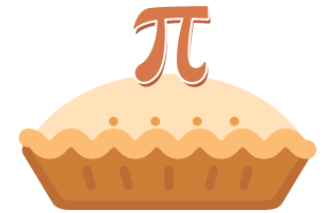


EGG HUNT!

JOIN US ON FRIDAY, MARCH 29
FOR AN EGG HUNT! EGG HUNTING
BEGINS AT 3PM!



March



IT'S A PIE POP-UP!

JOIN US FOR SOME PIE IN THE LOBBY ON
PI DAY! 3.14 AT 3PM IN THE LOBBY!

RESIDENT BIRTHDAYS!

GRETCHEN PATTERSON 3/2
DOT HALLOQUIST 3/6
BETTYE SMITH 3/8
GAIL LESS 3/18
GEORGIA JOINER 3/21
BILL BRUNNER 3/26

EMPLOYEE BIRTHDAYS

ISABEL RUEDA-TAPIAS 3/1
KOFOWOROLA DUNTOYE-ANDREW 3/4
FRANCES THERVIL 3/10
GRACE BRAGG 3/12
MARION NKATHA 3/20
AMINA YARBROUGH 3/20
KATHERINE SMITH 3/29

