

SUN MON TUE WED THUR FRI SAT

LOCATION KEY
 AR - Activity Room
 CC - Casual Cafe
 Ch. 2 - Channel 2
 DR - Dining Room

GR2 - Game Room 2nd floor
LR - Living Room
WC - Wellness Center

<p>10:00 Catholic Mass (AR/Ch.2) 5</p> <p>11:00 Church with Andy Stanley (Ch. 2)</p> <p>11:00 Documentaries & Biographies (AR)</p> <p>2:00 BINGO (AR)</p> <p>6:30 Evening Movie (Ch 2)</p>	<p>9:30 Sittercise (WC) 6</p> <p>10:30 Bingo (AR)</p> <p>11:30 March Into Spring: Walking Club (WC)</p> <p>1:00 Happy Tails (LR)</p> <p>1:30 Bridge Club (GR2)</p> <p>2:00 History Club (AR)</p> <p>3:00 Chair Yoga (WC)</p> <p>6:00 Evening Movie (AR)</p>	<p>9:30 Sittercise (WC) 7</p> <p>10:00 Tuesday Trivia and Update (CC)</p> <p>11:00 Bible Study with Hal (AR)</p> <p>2:00 Pokeno & Prizes (AR)</p> <p>2:00 Water Aerobics (WC)</p> <p>3:00 Move and Groove (WC)</p> <p>3:00 Open Swim (WC)</p> <p>4:00 Brain Games (AR)</p> <p>6:00 Game Night (AR)</p>	<p>9:30 Sittercise (WC) 8</p> <p>10:00 Publix Run (Tom)</p> <p>10:30 Canasta (AR)</p> <p>1:30 Focused Fitness (WC)</p> <p>2:00 Open Swim (WC)</p> <p>3:00 Wii Bowling (WC)</p> <p>3:30 Group Trivia (LR)</p> <p>6:00 Evening Movie (AR)</p>	<p>9:30 Sittercise (WC) 9</p> <p>10:00 Art Class with Scott (AR)</p> <p>10:30 Canasta (AR)</p> <p>2:00 Water Aerobics (WC)</p> <p>2:00 Bingo (AR)</p> <p>3:00 Move and Groove (WC)</p> <p>3:00 Open Swim (WC)</p> <p>3:30 Happy Hour with Music (DR)</p> <p>6:00 Game Night (AR)</p>	<p>9:30 Sittercise (WC) 10</p> <p>10:30 Crafts (AR)</p> <p>11:00 Movie Theater Outing: "80 for Brady" (Front Lobby)</p> <p>1:30 Focused Fitness (WC)</p> <p>2:00 Open Swim (WC)</p> <p>3:00 Brain Fitness</p> <p>3:45 Armchair Travels (AR)</p> <p>6:00 Friday Movie With Friends. (AR)</p>	<p>10:00 Coffee and Conversation (CC) 4</p> <p>11:00 Classical Sounds (AR)</p> <p>1:30 Bridge Club (GR2)</p> <p>2:00 Saturday Snack Bar (AR)</p> <p>3:00 Saturday Matinee (AR)</p> <p>6:30 Evening Movie (Ch 2)</p>
<p>Daylight Savings Time Begins 12</p> <p>10:00 Catholic Mass (AR/Ch.2)</p> <p>11:00 Church with Andy Stanley (Ch. 2)</p> <p>11:00 Documentaries & Biographies (AR)</p> <p>2:00 BINGO (AR)</p> <p>6:30 Evening Movie (Ch 2)</p>	<p>9:00 March Madness Brackets Begin 13</p> <p>9:30 Sittercise (WC)</p> <p>10:30 Bingo (AR)</p> <p>11:30 March Into Spring: Walking Club (WC)</p> <p>1:30 Bridge Club (GR2)</p> <p>3:00 Chef Chat (AR)</p> <p>6:00 Evening Movie (AR)</p>	<p>9:30 Sittercise (WC) 14</p> <p>10:00 Tuesday Trivia and Update (CC)</p> <p>11:00 Bible Study with Hal (AR)</p> <p>2:00 Pokeno & Prizes (AR)</p> <p>2:00 Water Aerobics (WC)</p> <p>3:00 Move and Groove (WC)</p> <p>3:00 Neighborhood Association Meeting (DR)</p> <p>3:00 Open Swim (WC)</p> <p>6:00 Game Night (AR)</p>	<p>9:30 Sittercise (WC) 15</p> <p>10:00 Publix Run (Tom)</p> <p>10:30 Canasta (AR)</p> <p>1:30 Focused Fitness (WC)</p> <p>2:00 Cooking Club (AR)</p> <p>2:00 Open Swim (WC)</p> <p>3:00 Wii Bowling (WC)</p> <p>3:30 Golden Oldies (AR)</p> <p>6:00 Evening Movie (AR)</p>	<p>9:30 Sittercise (WC) 16</p> <p>10:00 Art Class with Scott (AR)</p> <p>2:00 Water Aerobics (WC)</p> <p>2:00 Bingo (AR)</p> <p>3:00 Move and Groove (WC)</p> <p>3:00 Open Swim (WC)</p> <p>3:30 Happy Hour with Music (DR)</p> <p>6:00 Game Night (AR)</p>	<p>St. Patrick's Day 17</p> <p>9:30 Sittercise (WC)</p> <p>10:30 Crafts (AR)</p> <p>12:00 St. Patrick's Day Lunch (DR)</p> <p>1:30 Focused Fitness (WC)</p> <p>2:00 Current Events (AR)</p> <p>2:00 Open Swim (WC)</p> <p>3:00 Brain Fitness</p> <p>3:45 Armchair Travels (AR)</p> <p>6:00 Friday Movie With Friends. (AR)</p>	<p>10:00 Coffee and Conversation (CC) 18</p> <p>11:00 Classical Sounds (AR)</p> <p>1:30 Bridge Club (GR2)</p> <p>2:00 Saturday Snack Bar (AR)</p> <p>3:00 Saturday Matinee (AR)</p> <p>6:30 Evening Movie (Ch 2)</p>
<p>10:00 Catholic Mass (AR/Ch.2) 19</p> <p>10:00 Holy Family Catholic Communion (AR)</p> <p>11:00 Church with Andy Stanley (Ch. 2)</p> <p>11:00 Documentaries & Biographies (AR)</p> <p>2:00 BINGO (AR)</p> <p>3:00 Wonderous Winds Symphony-Outing (Front Lobby)</p> <p>6:30 Evening Movie (Ch 2)</p>	<p>9:30 Sittercise (WC) 20</p> <p>10:30 Bingo (AR)</p> <p>11:30 March Into Spring: Walking Club (WC)</p> <p>1:30 Bridge Club (GR2)</p> <p>2:00 Insight Hour (AR)</p> <p>3:00 Chair Yoga (WC)</p> <p>6:00 Evening Movie (AR)</p>	<p>9:30 Sittercise (WC) 21</p> <p>10:00 Tuesday Trivia and Update (CC)</p> <p>11:00 Bible Study with Hal (AR)</p> <p>2:00 Pokeno & Prizes (AR)</p> <p>2:00 Water Aerobics (WC)</p> <p>3:00 Move and Groove (WC)</p> <p>3:00 Open Swim (WC)</p> <p>3:30 Group Trivia (LR)</p> <p>6:00 Game Night (AR)</p>	<p>9:30 Sittercise (WC) 22</p> <p>10:00 Publix Run (Tom)</p> <p>10:30 Canasta (AR)</p> <p>1:00 Massage Therapist here from 1:00-5:00 (WC)</p> <p>1:30 Focused Fitness (WC)</p> <p>2:00 Open Swim (WC)</p> <p>3:00 Wii Bowling (WC)</p> <p>3:30 Book Club (AR)</p> <p>6:00 Evening Movie (AR)</p>	<p>9:30 Sittercise (WC) 23</p> <p>10:00 Art Class with Scott (AR)</p> <p>2:00 Water Aerobics (WC)</p> <p>2:00 Bingo (AR)</p> <p>3:00 Move and Groove (WC)</p> <p>3:00 Open Swim (WC)</p> <p>3:30 Happy Hour with Music (DR)</p> <p>6:00 Game Night (AR)</p>	<p>9:30 Sittercise (WC) 24</p> <p>10:00 Shopping Trip: Target (Front Lobby)</p> <p>10:30 Crafts (AR)</p> <p>1:30 Focused Fitness (WC)</p> <p>2:00 Open Swim (WC)</p> <p>3:00 Brain Fitness</p> <p>3:45 Armchair Travels (AR)</p> <p>6:00 Friday Movie With Friends. (AR)</p>	<p>10:00 Coffee and Conversation (CC) 25</p> <p>11:00 Games with Friends (AR)</p> <p>1:30 Bridge Club (GR2)</p> <p>2:00 Crafts with Vanessa (AR)</p> <p>4:00 Guitar With Leigh (DR)</p> <p>6:30 Evening Movie (Ch 2)</p>
<p>10:00 Catholic Mass (AR/Ch.2) 26</p> <p>11:00 Church with Andy Stanley (Ch. 2)</p> <p>11:00 Documentaries & Biographies (AR)</p> <p>2:00 BINGO (AR)</p> <p>6:30 Evening Movie (Ch 2)</p>	<p>9:30 Sittercise (WC) 27</p> <p>10:30 Bingo (AR)</p> <p>11:30 March Into Spring: Walking Club (WC)</p> <p>1:30 Bridge Club (GR2)</p> <p>2:30 Live Music (LR)</p> <p>2:30 Smoothie of the Month (AR)</p> <p>6:00 Evening Movie (AR)</p>	<p>9:30 Sittercise (WC) 28</p> <p>10:00 Tuesday Trivia and Update (CC)</p> <p>11:00 Bible Study with Hal (AR)</p> <p>2:00 Pokeno & Prizes (AR)</p> <p>2:00 Water Aerobics (WC)</p> <p>3:00 Move and Groove (WC)</p> <p>3:00 Open Swim (WC)</p> <p>4:00 Brain Games (AR)</p> <p>6:00 Game Night (AR)</p>	<p>9:00 Senior Fitness Testing 9:00am-12:00pm (WC) 29</p> <p>9:30 Sittercise (WC)</p> <p>10:00 Publix Run (Tom)</p> <p>10:30 Canasta (AR)</p> <p>1:30 Focused Fitness (WC)</p> <p>2:00 Open Swim (WC)</p> <p>3:00 Wii Bowling (WC)</p> <p>3:30 Group Trivia (LR)</p> <p>6:00 Evening Movie (AR)</p>	<p>9:30 Sittercise (WC) 30</p> <p>10:00 Art Class with Scott (AR)</p> <p>2:00 Water Aerobics (WC)</p> <p>2:00 Bingo (AR)</p> <p>3:00 Move and Groove (WC)</p> <p>3:00 Open Swim (WC)</p> <p>3:30 Happy Hour with Music (DR)</p> <p>6:00 Game Night (AR)</p>	<p>9:30 Sittercise (WC) 31</p> <p>10:30 Crafts (AR)</p> <p>10:30 Sterling Fashion Show (DR)</p> <p>1:30 Focused Fitness (WC)</p> <p>2:00 Open Swim (WC)</p> <p>3:00 Brain Fitness</p> <p>3:45 Armchair Travels (AR)</p> <p>6:00 Friday Movie With Friends. (AR)</p>	



Insight Hour

Monday, March 20th at 2:00PM

Wellness Collaboration

Balance Seminar



Friday Outings

March 3rd — Mzizi Coffee Company

March 10th — Movie Theater Outing

March 24th — Target Shopping Trip

Happy Birthday

Residents

Gretchen Patterson 3/02

Judy Pandich 3/03

Bettye Smith 3/08

Gail Less 3/18

Staff

Isabel Cristina Rueda Tapias 3/01

Frances Therwil 3/10



New Activities & Events

March (Tues. & Thurs.) — Game Night

March (Mondays) — March Into Spring

March 11th & 25th — Games with Friends

March 31st — Sterling Fashion Show



Happy Hour & Entertainment

March 2nd — Happy Hour with Joni & Tom

March 9th — Happy Hour with Jeni Michelson

March 11th — Guitar with Leigh

March 16th — Happy Hour with Loose Shoes

March 17th — St. Patrick's Day Lunch w/ Take III Trio

March 23rd — Happy Hour with Glen Hayes

March 25th — Guitar with Leigh

March 27th — Piano by Jade

March 30th — Happy Hour with Bill Gleason

