

SUN	MON	TUE	WED	THUR	FRI	SAT
1 10:00 Coffee Talk (LFL) 10:45 Sterling Church Service (LAR) 2:00 Wii Bowling Games (WC) 2:00 IL- Movie Matinee (HMR)	2 9:00 YOGA (WC) 1:00 IL- BUNCO (HMR) 1:30 IL- Mahjongg (SL) 2:00 IL: Water Aerobics (WC) 2:30 IL: Open Swim (Pool) 4:00 When We Were Young (LFL) 7:00 IL: Line Dancing w/ Nurse Laura (SL)	3 8:30 Visiting Podiatrist Appts (WC) 9:00 IL: Aqua Power (Pool) 9:30 POWER UP (HMR) 10:15 IL: Technology Help Desk (HMR) 10:30 Catholic Communion Service (LAR) 1:00 IL: Mex Train Dominoes (HMR) 1:30 BINGO (LAR) 1:30 IL- Rummikub (SL) 2:30 IL: Open Swim (Pool) 3:30 Mid-Week Campus Church Service with Mic Knox (LFL)	4 9:00 YOGA (WC) 10:00 IL: Spouse Support (SL) 10:00 Shopping: Walmart (LFL) 11:15 Parkinson's Exercise Class (WC) 2:00 IL: Water Aerobics (WC) 2:30 IL: Open Swim (Pool) 3:00 IL: Knit & Crochet (HMR) 7:00 IL: Game Night: Hand and Foot (HMR)	5 9:00 IL: Aqua Power (Pool) 9:30 POWER UP (HMR) 10:00 Crafts with Agape (LAR) 11:00 IL: Sterling Bridge Club (HMR) 1:00 Let's Make A Deal (LAR) 2:30 IL: Hand & Foot Card Game (HC) 2:30 IL: Open Swim (Pool) 3:30 Happy Hour with Music (LFL) 4:00 Wii Bowling Games (WC)	6 2:00 5th Annual Ladies Tea Party (LDR) 2:30 IL: Open Swim (Pool) 3:30 IL: Golden Oldies w/ Bill (HMR) 5:45 Game Night (LDR)	7 10:00 Spring Shootout Bocce Tournament (BBC) 10:30 Sterling's Kentucky (Hobby) Horse Derby (LFP) 11:00 Spring Shootout Bocce Tournament (BBC) 1:30 IL- Rummikub (SL) 2:30 IL: Open Swim (Pool) 3:30 Rock & Roll Oldies (LAR) 7:00 IL: Game Night (HMR)
8 Mother's Day 10:00 Coffee Talk (LFL) 10:45 Sterling Church Service (LAR) 2:00 Open Shuffleboard Practice (SB) 2:00 Wii Bowling Games (WC) 2:00 IL- Movie Matinee (HMR) 3:00 "Mother's Day" The Movie (LAR) 5:00 Spring Shootout Bocce Tournament (BBC) 6:00 Spring Shootout Bocce Tournament (BBC)	9 9:00 YOGA (WC) 11:00 Senior Scams Presentation by Sup. Court Judge Gerald Moore (LAR) 1:30 IL- Mahjongg (SL) 2:00 IL: Water Aerobics (WC) 2:30 IL: Open Swim (Pool) 4:00 When We Were Young (LFL) 7:00 IL: Line Dancing w/ Nurse Laura (SL)	10 9:00 IL: Aqua Power (Pool) 9:30 POWER UP (HMR) 10:15 IL: Technology Help Desk (HMR) 10:30 Catholic Communion Service (LAR) 1:00 IL: Mex Train Dominoes (HMR) 1:30 BINGO (LAR) 1:30 IL- Rummikub (SL) 2:30 IL: Open Swim (Pool) 3:30 Mid-Week Campus Church Service with Mic Knox (LFL)	11 9:00 YOGA (WC) 10:00 IL: Spouse Support (SL) 10:00 Shopping: Kroger (LFL) 10:00 On-site Jewelry Repair (LFL) 11:15 Parkinson's Exercise Class (WC) 1:15 Pike Nursery Afternoon Shopping (LFL) 2:00 IL: Water Aerobics (WC) 2:30 IL: Open Swim (Pool) 3:00 IL: Knit & Crochet (HMR) 7:00 IL: Game Night: Hand and Foot (HMR) 10:00 LET'S RIDE (WC)	12 9:00 IL: Aqua Power (Pool) 9:30 POWER UP (HMR) 10:00 Stick to the Beat (LAR) 10:00 IL: Open Art Studio (HAS) 11:00 IL: Sterling Bridge Club (HMR) 2:30 IL: Hand & Foot Card Game (HC) 2:30 IL: Open Swim (Pool) 3:30 Happy Hour with Music (LFL) 4:00 Wii Bowling Games (WC)	13 9:30 Fun Friday Outing to Oak Hill at Berry College (LFL) 2:00 IL: Painting Lessons w/ Scott (HAS) 2:30 IL: Open Swim (Pool) 3:30 IL: Golden Oldies w/ Bill (HMR) 5:30 IL- May Birthday Celebration (HC) 5:45 Game Night (LDR)	14 9:00 IL- Master Gardeners 19th Annual Garden Tour (HC) 10:00 Spring Shootout Bocce Tournament (BBC) 11:00 Giant Crosswords (LAR) 11:00 Spring Shootout Bocce Tournament (BBC) 1:30 BINGO (LAR) 1:30 IL- Rummikub (SL) 2:30 IL: Open Swim (Pool) 3:30 Rock & Roll Oldies (LAR) 7:00 IL: Game Night (HMR)
15 10:00 Coffee Talk (LFL) 10:45 Sterling Church Service (LAR) 2:00 Open Shuffleboard Practice (SB) 2:00 Wii Bowling Games (WC) 2:00 IL- Movie Matinee (HMR) 4:00 IL- New Resident Sunday Social (HC) 5:00 Spring Shootout Bocce Tournament (BBC) 6:00 Spring Shootout Bocce Tournament (BBC)	16 9:00 YOGA (WC) 1:00 IL- BUNCO (HMR) 1:30 IL- Mahjongg (SL) 2:00 IL: Water Aerobics (WC) 2:30 IL: Open Swim (Pool) 4:00 When We Were Young (LFL) 7:00 IL: Line Dancing w/ Nurse Laura (SL)	17 9:00 IL: Aqua Power (Pool) 9:30 POWER UP (HMR) 10:15 IL: Technology Help Desk (HMR) 10:30 Catholic Communion Service (LAR) 1:00 IL: Mex Train Dominoes (HMR) 1:30 BINGO (LAR) 1:30 IL- Rummikub (SL) 2:30 IL: Open Swim (Pool) 3:30 Mid-Week Campus Church Service with Mic Knox (LFL)	18 9:00 YOGA (WC) 10:00 IL: Spouse Support (SL) 10:00 Shopping: Walmart (LFL) 11:15 Parkinson's Exercise Class (WC) 1:30 IL: PageTurners Book Club (HMR) 2:00 IL: Water Aerobics (WC) 2:30 IL: Open Swim (Pool) 3:00 IL: Knit & Crochet (HMR) 7:00 IL: Game Night: Hand and Foot (HMR)	19 9:00 CAR WASH 9:00 IL: Aqua Power (Pool) 9:30 POWER UP (HMR) 11:00 IL: Sterling Bridge Club (HMR) 2:30 IL: Hand & Foot Card Game (HC) 2:30 IL: Open Swim (Pool) 3:30 Happy Hour with Music (LFL) 4:00 Wii Bowling Games (WC)	20 9:30 Fun Friday Outing to Imagine Picasso (LFL) 2:00 IL: Painting Lessons w/ Scott (HAS) 2:30 IL: Open Swim (Pool) 3:30 IL: Golden Oldies w/ Bill (HMR) 5:45 Game Night (LDR)	21 10:00 Spring Shootout Bocce Tournament (BBC) 11:00 Giant Crosswords (LAR) 11:00 Spring Shootout Bocce Tournament (BBC) 1:30 BINGO (LAR) 1:30 IL- Rummikub (SL) 2:30 IL: Open Swim (Pool) 3:30 Rock & Roll Oldies (LAR) 7:00 IL: Game Night (HMR)
22 10:00 Coffee Talk (LFL) 10:45 Sterling Church Service (LAR) 2:00 IL-The Color Purple - Sandy Springs Theatre (HC) 2:00 Open Shuffleboard Practice (SB) 2:00 Wii Bowling Games (WC) 2:00 IL- Movie Matinee (HMR) 5:00 Spring Shootout Bocce Tournament (BBC) 6:00 Spring Shootout Bocce Tournament (BBC)	23 9:00 YOGA (WC) 11:00 IL- Technology Help w/ Natalie Silver (HMR) 1:30 IL- Mahjongg (SL) 2:00 IL: Water Aerobics (WC) 2:30 IL: Open Swim (Pool) 4:00 When We Were Young (LFL) 7:00 IL: Line Dancing w/ Nurse Laura (SL)	24 9:00 IL: Aqua Power (Pool) 9:30 POWER UP (HMR) 10:15 IL: Technology Help Desk (HMR) 10:30 Catholic Communion Service (LAR) 1:00 IL: Mex Train Dominoes (HMR) 1:30 BINGO (LAR) 1:30 IL- Rummikub (SL) 2:30 IL: Open Swim (Pool) 3:30 Mid-Week Campus Church Service with Mic Knox (LFL)	25 9:00 YOGA (WC) 10:00 IL: Spouse Support (SL) 10:00 Shopping: Publix (LFL) 11:15 Parkinson's Exercise Class (WC) 1:15 Thrift Shopping (LFL) 2:00 IL: Water Aerobics (WC) 2:30 IL: Open Swim (Pool) 3:00 IL: Knit & Crochet (HMR) 7:00 IL: Game Night: Hand and Foot (HMR)	26 9:00 IL: Aqua Power (Pool) 9:30 POWER UP (HMR) 10:00 Stick to the Beat (LAR) 10:00 IL: Open Art Studio (HAS) 10:30 IL- Governors Gun Club (HC) 11:00 IL: Sterling Bridge Club (HMR) 2:30 IL: Hand & Foot Card Game (HC) 2:30 IL: Open Swim (Pool) 3:30 Happy Hour with Music (LFL) 4:00 Wii Bowling Games (WC)	27 10:00 Fun Friday Outing at Atlanta Botanical Gardens (LFL) 2:00 IL: Painting Lessons w/ Scott (HAS) 2:30 IL: Open Swim (Pool) 3:30 IL: Golden Oldies w/ Bill (HMR) 5:45 Game Night (LDR)	28 10:00 Spring Shootout Bocce Tournament (BBC) 11:00 Giant Crosswords (LAR) 11:00 Spring Shootout Bocce Tournament (BBC) 1:30 BINGO (LAR) 1:30 IL- Rummikub (SL) 2:30 IL: Open Swim (Pool) 3:30 Rock & Roll Oldies (LAR) 7:00 IL: Game Night (HMR)
29 10:00 Coffee Talk (LFL) 10:45 Sterling Church Service (LAR) 2:00 Open Shuffleboard Practice (SB) 2:00 Wii Bowling Games (WC) 2:00 IL- Movie Matinee (HMR) 5:00 Spring Shootout Bocce Tournament (BBC) 6:00 Spring Shootout Bocce Tournament (BBC)	30 Memorial Day 9:00 YOGA (WC) 10:00 Memorial Day Music (LFL) 1:00 IL- BUNCO (HMR) 1:30 IL- Mahjongg (SL) 2:00 IL: Water Aerobics (WC) 2:00 Root Beer Float Party (LFP) 2:30 IL: Open Swim (Pool) 4:00 When We Were Young (LFL) 7:00 IL: Line Dancing w/ Nurse Laura (SL)	31 9:00 IL: Aqua Power (Pool) 9:30 POWER UP (HMR) 10:15 IL: Technology Help Desk (HMR) 10:30 Catholic Communion Service (LAR) 1:00 IL: Mex Train Dominoes (HMR) 1:30 BINGO (LAR) 1:30 IL- Rummikub (SL) 2:30 IL: Open Swim (Pool) 3:30 Mid-Week Campus Church Service with Mic Knox (LFL) 4:00 IL-Dinner Club goes to Papi's Grill, A True Taste of Cuba (HC)	LOCATION KEY BBC - Bocce Ball Court HAS - Hampton Art Studio HC - Hampton Club HMR - Hampton Media Room LAR - Landmark Activity Room LDR - Landmark Dining Room		LFL - Landmark Front Lobby LFP - Landmark Front Porch SB - Shuffleboard Court	SL - Stratford Lounge WC - Wellness Center Pool - Wellness Center Pool

May 2022

Cottage & Apartment Special Events
 3165 Dallas Hwy, Marietta, GA 30064 770-255-7000



Sterling on the Go!

5/2– Three night trip to Savannah, GA

5/13– Tour Oak Hill at Berry College

5/14– 2022 Master Gardener Tour of Cobb County

5/20– The Picasso Immersive Experience

5/22– City Springs Theatre– The Color Purple

5/27–Atlanta Botanical Gardens

5/31– Dinner Club goes to Papi's Cuban Grill

♦ ***Sign up for all trips in the Hampton Media Room***



Tech Tips with the Gadget Gal

- Need a little help with your phone, iPad or laptop?
- Come to the Media Room
- **When? Monday May 23rd at 11:00am**
- Gadget Gal, Natalie Silver will be here to help w/ your technology needs.
- Sign up in the Hampton Media Room.



“North Georgia Elder Abuse Task Force” with Superior Court Judge Gerald Moore to speak on Senior Scams to avoid

Monday May 9th @ 11am



Happy Hour

Join us on Thursdays at 3:30pm for Live Entertainment and drinks.

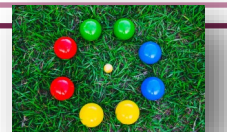
This month's lineup!

5/5 Collin Brown

5/12 Jeanette Crosswaite

5/19 Glen Hayes

5/26 Tom & Holly



Spring Shootout Bocce Tournament Starts

Saturday May 7th at

10:00am

11:00am

Sunday May 8th

5:00pm

6:00pm

Happy Birthday

Join us for a Birthday Celebration!

When? Friday May 13th

What Time? 5:30pm

Where? Hampton Club



*****A Very Special Happy Birthday to Hazel Howard as she will be 102 years young on May 1st*****

5/3– John Eadie

5/6– Gerda Boone

5/8– David Glauner

5/12– Gail Watson

5/13– Clayton Ramsey

5/23– Tek Leisy

5/26– Joe Kapczynski

5/31– Olive Clark

5/31– Ann Vandevate

**Ladies of Sterling
Are invited to the
Ladies Day Tea Party**

**Friday May 6th
2-4 pm
Landmark
Dining Room**

**Beautiful Music, sweet treats,
and of course, Tea!**



Men's Group



- 8:00am every Friday there will be a casual meet up in the Hampton Club for Coffee and Comradery.
- Next Breakfast Meeting will be May 25th. @ 8:45am. Topic of discussion TBD.

Let's Welcome All our New Neighbors

Sunday Social

Sunday May 15th

4pm-6pm



- ♦ Join us for live entertainment, pizza, beer, wine and sodas.
- ♦ All Independent Residents are invited, so come on down to the Hampton Club/Bluebird Café to mingle with your neighbors old and new.

Car Wash

Thursday May 19th

Sign up in the Landmark

Activity Room & pre-pay to Brittany Neal



Memorial Day

**Patriotic Music Show
with Val Miller**

Monday, May 30th

10am

Landmark Front Porch

