


SUN	MON	TUE	WED	THUR	FRI	SAT
				LOCATION KEY AR - Activity Room AR/Ch. 2 - Activity Room and Channel 2 CC - Casual Cafe DR - Dining Room FP - Front Porch GR2 - Game Room 2nd floor LR - Living Room WC - Wellness Center	April Fool's Day 9:30 12 Mile Run (WC) 10:30 Crafts (AR) 1:30 Focused Fitness with Laura Kelly (WC) 2:00 Fact Or Foolery Game With Prizes. (AR) 2:00 Open Swim: Skinny Dipping (WC) 3:00 Brain Fitness 3:45 Armchair Travel- April in Amsterdam (AR) 6:00 Friday Movie With Friends. (AR/Ch. 2)	Beginning of Ramadan 10:00 Coffee and Conversation (CC) 1:30 Bridge Club (GR2) 2:00 No bake mini cheesecake making with Vanessa (AR) 3:00 Saturday Matinee (AR) 6:30 Evening Movie (Channel 2 in your room)
9:30 Walking Club (Meet in Front Lobby) 10:00 Catholic Mass (AR/Ch.2) 10:30 Short Story Book Club (Legacy Room) 11:00 Church with Andy Stanley (Channel 2 in your room) 2:00 BINGO (AR) 3:30 Pineapple Lemonade & Laughs on the Front Porch with Vanessa (FP) 6:30 Evening Movie (Channel 2 in your room)	9:30 Sittercise (WC) 10:30 Garden Club (Garden) 1:00 Happy Tails (LR) 2:30 Bingo (AR) 4:00 Documentary on the Big Screen: The History of Golf (Masters Week) (AR) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Tuesday Morning Update after Exercise (CC) 11:00 Bible Study with Hal (AR) 1:30 Bridge Club (GR2) 2:00 Pokeno (AR) 2:00 Water Aerobics (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Publix Run (AR) 10:30 Canasta (AR) 2:00 Open Swim (WC) 2:00 Cooking Club (AR) 2:30 Dance Fitness (WC) 3:00 Focused Fitness (WC) 3:30 Games with Friends (AR) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 2:00 Water Aerobics (WC) 2:00 Bingo (AR) 3:00 Open Swim (WC) 3:30 Happy Hour- Kevin Harry (DR) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:30 Crafts (AR) 1:30 Focused Fitness with Laura Kelly (WC) 2:00 Open Swim (WC) 2:30 Sterling 2022 Masters (Courtyard) 4:15 Armchair Travel (AR) 6:00 Friday Movie With Friends. (AR/Ch. 2)	10:00 Coffee and Conversation (CC) 11:00 Fizzy Easter Egg Making with Vanessa (AR) 1:30 Bridge Club (GR2) 2:00 Wheel of Fortune with Vanessa (AR) 4:00 Guitar With Leigh (DR) 6:30 Evening Movie (Channel 2 in your room)
Palm Sunday 9:30 Walking Club (Meet in Front Lobby) 10:00 Catholic Mass (AR/Ch.2) 10:30 Short Story Book Club (Legacy Room) 11:00 Church with Andy Stanley (Channel 2 in your room) 2:00 BINGO (AR) 3:30 Make Easter Dirt Cups with Vanessa (AR) 6:30 Evening Movie (Channel 2 in your room)	9:30 Sittercise (WC) 10:30 Spring Project with Sarah Hagey in the Garden (Garden) 2:00 Bingo (AR) 3:00 Chef Chat (AR) 3:30 After Chef Chat Smoothies of The Month (AR) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Tuesday Morning Update after Exercise (CC) 11:00 Bible Study with Hal (AR) 1:30 Bridge Club (GR2) 2:00 Pokeno (AR) 2:00 Water Aerobics (WC) 3:00 Neighborhood Association Meeting (DR) 3:00 Open Swim/Wii Bowling (WC) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Publix Run (AR) 10:30 Canasta (AR) 2:00 Open Swim (WC) 2:00 Sweet Sensations Ice Cream Truck & Social (FP) 2:30 Dance Fitness (WC) 3:00 Focused Fitness (WC) 3:30 Games with Friends (AR) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 2:00 Water Aerobics (WC) 2:00 Bingo (AR) 3:00 Open Swim (WC) 3:30 Happy Hour- Jeni Michaelson (LR) 6:00 Evening Movie (AR)	Passover Good Friday 9:30 Sittercise (WC) 10:00 Crafts (AR) 11:00 Good Friday Service With Hal (AR) 1:30 Focused Fitness with Laura Kelly (WC) 2:00 Current Events (AR) 2:00 Open Swim (WC) 3:00 Brain Fitness 3:45 Armchair Travel (AR) 6:00 Friday Movie With Friends. (AR/Ch. 2)	10:00 Coffee and Conversation (CC) 11:00 Easy bunny cinnamon roll making with Vanessa (AR) 1:30 Bridge Club (GR2) 2:00 Brain Games with Vanessa (AR) 3:00 Saturday Matinee (AR) 6:30 Evening Movie (Channel 2 in your room)
Easter 9:30 Walking Club (Meet in Front Lobby) 10:00 Holy Family Catholic Church Communion (AR) 11:00 Church with Andy Stanley (Channel 2 in your room) 11:30 Easter Brunch (DR) 2:00 Easter Family Social & Egg Hunt (FP) 3:30 BINGO (AR) 6:30 Evening Movie (Channel 2 in your room)	9:30 Sittercise (WC) 10:30 Garden Club (Garden) 2:30 Bingo (AR) 4:00 Documentary Before Dinner (AR) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Tuesday Morning Update after Exercise (CC) 11:00 Bible Study with Hal (AR) 1:30 Bridge Club (GR2) 2:00 Pokeno (AR) 2:00 Water Aerobics (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Publix Run (AR) 10:30 Canasta (AR) 11:00 Jewelry and Accessory Vendor Shopping in the Living Room From 1-4pm (LR) 1:00 Massage Therapist here from 1:00-5:00 (WC) 1:00 Wellness Wednesday: Speech Therapy & Parkinson's (AR) 2:00 Open Swim (WC) 2:00 Cooking Club (AR) 3:00 Focused Fitness (WC) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 1:10 Bingo (AR) 2:00 Water Aerobics (WC) 2:00 Wowzitude Live Tour Montmartre, Paris 3:00 Open Swim (WC) 3:30 Happy Hour- John Fisk (DR) 6:00 Evening Movie (AR)	Earth Day 9:30 Sittercise (WC) 11:00 Make Earth Cookies with Vanessa (AR) 11:00 Unified for Ukraine: Field Day Fundraising (Front Lawn) 1:30 Focused Fitness with Laura Kelly (WC) 2:00 Earth Day Hands On Experiment. (AR) 2:00 Open Swim (WC) 3:00 Brain Fitness 3:45 Armchair Travel (AR) 6:00 Friday Movie With Friends. (AR/Ch. 2)	10:00 Coffee and Conversation (CC) 1:30 Bridge Club (GR2) 2:00 Earth Day Jeopardy Trivia with Vanessa (AR) 4:00 Guitar With Leigh (DR) 6:30 Evening Movie (Channel 2 in your room)
9:30 Walking Club (Meet in Front Lobby) 10:00 Catholic Mass (AR/Ch.2) 10:30 Short Story Book Club (Legacy Room) 11:00 Church with Andy Stanley (Channel 2 in your room) 2:00 BINGO (AR) 3:30 Rainbow desert bowl making with Vanessa (AR) 6:30 Evening Movie (Channel 2 in your room)	9:30 Sittercise (WC) 10:30 Garden Club (Garden) 2:30 Bingo (AR) 3:30 Red Hat Society Day- Tea and Hat Decorating (AR) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Tuesday Morning Update after Exercise (CC) 11:00 Bible Study with Hal (AR) 1:30 Bridge Club (GR2) 2:00 Pokeno (AR) 2:00 Water Aerobics (WC) 3:00 Open Swim (WC) 3:00 Wii Bowling (WC) 4:00 Halleluiah Hal (DR) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Publix Run (AR) 10:30 Canasta (AR) 2:00 Open Swim (WC) 2:00 Outdoor Yard Games (Courtyard) 2:00 Cooking Club (AR) 2:30 Dance Fitness (WC) 3:00 Focused Fitness (WC) 3:30 Book Club (AR) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:00 Art Class with Scott (AR) 2:00 Water Aerobics (WC) 2:00 Bingo (AR) 3:00 Open Swim (WC) 3:30 Happy Hour- Alan Weisenberg (DR) 6:00 Evening Movie (AR)	9:30 Sittercise (WC) 10:30 Crafts (AR) 11:30 Wellness Retreat Outing (Meet in Front Lobby) 1:30 Focused Fitness with Laura Kelly (WC) 2:00 Open Swim (WC) 3:00 Brain Fitness 3:45 Armchair Travel (AR) 6:00 Friday Movie With Friends. (AR/Ch. 2)	10:00 Coffee and Conversation (CC) 1:30 Bridge Club (GR2) 2:00 Strawberry Pretzel Parfait Making (AR) 3:00 Saturday Matinee (AR) 6:30 Evening Movie (Channel 2 in your room)





"APRIL SHOWERS BRING MAY FLOWERS"



2022

Residents:

Gaile Low, 1st
Richard Wakefield, 2nd
Patrick Ralph, 3rd
Normal Wilder, 4th
Bonnie Anton, 12th
Richard Low, 18th
Bob Norville, 20th
Jere Hart, 22nd
Gloria Rose, 29th
Patricia Burns , 30th

Staff:

Christina Sado, 1st

Special Events/Reminders:

1. On Friday, April 8th at 2:30pm we will be hosting the Sterling 2022 Masters Golf Tournament. This will be fun and is open to anyone and everyone that is interested. Please see Denetra in the Wellness center if you would like to sign up to play that day! big prizes will be won, and it will be set up like a real Golf Course in the Courtyard. We will serve Arnold Palmers, have caddies, and have a ball (no pun intended 😊).
2. On Friday, April 15th at 11:00am we will have a special Good Friday Service with Hal in the activity Room. We hope all can join us for this lovely service.
3. On Sunday, April 17th its is Easter Sunday! We will have a special Easter Brunch made by Ish at 11:30am and then have an Easter Family Social and egg hunt on the front porch at 2:00pm. All your family members are invited to join, we hope your grandkids will too so they can enjoy the visit from the Easter bunny and the egg hunt on the front lawn. Lemonade and mimosas will be served, and games will spread out on tables for people to enjoy.
4. On Friday, April 22nd we will host a fundraising event for Ukraine out front at 11:00am. We all want to do anything we can to help those affected by the tragic war currently happening in Ukraine. Innocent civilians are suffering and fighting for basic needs & safety. Join us as we come together united as one Sterling strong family to raise money and awareness for the people of Ukraine. We will be playing a series of games out front, with refreshments and music, all games will be team building as an acknowledgment that coming together and helping one another always wins. We will be selling "tickets" that day & you can donate to the cause any amount you feel is right by cash or check and then you will receive a "ticket" to the event. all donations will be added up by the end of the day and sent off to the most reputable source for Ukraine relief. You will also have an opportunity to put your name on our flower wall that we will be creating by buying a Sunflower which will also go towards the cause.

CATHOLIC MASS EVERY SUNDAY AT 10AM. VIEW IN THE ACTIVITY ROOM OR ON CHANNEL 2 IN YOUR ROOM.

***BIBLE STUDY EVERY THURSDAY AT 10:30AM IN THE ACTIVITY ROOM. ***